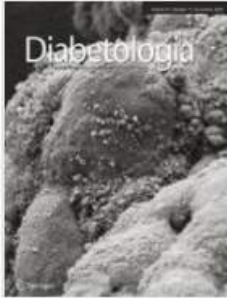


Redefining Diabetic Management: Time for a Paradigm Shift

李美月 Mei-Yueh Lee, M.D., Ph.D.
Endocrinology and Metabolism
Kaohsiung Medical University Hospital




[Diabetologia](#)

pp 1-38 | [Cite as](#)

Management of hyperglycaemia in type 2 diabetes, 2018. A consensus report by the American Diabetes Association (ADA) and the European Association for the Study of Diabetes (EASD)

[Authors](#)

[Authors and affiliations](#)

Melanie J. Davies , David A. D'Alessio, Judith Fradkin, Walter N. Kernan, Chantal Mathieu, Geltrude Mingrone,
Peter Rossing, Apostolos Tsapas, Deborah J. Wexler, John B. Buse

Consensus Report

First Online: 05 October 2018

213

Shares

10k

Downloads



Management of Hyperglycemia in Type 2 Diabetes, 2018. A Consensus Report by the American Diabetes Association (ADA) and the European Association for the Study of Diabetes (EASD)

<https://doi.org/10.2337/dci18-0033>

*Melanie J. Davies,^{1,2} David A. D'Alessio,³
Judith Fradkin,⁴ Walter N. Kernan,⁵
Chantal Mathieu,⁶ Geltrude Mingrone,^{7,8}
Peter Rossing,^{9,10} Apostolos Tsapas,¹¹
Deborah J. Wexler,^{12,13} and John B. Buse¹⁴*

 **American
Diabetes
Association.** **Diabetes Care**

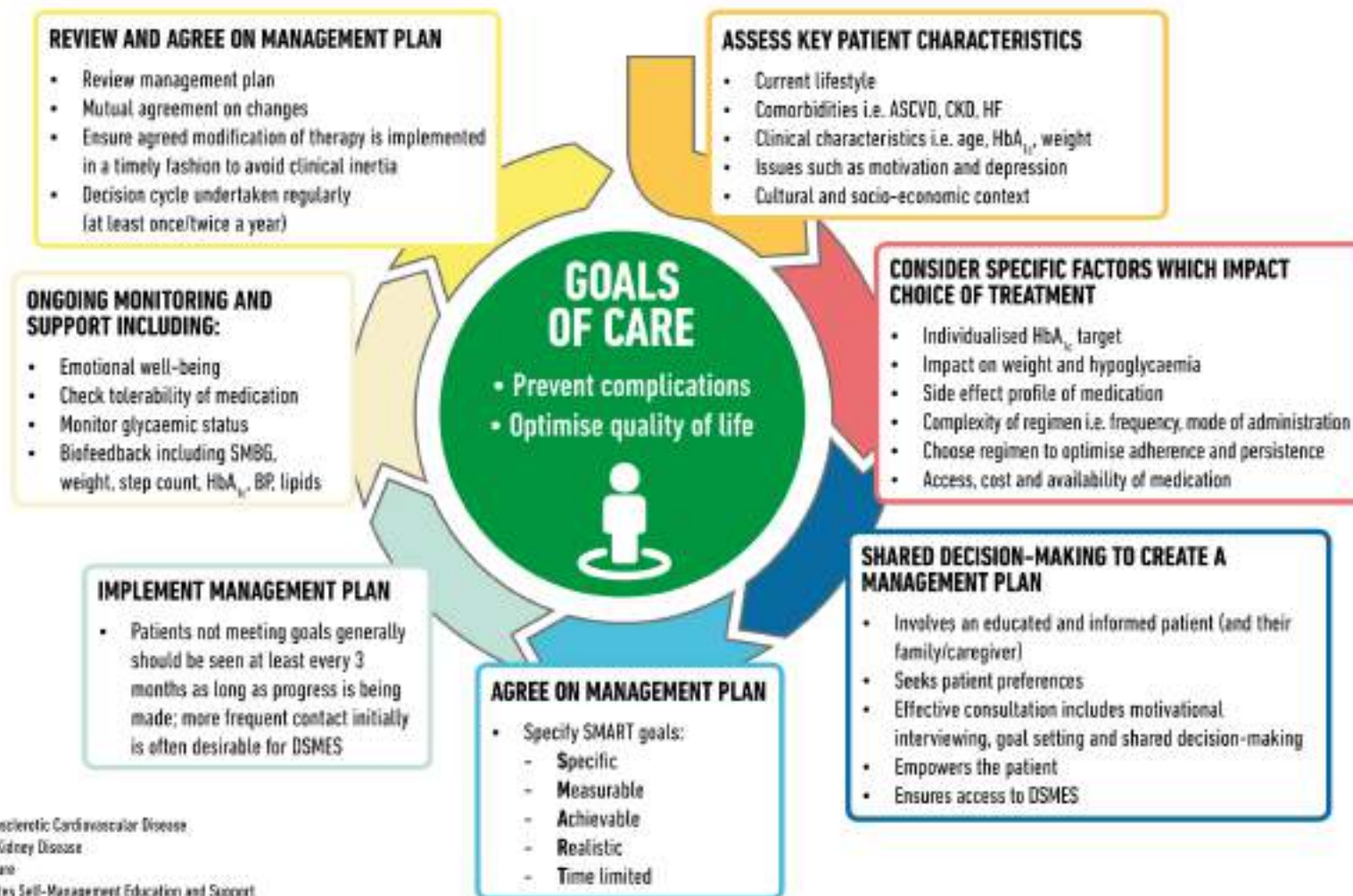
[Diabetes Care](#). 2018 Oct 4. pii: dci180033. doi: 10.2337/dci18-

0033. This article includes information for the purpose of scientific medical exchange only. AstraZeneca has no intention to promote its drugs outside of its approved indications. TW-6570-FOR_18/10/2018

Consensus recommendation

- Providers and healthcare systems should prioritize the delivery of **patient-centered care**.
- All people with type 2 diabetes should be offered access to ongoing **DSMES (Diabetes self-management education and support)** programs.
- Facilitating **medication adherence** should be specifically considered when selecting glucose-lowering medications.

DECISION CYCLE FOR PATIENT-CENTRED GLYCAEMIC MANAGEMENT IN TYPE 2 DIABETES



ASCVD = Atherosclerotic Cardiovascular Disease

CKD = Chronic Kidney Disease

HF = Heart Failure

DSMES = Diabetes Self-Management Education and Support

SMBG = Self-Monitored Blood Glucose

Fig. 1 Decision cycle for patient-centred glycaemic management in type 2 diabetes

DECISION CYCLE FOR PATIENT-CENTRED

ASSESS KEY PATIENT CHARACTERISTICS

- Current lifestyle
- Comorbidities i.e. ASCVD, CKD, HF
- Clinical characteristics i.e. age, HbA_{1c}, weight
- Issues such as motivation and depression
- Cultural and socio-economic context

REVIEW AND AGREE ON MANAGEMENT PLAN

- Review management plan
- Mutual agreement on changes
- Ensure agreed modification of therapy is implemented in a timely fashion to avoid clinical inertia
- Decision cycle undertaken regularly (at least once/twice a year)

ONGOING MONITORING AND SUPPORT INCLUDING:

- Emotional well-being
- Check tolerability of medication
- Monitor glycaemic status
- Biofeedback including SMBG, weight, step count, HbA_{1c}, BP, lipids

IMPLEMENT MANAGEMENT PLAN

- Patients not meeting goals generally should be seen at least every 3 months as long as progress is being made; more frequent contact initially is often desirable for DSMES

AGREE ON MANAGEMENT PLAN

- Specify SMART goals:
 - Specific
 - Measurable
 - Achievable
 - Realistic
 - Time limited

SHARED DECISION-MAKING TO CREATE A MANAGEMENT PLAN

- Involves an educated and informed patient (and their family/caregiver)
- Seeks patient preferences
- Effective consultation includes motivational interviewing, goal setting and shared decision-making
- Empowers the patient
- Ensures access to DSMES

- Side effect profile of medication
- Complexity of regimen i.e. frequency, mode of administration
- Choose regimen to optimise adherence and persistence
- Access, cost and availability of medication

- Prevent complications
- Optimise quality of life

ASCVD = Atherosclerotic Cardiovascular Disease

CKD = Chronic Kidney Disease

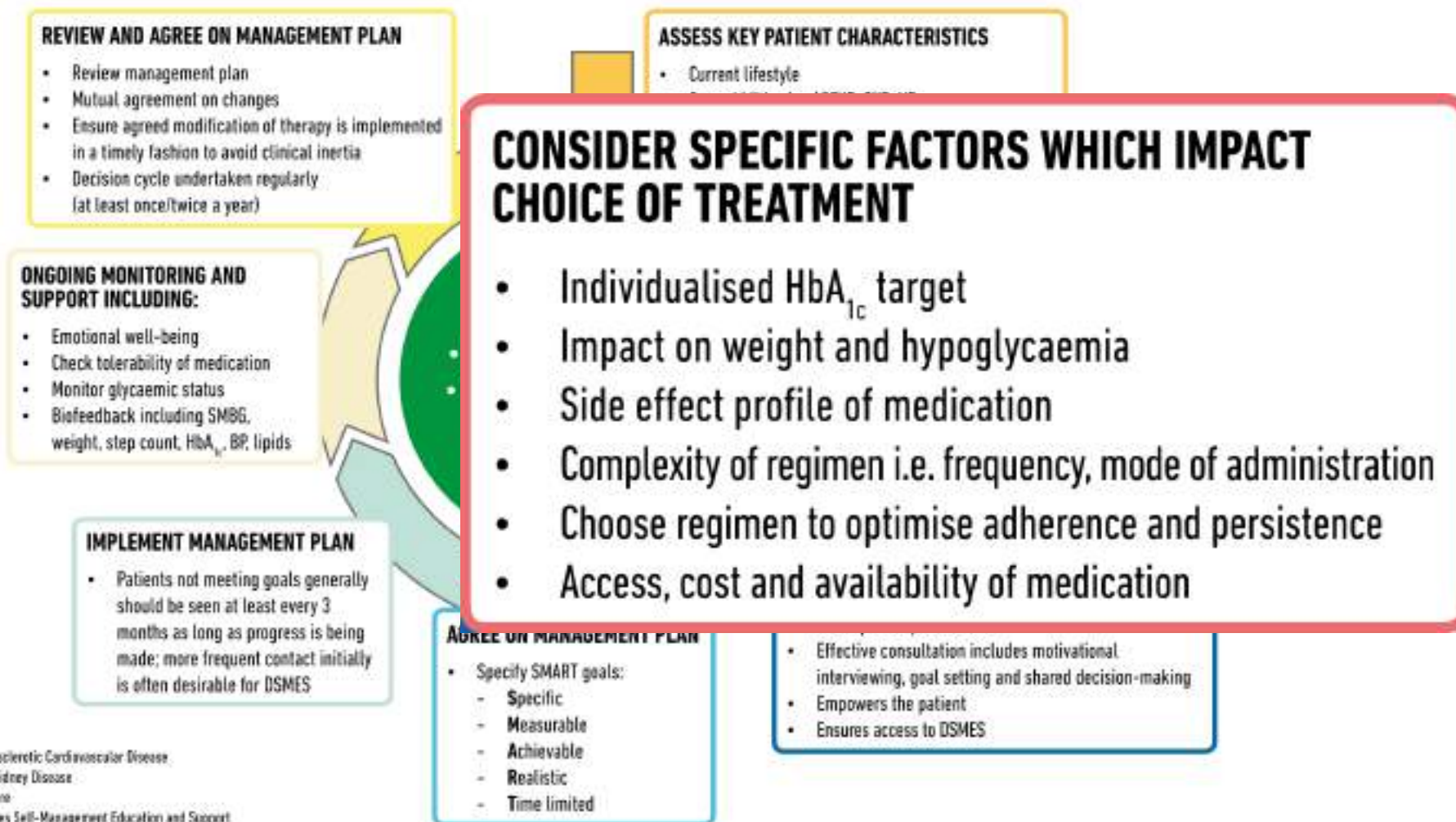
HF = Heart Failure

DSMES = Diabetes Self-Management Education and Support

SMBG = Self-Monitored Blood Glucose

Fig. 1 Decision cycle for patient-centred glycaemic management in type 2 diabetes

DECISION CYCLE FOR PATIENT-CENTRED GLYCAEMIC MANAGEMENT IN TYPE 2 DIABETES



ASCVD = Atherosclerotic Cardiovascular Disease

CKD = Chronic Kidney Disease

HF = Heart Failure

DSMES = Diabetes Self-Management Education and Support

SMBG = Self-Monitored Blood Glucose

Fig. 1 Decision cycle for patient-centred glycaemic management in type 2 diabetes

GLUCOSE-LOWERING MEDICATION IN TYPE 2 DIABETES: OVERALL APPROACH



- Consider a history of CVD very early
- Early consideration of weight, hypoglycaemic risk, treatment cost

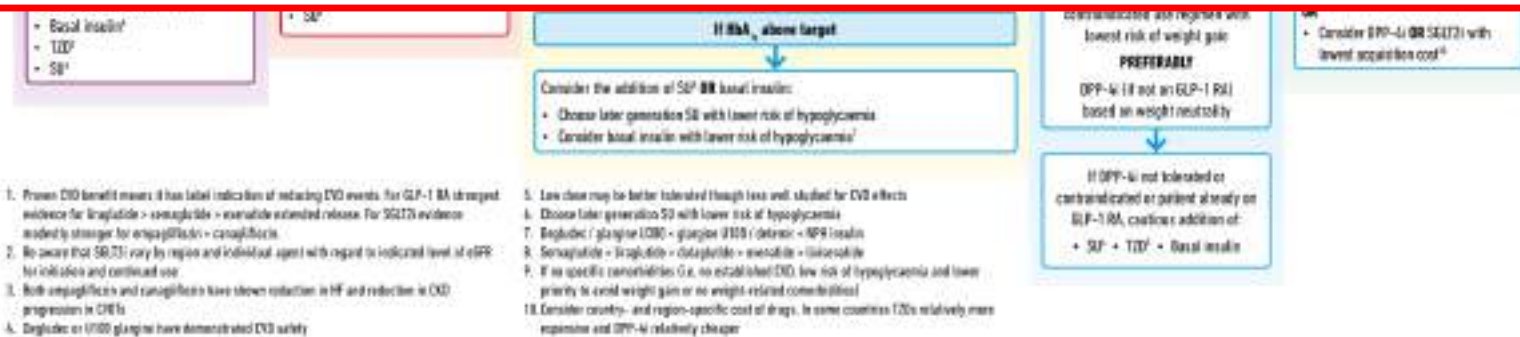


Fig. 2 Glucose-lowering medication in type 2 diabetes: overall approach

1. Proven CKD benefit means it has label indication of reducing CKD events. For GLP-1 RA strongest evidence for liraglutide > semaglutide > exenatide extended release. For SGLT2i evidence modestly stronger for empagliflozin > canagliflozin.
2. Be aware that SGLT2i vary by region and individual agent with regard to indicated level of eGFR for initiation and continued use.
3. Both empagliflozin and canagliflozin have shown reduction in HF and reduction in CKD progression in CRTs.
4. Dapagliflozin (USO) group has demonstrated CV safety.
5. Low dose may be better tolerated though less well studied for CV effects.
6. Choose later generation SGLT2i with lower risk of hypoglycaemia.
7. Exenatide / glargine (QD) - glargine (QD) (detemir) - NPH insulin.
8. Semaglutide - liraglutide - dulaglutide - exenatide - lixisenatide.
9. If no specific contraindications (i.e. no established CKD, low risk of hypoglycaemia and lower priority to avoid weight gain or no weight-related comorbidity).
10. Consider country- and region-specific cost of drugs. In some countries TZDs relatively more expensive and DPP-4i relatively cheaper.

CV outcome trials with DPP4 inhibitors, GLP1 receptor agonists, and SGLT2 inhibitors

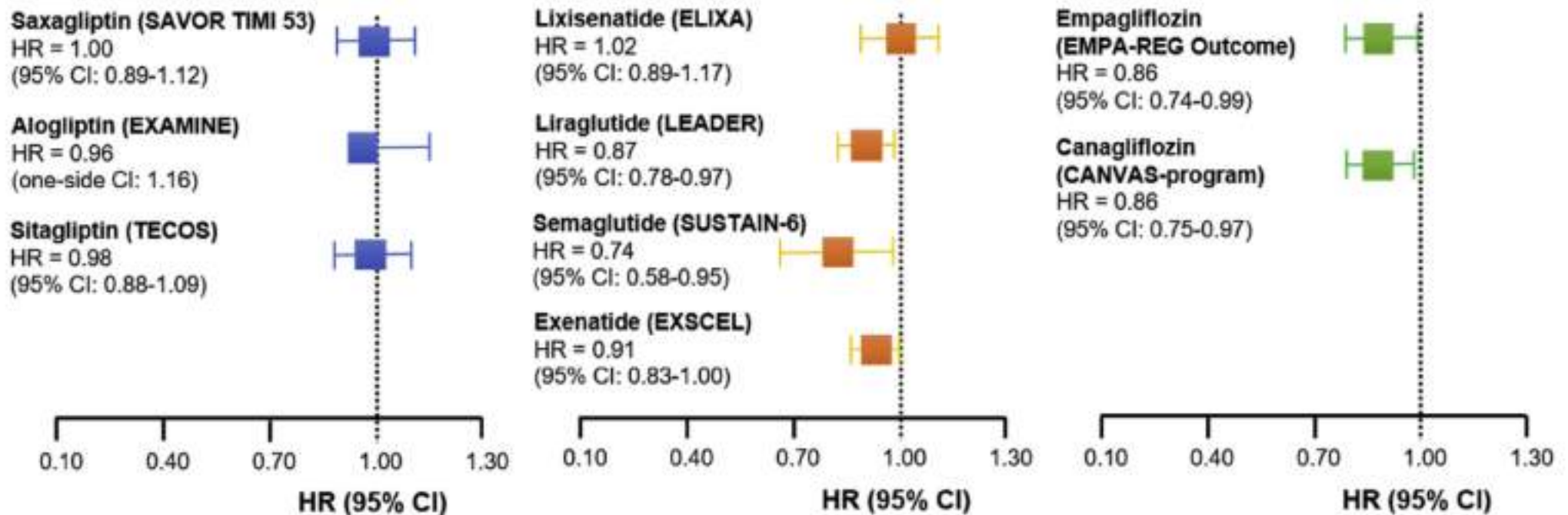


Fig. 1. Cardiovascular outcome trials with DPP4 inhibitors, GLP1 receptor agonists, and SGLT2 inhibitors. SAVOR TIMI, Saxagliptin Assessment of Vascular Outcomes Recorded in Patients with Diabetes Mellitus-Thrombolysis in Myocardial Infarction; EXAMINE, Examination of Cardiovascular Outcomes with Alogliptin versus Standard of Care; TECOS, Trial Evaluating Cardiovascular Outcomes with Sitagliptin; ELIXA, Evaluation of Lixisenatide in Acute Coronary Syndrome; LEADER, Liraglutide Effect and Action in Diabetes: Evaluation of cardiovascular outcome Results; SUSTAIN-6, a Trial to Evaluate Cardiovascular and Other Long-term Outcomes with Semaglutide in Subjects with Type 2 Diabetes; EXSCEL, Exenatide Study of Cardiovascular Event Lowering; EMPA-REG OUTCOME, Empagliflozin Cardiovascular Outcome Event Trial in Type 2 Diabetes Mellitus Patients; CANVAS, Canagliflozin Cardiovascular Assessment Study.

GLUCOSE-LOWERING MEDICATION IN TYPE 2 DIABETES: OVERALL APPROACH

**FIRST-LINE THERAPY IS METFORMIN AND COMPREHENSIVE LIFESTYLE (INCLUDING WEIGHT MANAGEMENT AND PHYSICAL ACTIVITY)
IF HbA_{1c} ABOVE TARGET PROCEED AS BELOW**

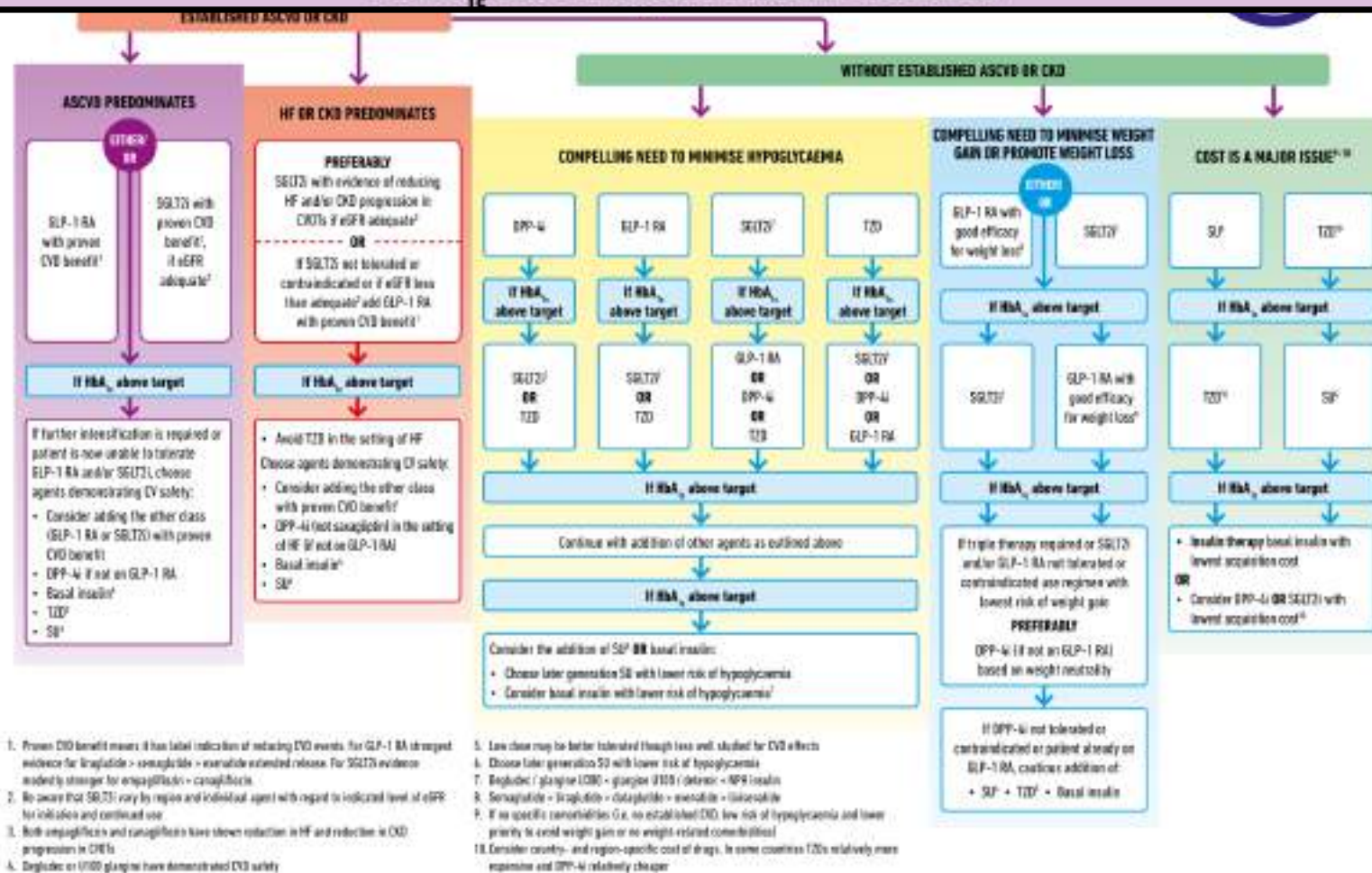


Fig. 2 Glucose-lowering medication in type 2 diabetes: overall approach

GLUCOSE-LOWERING MEDICATION IN TYPE 2 DIABETES: OVERALL APPROACH

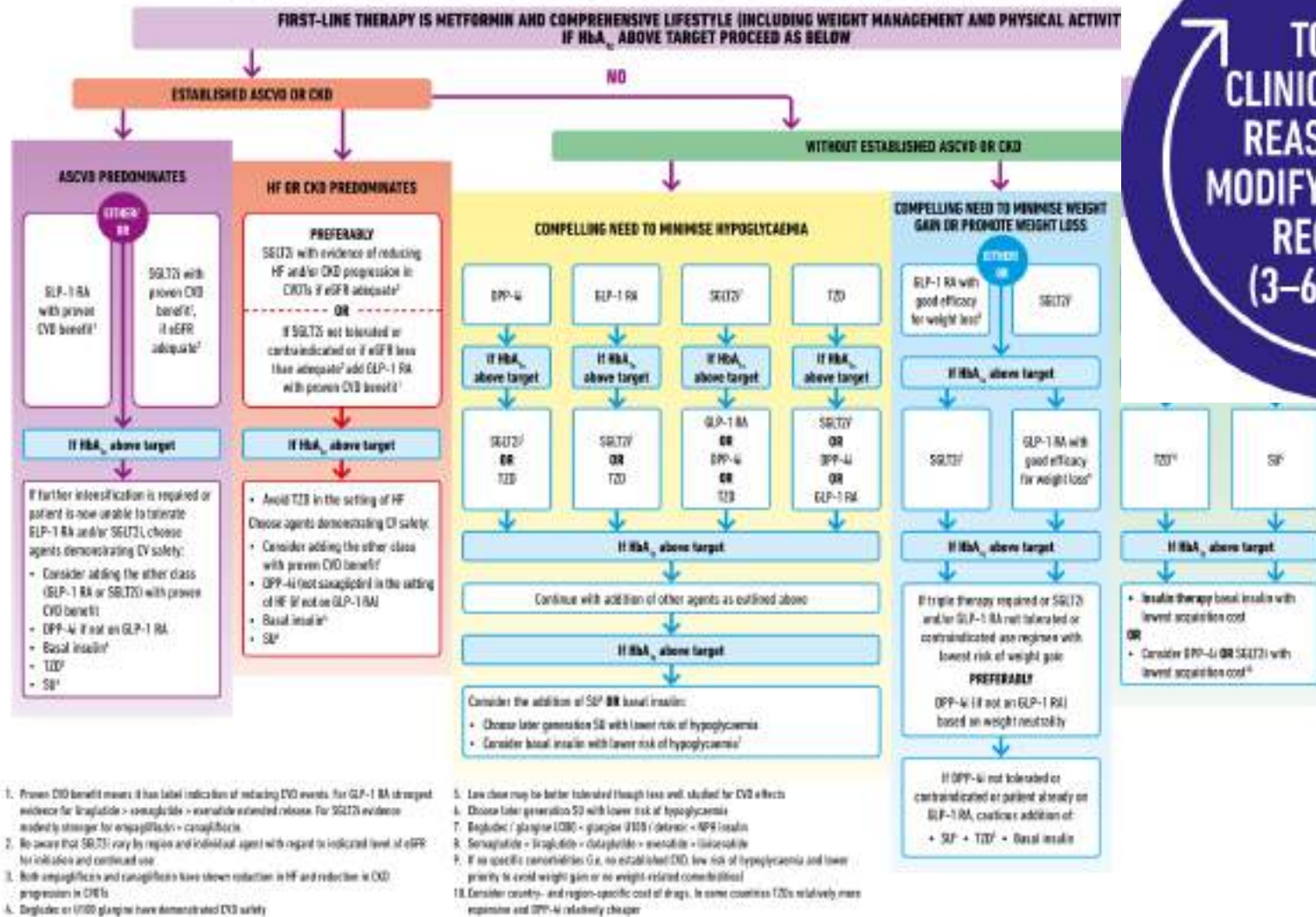


Fig. 2 Glucose-lowering medication in type 2 diabetes: overall approach

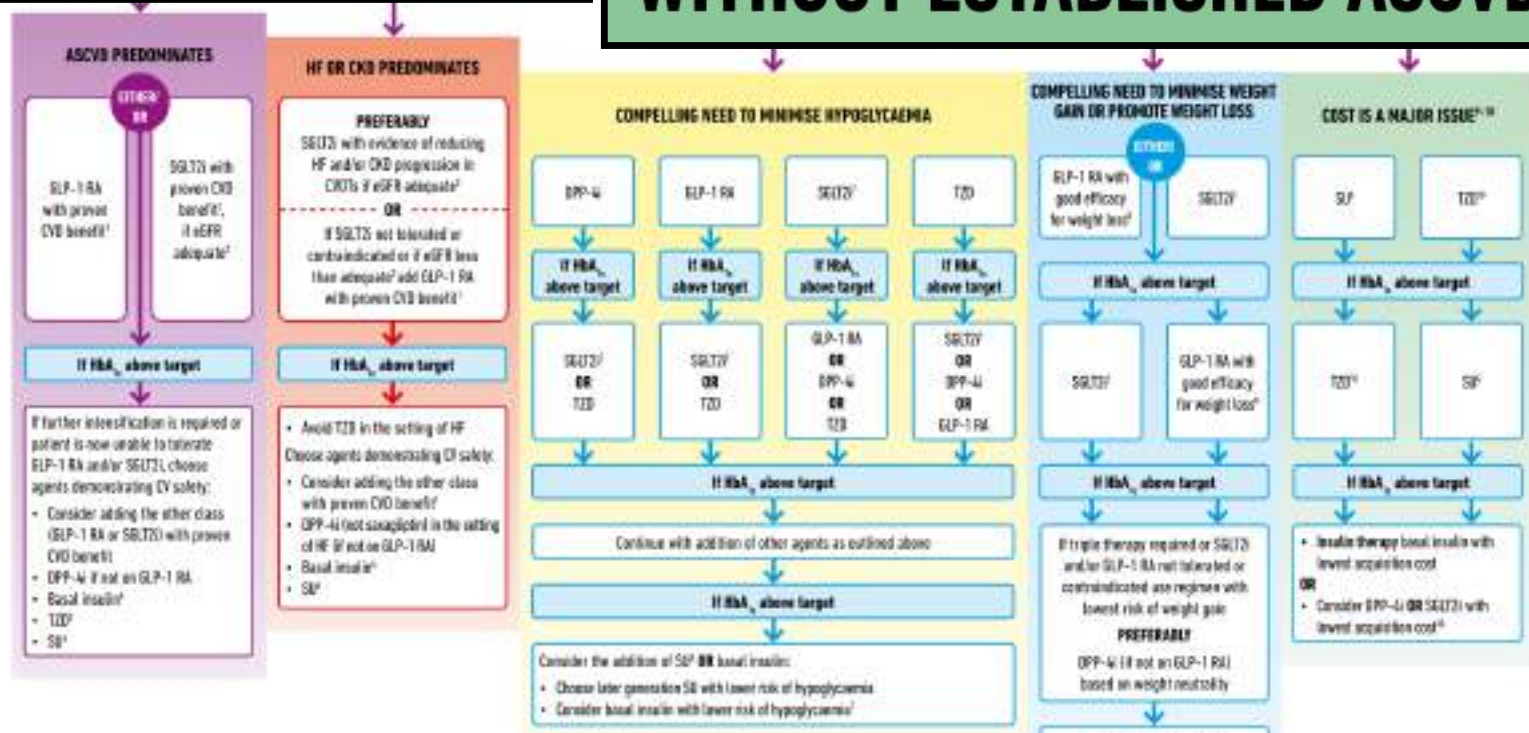
GLUCOSE-LOWERING MEDICATION IN TYPE 2 DIABETES: OVERALL APPROACH



ESTABLISHED ASCVD OR CKD

AND COMPREHENSIVE LIFESTYLE (INCLUDING WEIGHT MANAGEMENT AND PHYSICAL ACTIVITY) IF HbA_{1c} ABOVE TARGET PROCEED AS BELOW

WITHOUT ESTABLISHED ASCVD OR CKD



1. Proven CVD benefit means it has label indication of reducing CVD events. For GLP-1 RA strongest evidence for liraglutide + semaglutide + exenatide extended release. For SGLT2i evidence modestly stronger for empagliflozin + canagliflozin.

2. Be aware that SGLT2i vary by region and individual agent with regard to indicated level of eGFR for initiation and continued use.

3. Both empagliflozin and canagliflozin have shown reduction in HF and reduction in CVD progression in CVDs.

4. Degludec or U700 glargine have demonstrated CVD safety.

5. Low dose may be better tolerated though less well studied for CVD effects.

6. Choose later generation S0 with lower risk of hypoglycaemia.

7. Degludec / glargine U700 / glargine U700 / detemir / NPH insulin.

8. Semaglutide / liraglutide / dulaglutide + exenatide / lixisenatide.

9. If no specific contraindications (i.e. no established CVD, low risk of hypoglycaemia and lower priority to avoid weight gain or no weight-related comorbidity).

10. Consider country- and region-specific cost of drugs. In some countries TZDs relatively more expensive and DPP-4i relatively cheaper.

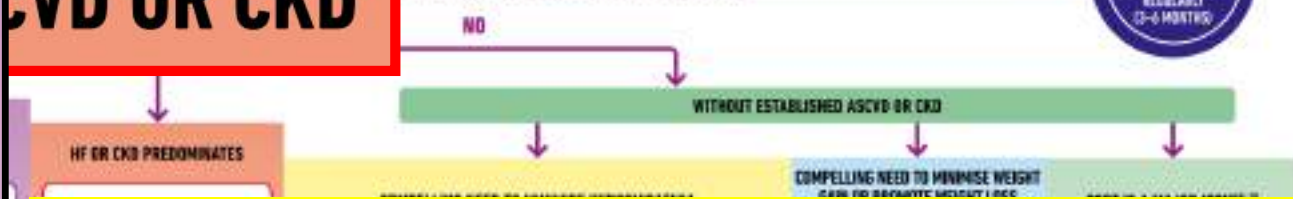
Fig. 2 Glucose-lowering medication in type 2 diabetes: overall approach

GLUCOSE LOWERING MEDICATION IN TYPE 2 DIABETES: OVERALL APPROACH



CVD OR CKD

COMPREHENSIVE LIFESTYLE (INCLUDING WEIGHT MANAGEMENT AND PHYSICAL ACTIVITY) IF HbA_{1c} ABOVE TARGET PROCEED AS BELOW



1. Proven CVD benefit it has label indication of reducing CVD events. For GLP-1 RA strongest evidence for liraglutide > semaglutide > exenatide extended release.

For SGLT2i evidence modestly stronger for empagliflozin > canagliflozin

ASCVD PREDOMINATES

EITHER/
OR

GLP-1 RA with proven CVD benefit¹

SGLT2i with proven CVD benefit¹, if eGFR adequate²

If HbA_{1c} above target

If further intensification is required or patient is now unable to tolerate GLP-1 RA and/or SGLT2i, choose agents demonstrating CV safety:

- Consider adding the other class (GLP-1 RA or SGLT2i) with proven CVD benefit
- DPP-4i if not on GLP-1 RA
- Basal insulin⁴
- TZD⁵
- SU⁶

- DPP-4i (not saxagliptin in the setting of HF) if not on GLP-1 RA
- Basal insulin⁴
- SU⁶

Continue with addition of other agents as outlined above

If HbA_{1c} above target

- Consider the addition of SGLT2i or basal insulin:
- Choose later generation SGLT2i with lower risk of hypoglycaemia
 - Consider basal insulin with lower risk of hypoglycaemia⁷

If triple therapy required or SGLT2i and/or GLP-1 RA not tolerated or contraindicated use regimen with lowest risk of weight gain

PREFERABLE

DPP-4i if not on GLP-1 RA based on weight neutrality

- If DPP-4i not tolerated or contraindicated or patient already on GLP-1 RA, consider addition of:
- SU⁶ + TZD⁵ + Basal insulin

- Insulin therapy (basal insulin with lowest acquisition cost)
- OR
- Consider DPP-4i OR SGLT2i with lowest acquisition cost⁸

1. Evidence of reducing CVD events for GLP-1 RA strongest for liraglutide and semaglutide. For SGLT2i evidence strongest for empagliflozin.

2. Most agents with regard to indicated level of eGFR.

3. Weight reduction in HF and reduction in CKD.

4. CVD safety.

5. Evidence of reduction in HF and reduction in CKD.

6. Evidence of reduction in HF and reduction in CKD.

7. Low dose may be better tolerated though less well studied for CVD effects.

8. Choose later generation SGLT2i with lower risk of hypoglycaemia.

9. Exenatide / glargine U100 / glargine U300 / detemir / NPH insulin.

10. Semaglutide - liraglutide - dulaglutide - exenatide - lixisenatide.

11. If no specific considerations (i.e. no established CVD, low risk of hypoglycaemia and lower priority to avoid weight gain or no weight-related comorbidity).

12. Consider country- and region-specific cost of drugs. In some countries TZDs relatively more expensive and DPP-4i relatively cheaper.

Overall approach in type 2 diabetes: overall approach

CVOT of GLP-1RA

1. Pfeffer MA et al. N Engl J Med. 2015 Dec 3;373(23):2247-57.

2. N Engl J Med. 2017 Sep 28;377(13):1228-1239.

3. Marso SP et al. N Engl J Med. 2016 Jul 28;375(4):311-22.

4. Marso SP et al. N Engl J Med. 2016 Nov 10;375(19):1834-1844

5. Lancet. 2018 Oct 1. pii: S0140-6736(18)32261-X.

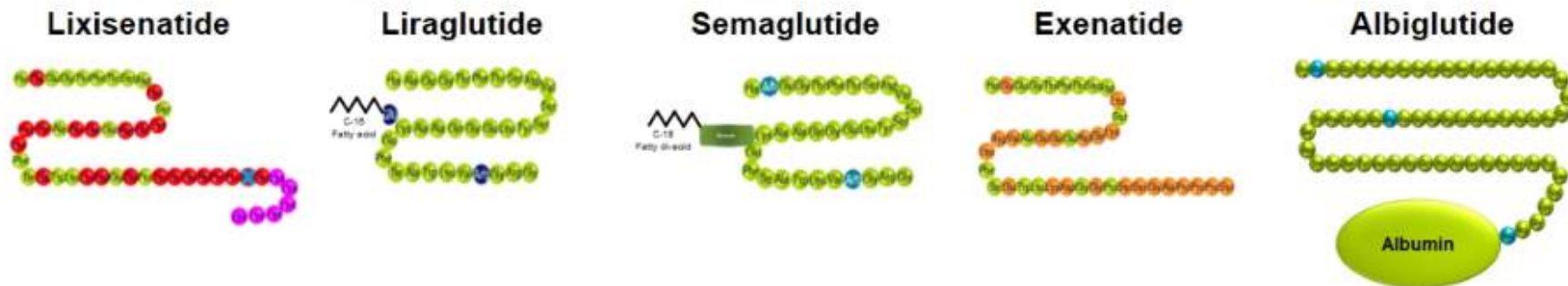
6. Diabetes Obes Metab. 2018 Jan;20(1):42-49.

	ELISA ¹	EXSCEL ²	LEADER ³	SUSTAIN-6 ⁴	HARMONY ⁵	REWIND ⁶
商品名	Lyxumia	Bydureon	Victoza	Ozempic 台灣未上市	Tanzeum 台灣未上市	Trulicity
學名	Lixisenatide	Exenatide ER	Liraglutide	Semaglutide	Albiglutide	Dulaglutide
人數	6,068	14,000	9,340	3,297	9,463	9,901
追蹤時間 (年)	2.1	3.2	3.8	2.1	1.6	6.5
CVD(%)	100%	70%	81%	83%	100%	31%
3P MACE	1.02 (4p MACE)	0.91	0.87*	0.74*	0.78*	尚未發表
CV death	0.98	0.88	0.78*	0.98	0.93	
MI	1.03	0.97	0.88	0.74	0.75*	
Stroke	1.12	0.85	0.89	0.61*	0.86	
HHF	0.96	0.94	0.87	1.11	0.85	
BW change	-0.7	-1.27	-2.3 kg	-2.9~-4.3	-0.83	

Differences Among Agents That May Have Influenced Outcomes

Drug	Lixisenatide od	Liraglutide od	Semaglutide qw	Exenatide XR qw	Albiglutide qw
Structure (sequence homology)	Exendin-4 (50%)	GLP-1 (97%)	GLP-1 (94%)	Exendin-4 (53%)	GLP-1 (97%)
In vivo EC ₅₀ nmol/kg*	0.02	0.5	NA	0.01	1.4
t _{1/2}	2–4 h	11.6–13 h	7 days	2 weeks	~ 5 days
Dose	20 µg	0.6–1.8 mg	0.5, 1 mg	2 mg	30, 50 mg

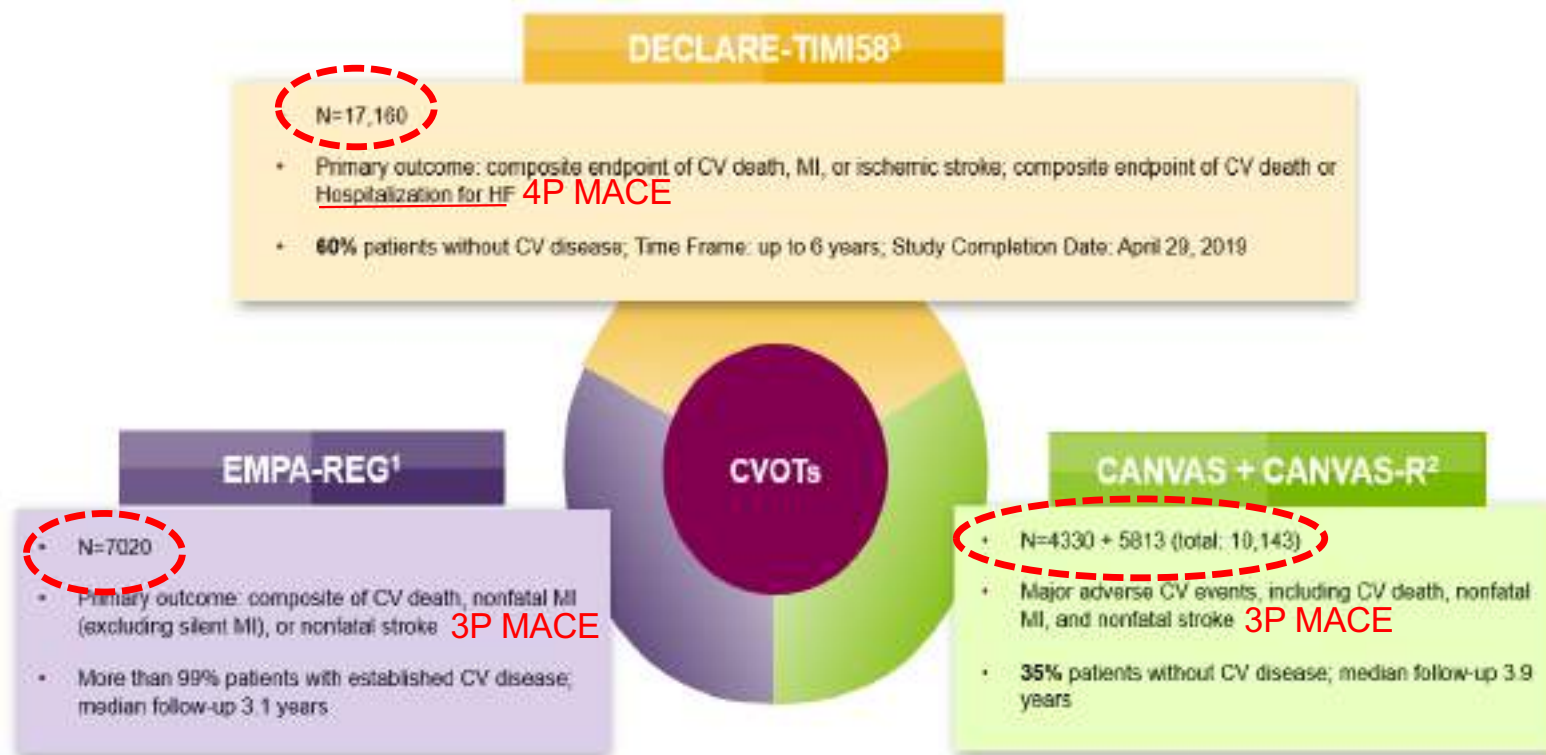
Albiglutide has high human GLP-1 homology, long t_{1/2} and lowest glycaemic potency



*Dose producing 50% maximal glucose AUC following OGTT in db/db mice (data on file). Exenatide EC₅₀ values from exenatide not exenatide XR. Other data from Clin Pharmacokin 2018 (in press)

Green circles within molecular depictions represent amino acids homologous to human GLP-1
AUC, area under curve; t_{1/2}, terminal half-life; OGTT, oral glucose tolerance test

3 CVOTs With SGLT2 Inhibitors



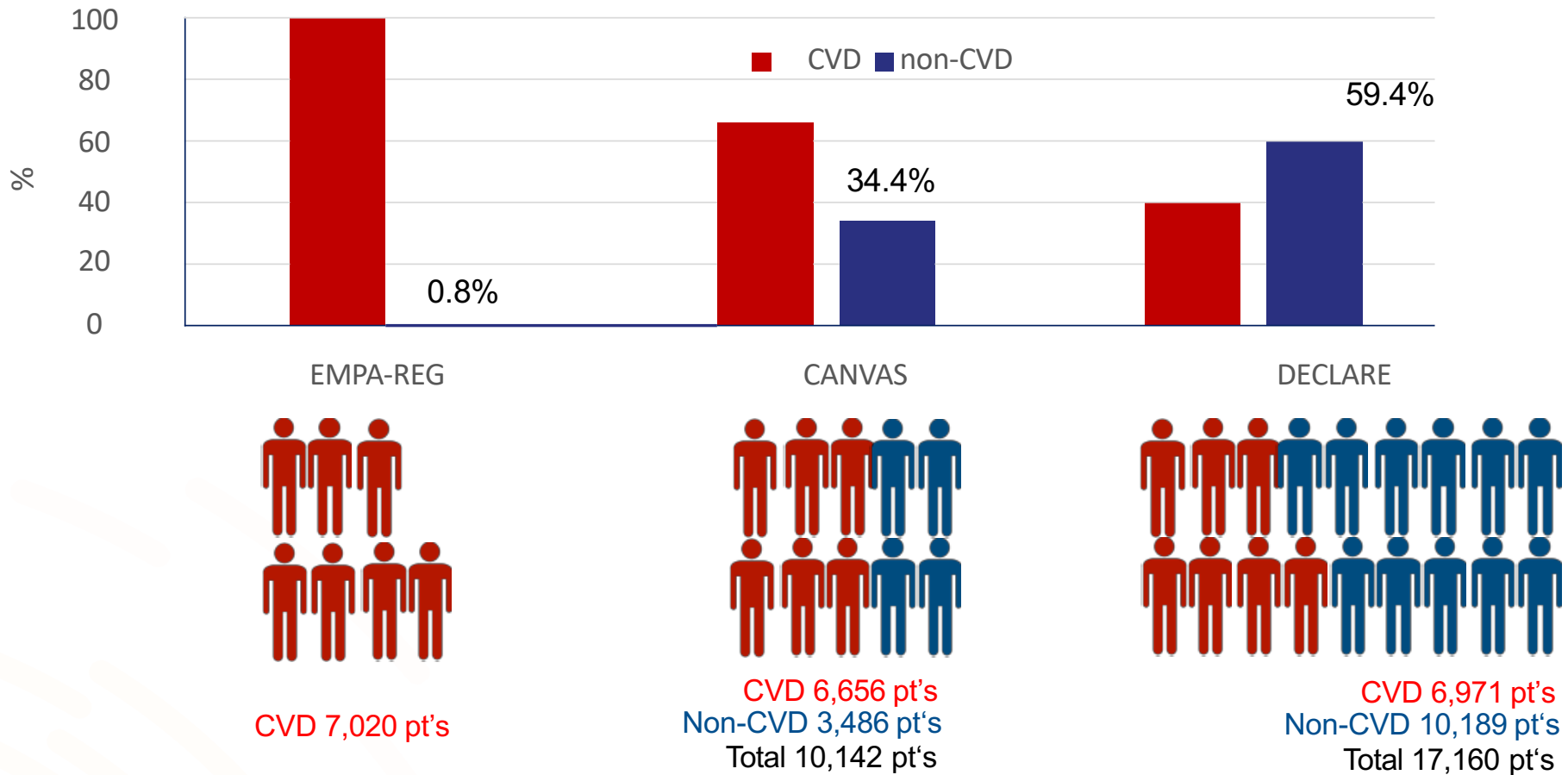
*It is randomized 17,160 patients with T2DM and either known cardiovascular disease (secondary prevention cohort) or at least two risk factors for CV disease (primary prevention cohort)

CV, cardiovascular; CVOT, cardiovascular outcomes trial; MI, myocardial infarction; SGLT2, sodium-glucose co-transporter 2

1. Zinman B, et al. *N Engl J Med* 2015;373:2117-2128; 2. Bruce Neal et al. *N Engl J Med*. 2017 Jun 12. doi: 10.1056/NEJMoa1611925; 3.

<https://clinicaltrials.gov/ct2/show/NCT01730534>

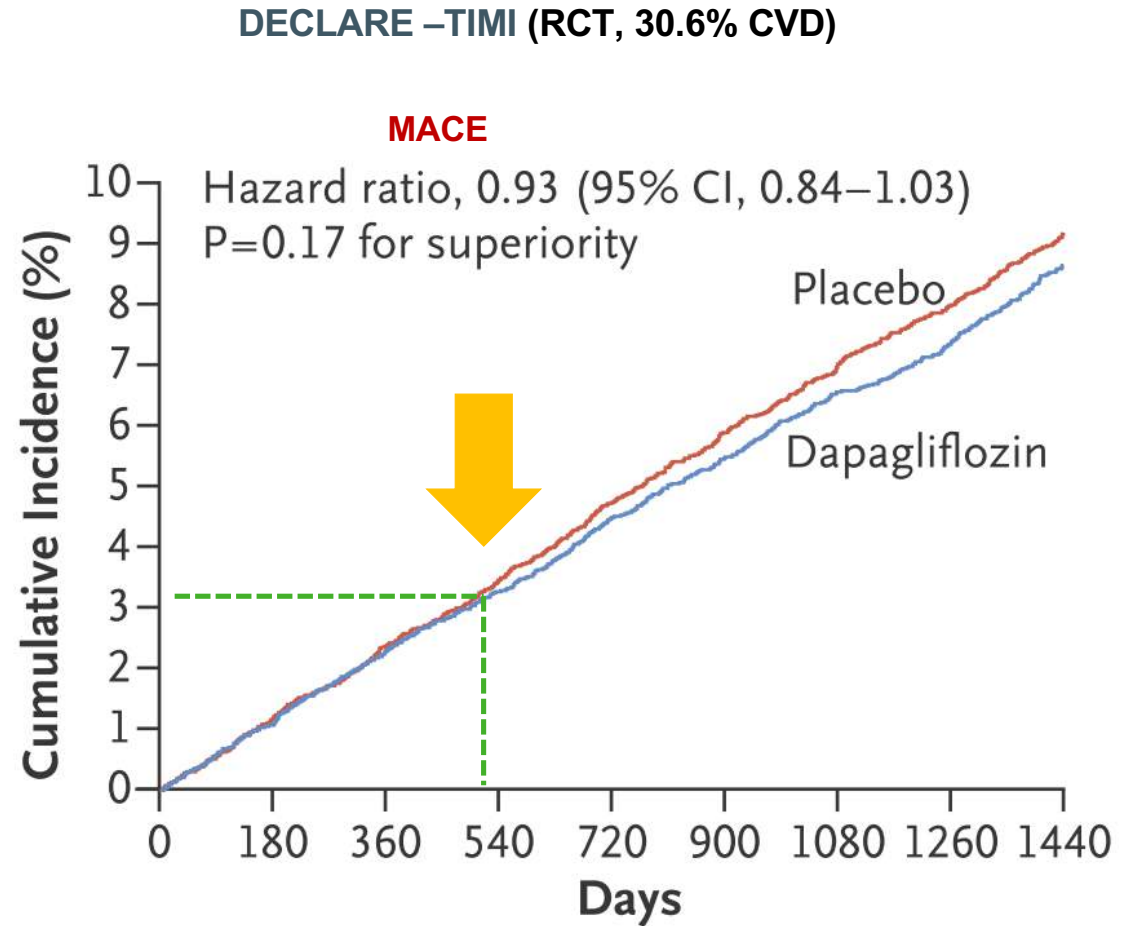
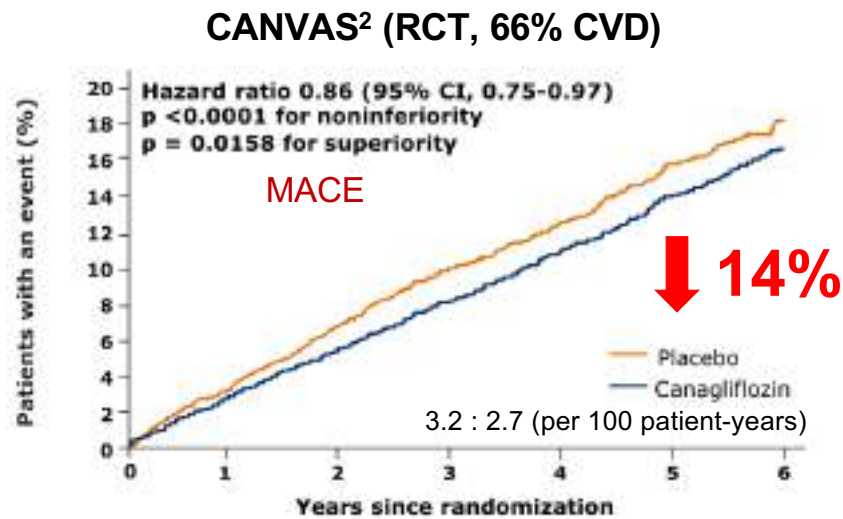
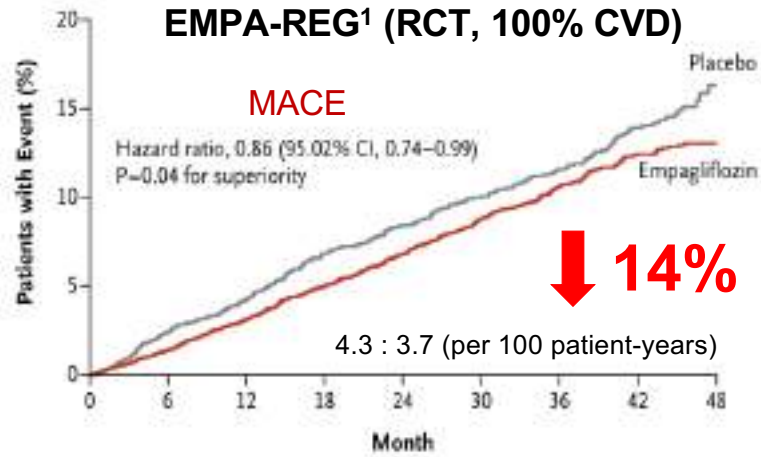
CVD and Non-CVD proportion in 3 CVOTs of SGLT2i



CVD, cardiovascular disease; CVOT, cardiovascular outcome trials; SGLT2i, sodium -glucose co-transporter 2 inhibitor; T2D, type 2 diabetes
 1. Zinman B, et al. Cardiovasc Diabetol. 2014 Jun 19;13:102.; 2. Neal B, et al. N Engl J Med. 2017 Aug 17;377(7):644-657;
 3. Raz I, et al. Diabetes Obes Metab. 2018 Jan 11. doi: 10.1111/dom.13217.

For internal scientific knowledge/training purpose only. Not distribute externally.

Lower MACE incidence of SGLT2i in RCT



Meta-analysis of **MACE** result by ASCVD vs MRF

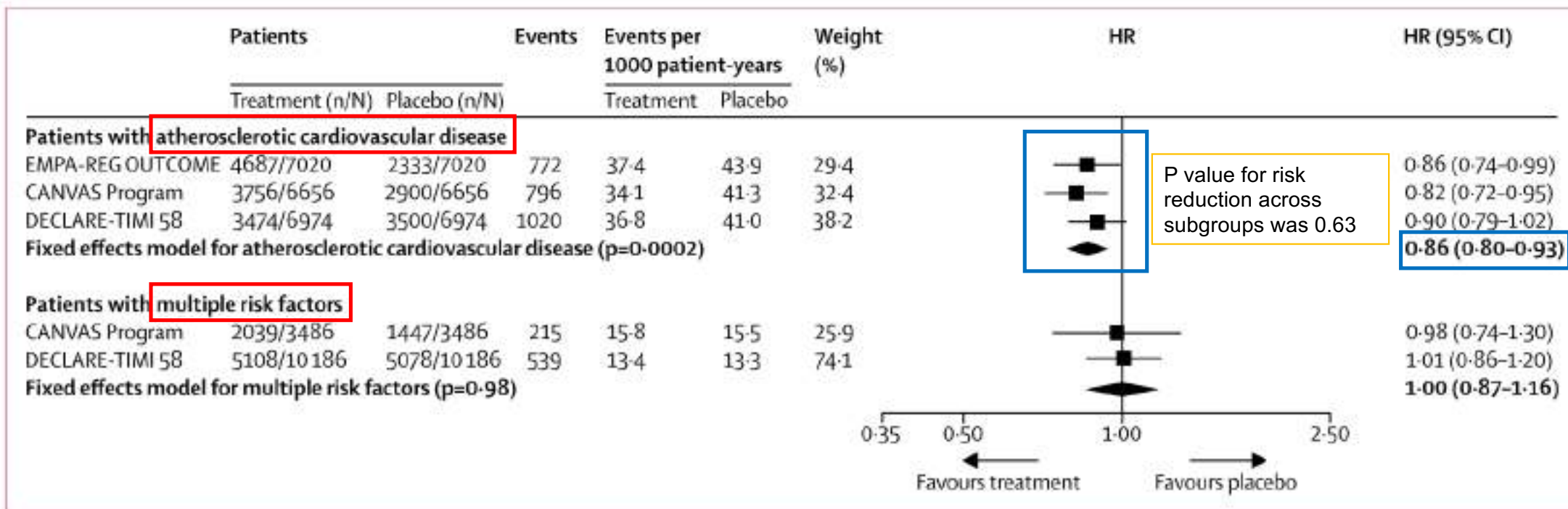


Figure 1: Meta-analysis of SGLT2i trials on the composite of myocardial infarction, stroke, and cardiovascular death (major adverse cardiovascular events) stratified by the presence of established atherosclerotic cardiovascular disease

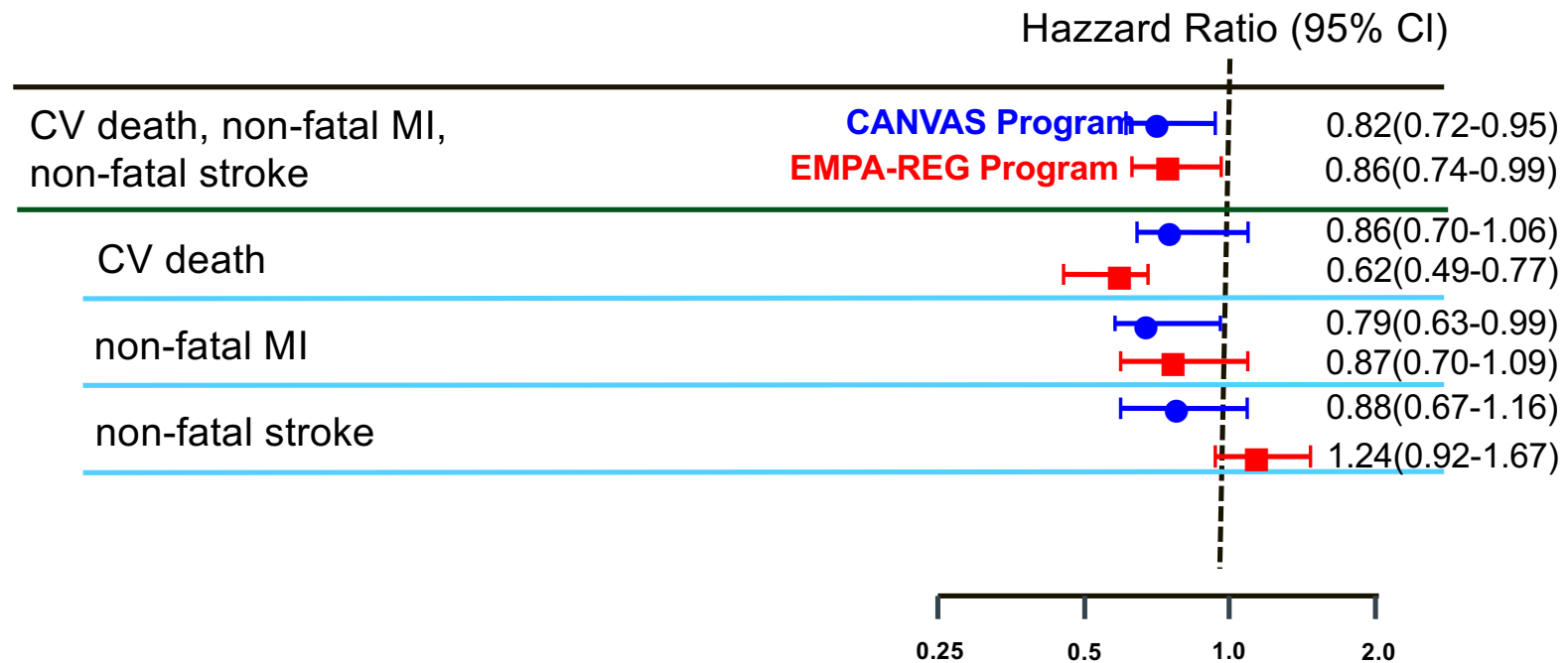
THE LANCET

Zelniker TA et al. Lancet. 2018 Nov 9. pii: S0140-6736(18)32590-X.
doi: 10.1016/S0140-6736(18)32590-X.

AstraZeneca does not recommend the use of dapagliflozin for indication other than T2DM.

Comparison of the effects of canagliflozin (CANVAS focus on CVD Patient) and empagliflozin (EMPA-REG OUTCOME) on the key outcomes

CANVAS (CVD Patient) vs EMPA-REG



Circulation 2018 Jan 23;137(4):323-334 (Ref.14)
 N Engl J Med 2015; 373:2117-28 (Ref. 12)

2
1

Comparison of the effects of canagliflozin (CANVAS focus on CVD Patient) and empagliflozin (EMPA-REG OUTCOME) on the key outcomes

CANVAS (CVD Patient) vs EMPA-REG

	MACE		MI		CVD		Stroke	
	CANVAS	EMPA-REG	CANVAS	EMPA-REG	CANVAS	EMPA-REG	CANVAS	EMPA-REG
Active (pt/ 1,000pt-yr)	34.1	37.4	12.5	16	14.8	12.3	8.8	11.2
Placebo (pt/ 1,00pt-yr)	41.3	43.9	16	18.5	16.8	20.2	10.4	9.1
Hazard Ratio	0.82	0.86	0.79	0.87	0.86	0.62	0.88	1.24

Consensus recommendation

- Among patients with type 2 diabetes who have established ASCVD (atherosclerotic cardiovascular disease), **SGLT2 inhibitors** or **GLP-1 receptor agonists** with proven cardiovascular benefit are recommended as part of glycaemic management.

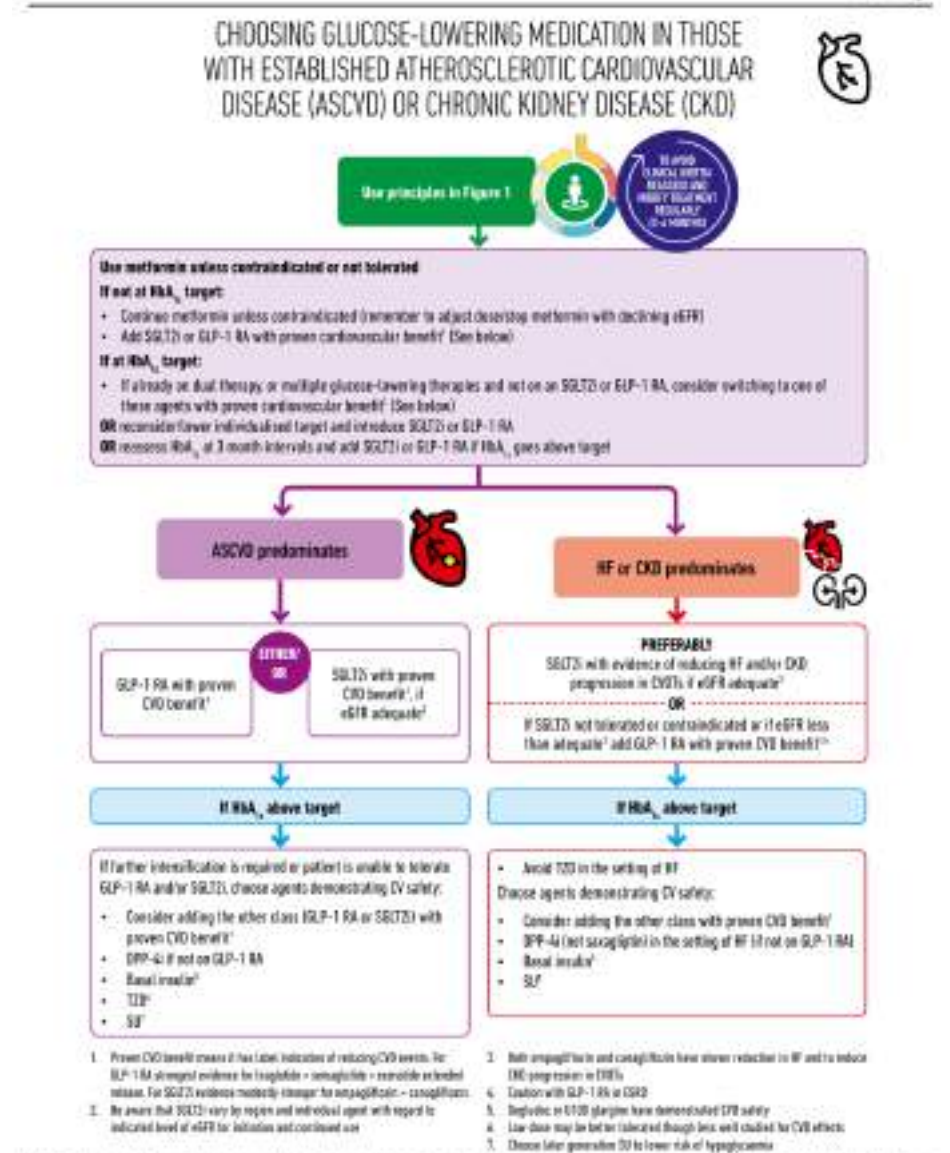


Fig. 3 Choosing glucose-lowering medication in those with established atherosclerotic cardiovascular disease (ASCVD) or chronic kidney disease (CKD)

ESTABLISHED

HF OR CKD PREDOMINATES

PREFERABLY

SGLT2i with evidence of reducing HF and/or CKD progression in CVOTs if eGFR adequate³

OR

If SGLT2i not tolerated or contraindicated or if eGFR less than adequate² add GLP-1 RA with proven CVD benefit¹

If HbA_{1c} above target

- Avoid TZD in the setting of HF
- Choose agents demonstrating CV safety:
- Consider adding the other class with proven CVD benefit¹
- DPP-4i (not saxagliptin) in the setting of HF (if not on GLP-1 RA)
- Basal insulin⁴
- SU⁵

CHANGING MEDICATION IN TYPE 2 DIABETES: OVERALL APPROACH

CKD

ADDITIONAL COMPREHENSIVE LIFESTYLE (INCLUDING WEIGHT MANAGEMENT AND PHYSICAL ACTIVITY) IF HbA_{1c} ABOVE TARGET PROCEED AS BELOW



NO

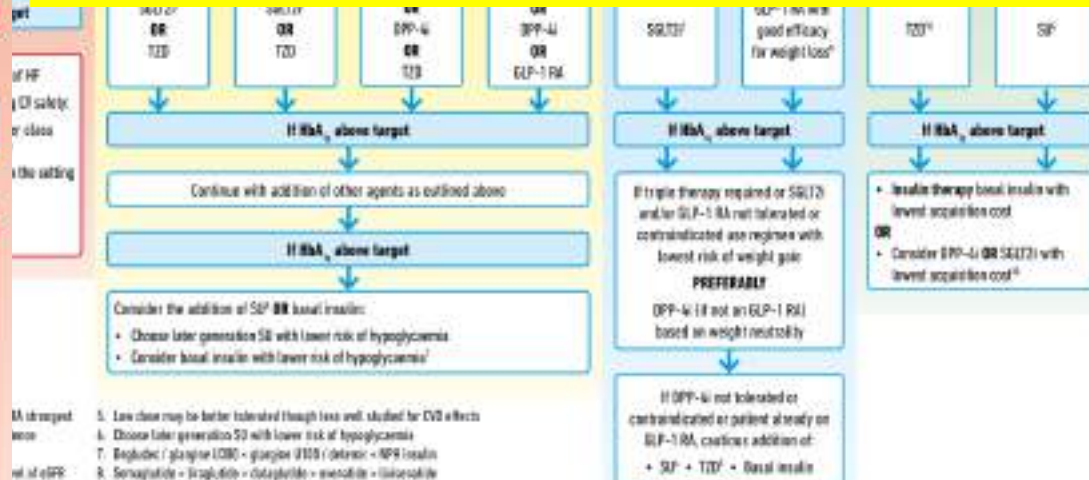
WITHOUT ESTABLISHED ASCVD OR CKD

COMPPELLING NEED TO MINIMISE HYPOGLYCAEMIA

COMPPELLING NEED TO MINIMISE WEIGHT GAIN OR PROMOTE WEIGHT LOSS

COST IS A MAJOR ISSUE^{6, 7}

3. Both empagliflozin and canagliflozin have shown reduction in HF and reduction in CKD progression in CVOTs



4. Degludec or U100 glargine have demonstrated CVD safety

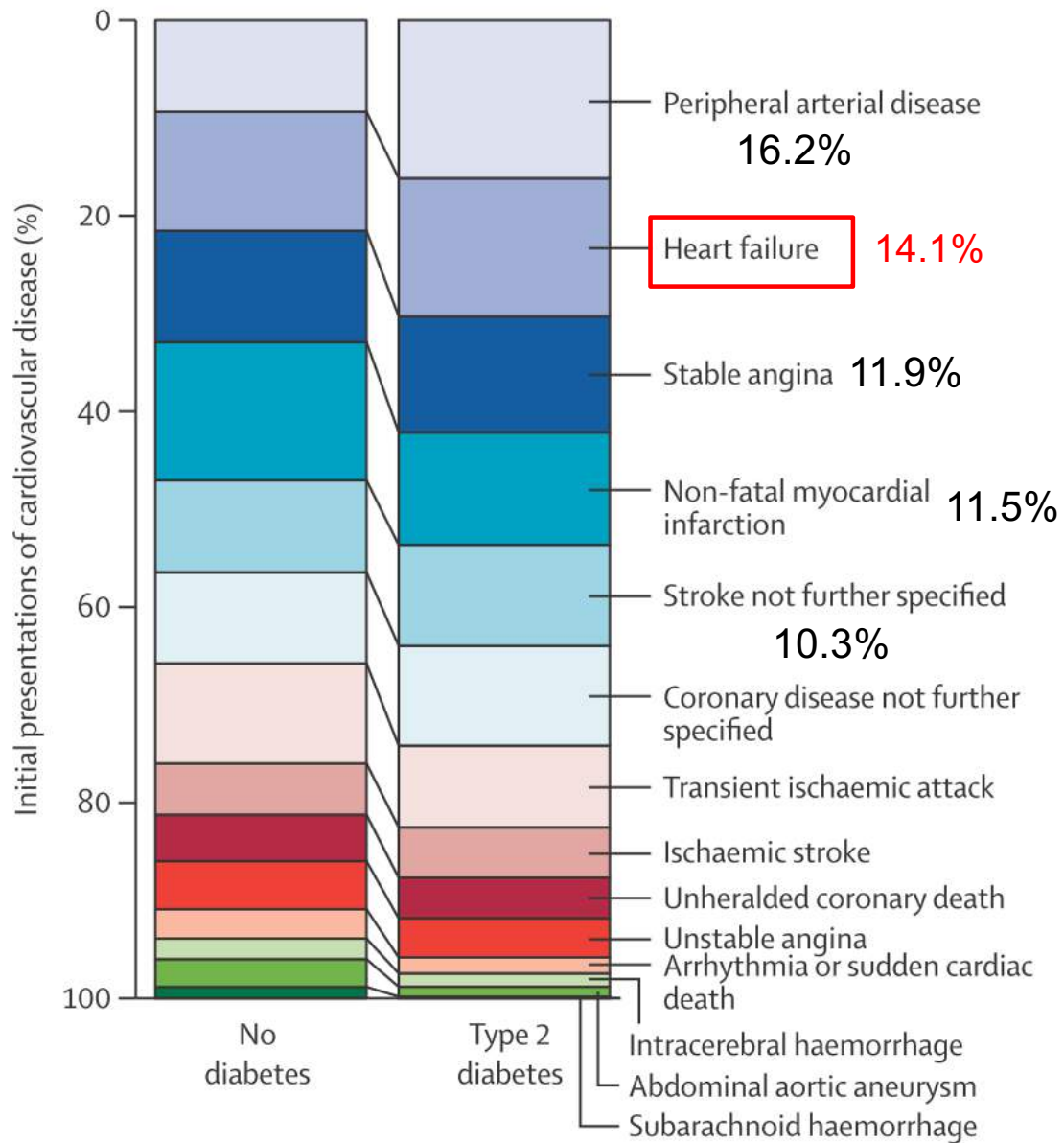
2018 DAROC Clinical Practice Guidelines for Diabetes Care

種類	治療的建議與考量
鈉 - 葡萄糖共同輸送器 -2 抑制劑 Canagliflozin Dapagliflozin Empagliflozin	<ol style="list-style-type: none">1. 較少發生低血糖，使用後通常可降低體重與血壓。2. 會增加泌尿道與生殖器感染的風險。3. 可減少糖尿病腎臟病惡化與因心臟衰竭住院的風險。



AstraZeneca does not recommend the use of dapagliflozin for indication other than T2DM.

DAROC Clinical Practice Guidelines for Diabetes Care- 2018, Taiwan, Diabetes Association of the R.O.C., 2018

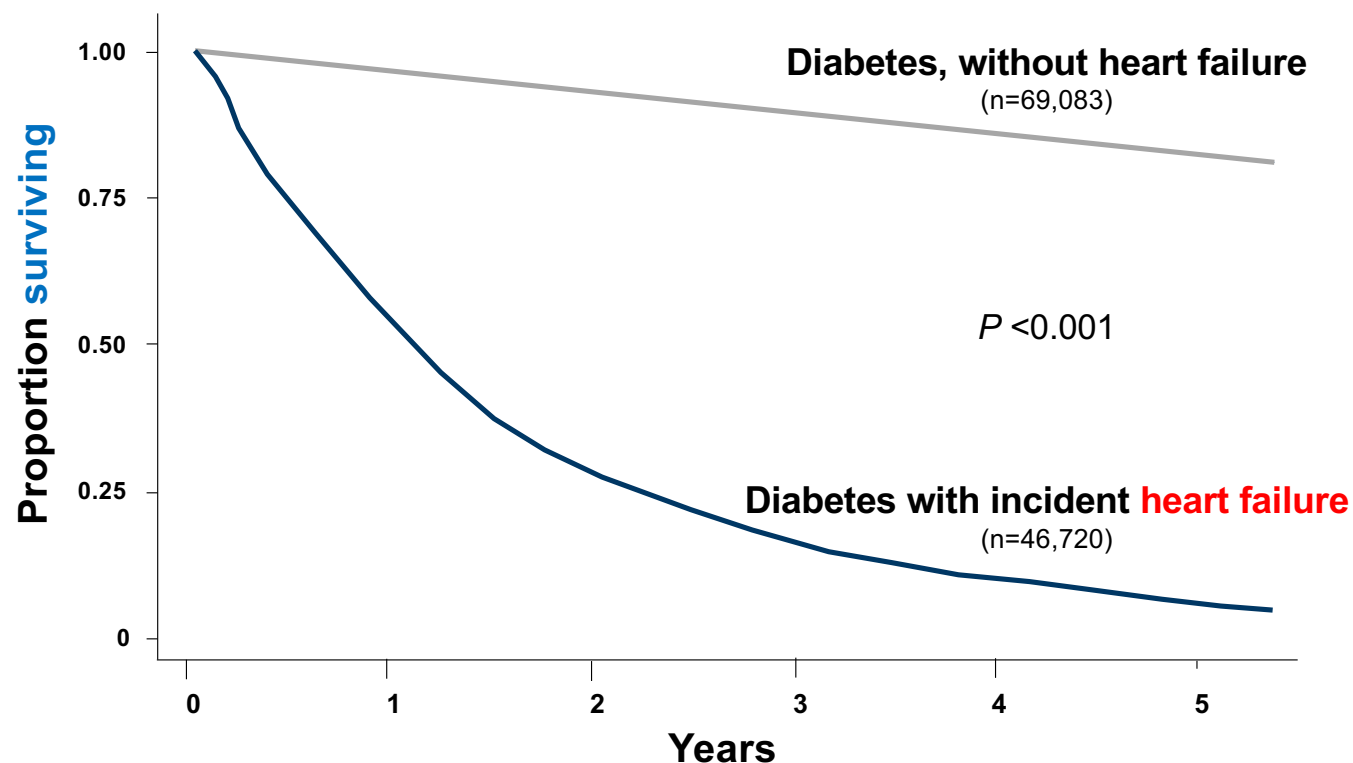


Heart failure and peripheral arterial disease are the most common initial manifestations of cardiovascular disease in type 2 diabetes.

Heart failure was defined by coded diagnoses in primary care, secondary care and death certificates.

Shah AD, et al. Lancet Diabetes Endocrinol 2015;3:105–113

The presence of HF in patients with diabetes is associated with an increased risk of death

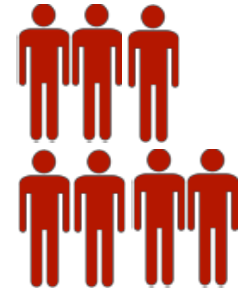


- 115,803 adults 65 years and older in fee-for-service Medicare without a prior HF claim were followed for 5 years
- Incident HF was determined using DRG codes
- Survival was significantly lower in those who developed HF compared with those without HF

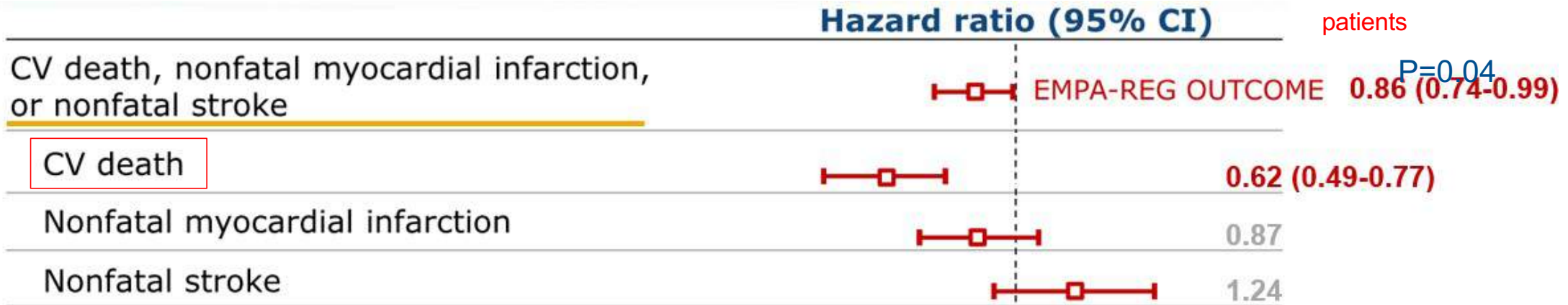
HF, heart failure; DRG, diagnosis related group

Bertoni AG, et al. *Diabetes Care*. 2004;27:699–703.


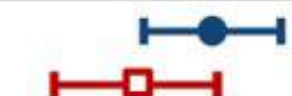
MACE of EMPA-REG



100% CVD patients



HHF & CV death

	Hazard ratio (95% CI)	
Hospitalization for heart failure		0.67 (0.52–0.87) 0.65 (0.50–0.85)
<u>CV death or hospitalization for heart failure</u>		0.78 (0.67–0.91) 0.66 (0.55–0.79)

CANVAS Program
EMPA-REG OUTCOME

CV death of EMPA-REG

	Placebo (N = 2333)	Pooled empagliflozin (N = 4687)
	<i>no. (%)</i>	
Patients with cardiovascular death	137 (5.9)	172 (3.7)
Sudden death	38 (1.6)	53 (1.1)
Worsening of heart failure	19 (0.8)	11 (0.2)
Acute myocardial infarction	11 (0.5)	15 (0.3)
Stroke	11 (0.5)	16 (0.3)
Cardiogenic shock	3 (0.1)	3 (0.1)
Other cardiovascular death*	55 (2.4)	74 (1.6)

Sudden cardiac death may occur in 40% of patients who suffer from heart failure¹.

-0.5%

-0.6%

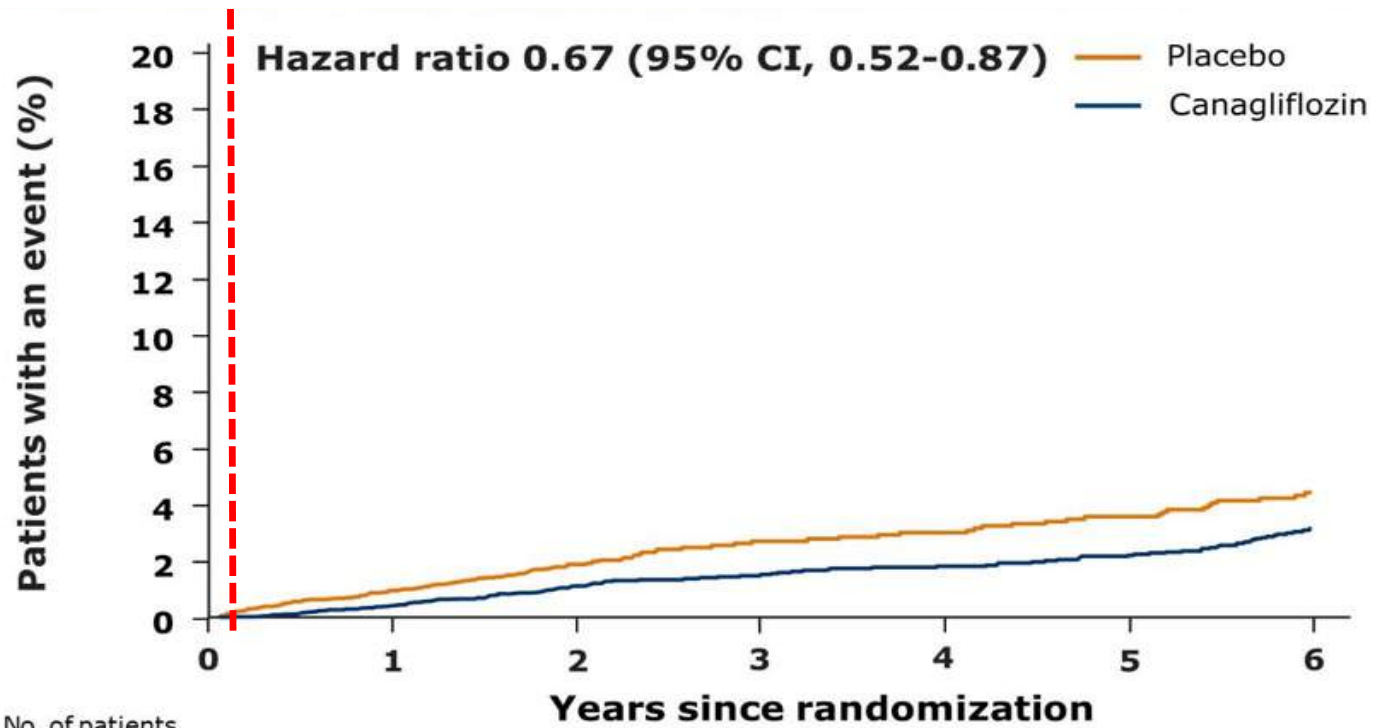
-0.2%

-0.2%

Demographics and Disease History

	EMPA-REG	CANVAS	DECLARE
Mean age, y	63.1	63.3	63.8
Female, %	28	35	37
Mean duration of diabetes, y	57% >10 y	14	50% >10 y
Hypertension, %	94	90	89
Cardiovascular disease, %	99	66	40
Myocardial Infarction, %	47	CAD: 56	20
Multi-vessel CAD, %	47	-	12
CABG, %	25	-	10
Stroke, %	23	19	6
PAOD, %	21	21	6
Heart failure, %	Cardiac failure: 10	14	10

CANVAS: Hospitalization for Heart Failure

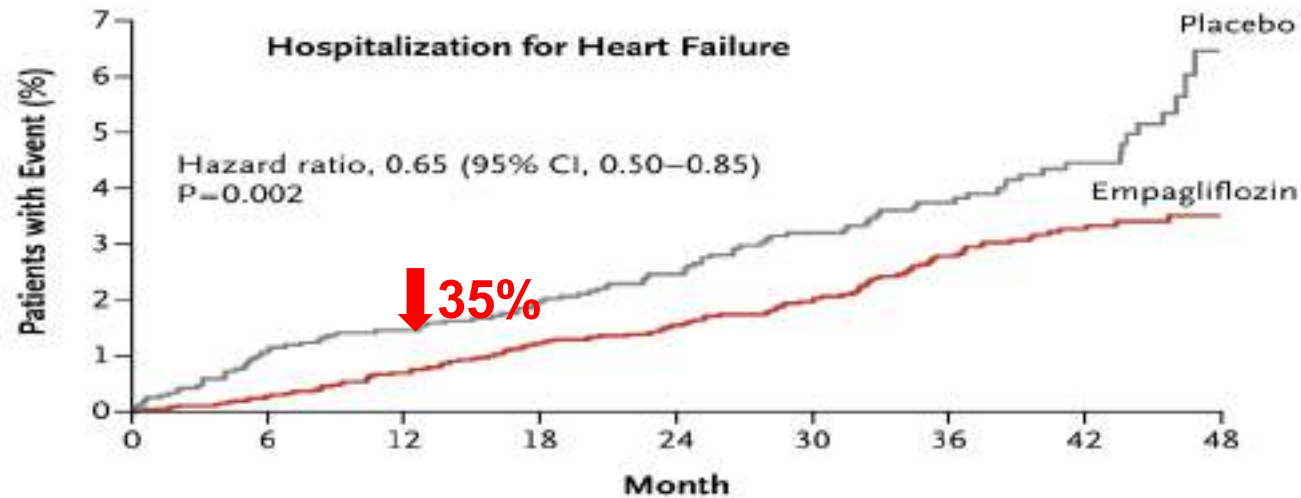


No. of patients	0	1	2	3	4	5	6
Placebo	4347	4198	3011	1274	1236	1180	829
Canagliflozin	5795	5653	4437	2643	2572	2498	1782

Intent-to-treat analysis

Lower HF hospitalization incidence of SGLT2i in RCT

EMPA-REG¹ (RCT, 100% CVD)



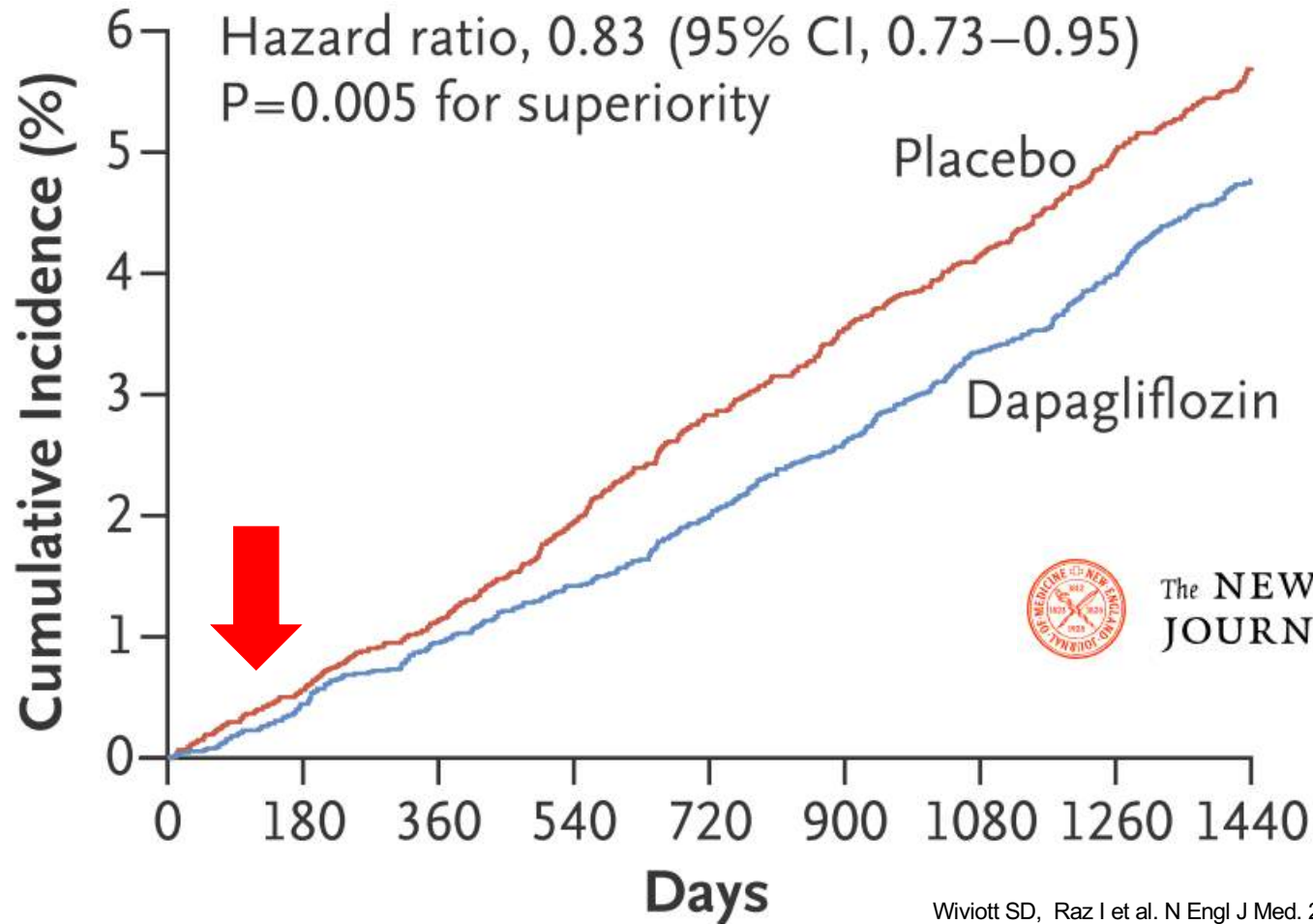
No. at Risk	0	6	12	18	24	30	36	42	48
Empagliflozin	4687	4614	4523	4427	3988	2950	2487	1634	395
Placebo	2333	2271	2226	2173	1932	1424	1202	775	168

1.5 vs 0.9 events per 100 patient-years

RWE: real-world evidence

1. N Engl J Med 373:2117-28 (2015); 2. Lancet Diabetes Endocrinol. 2017 Sep;5(9):709-717.

DECLARE TIMI: Primary Endpoint – CV death or HHF



The NEW ENGLAND
JOURNAL of MEDICINE

HHF: hospitalization for heart failure

ORIGINAL ARTICLE

Risk Factors, Mortality, and Cardiovascular Outcomes in Patients with Type 2 Diabetes

Aidin Rawshani, M.D., Araz Rawshani, M.D., Ph.D., Stefan Franzén, Ph.D.,
Naveed Sattar, M.D., Ph.D., Björn Eliasson, M.D., Ph.D., Ann-Marie Svensson, Ph.D.,
Björn Zethelius, M.D., Ph.D., Mervete Miftaraj, M.Sc.,
Darren K. McGuire, M.D., M.H.Sc., Annika Rosengren, M.D., Ph.D.,
and Sofia Gudbjörnsdottir, M.D., Ph.D.

- A national cohort study included **271,174** patients with T2DM
- Median follow-up 5.7 years
- Swedish National Diabetes Register

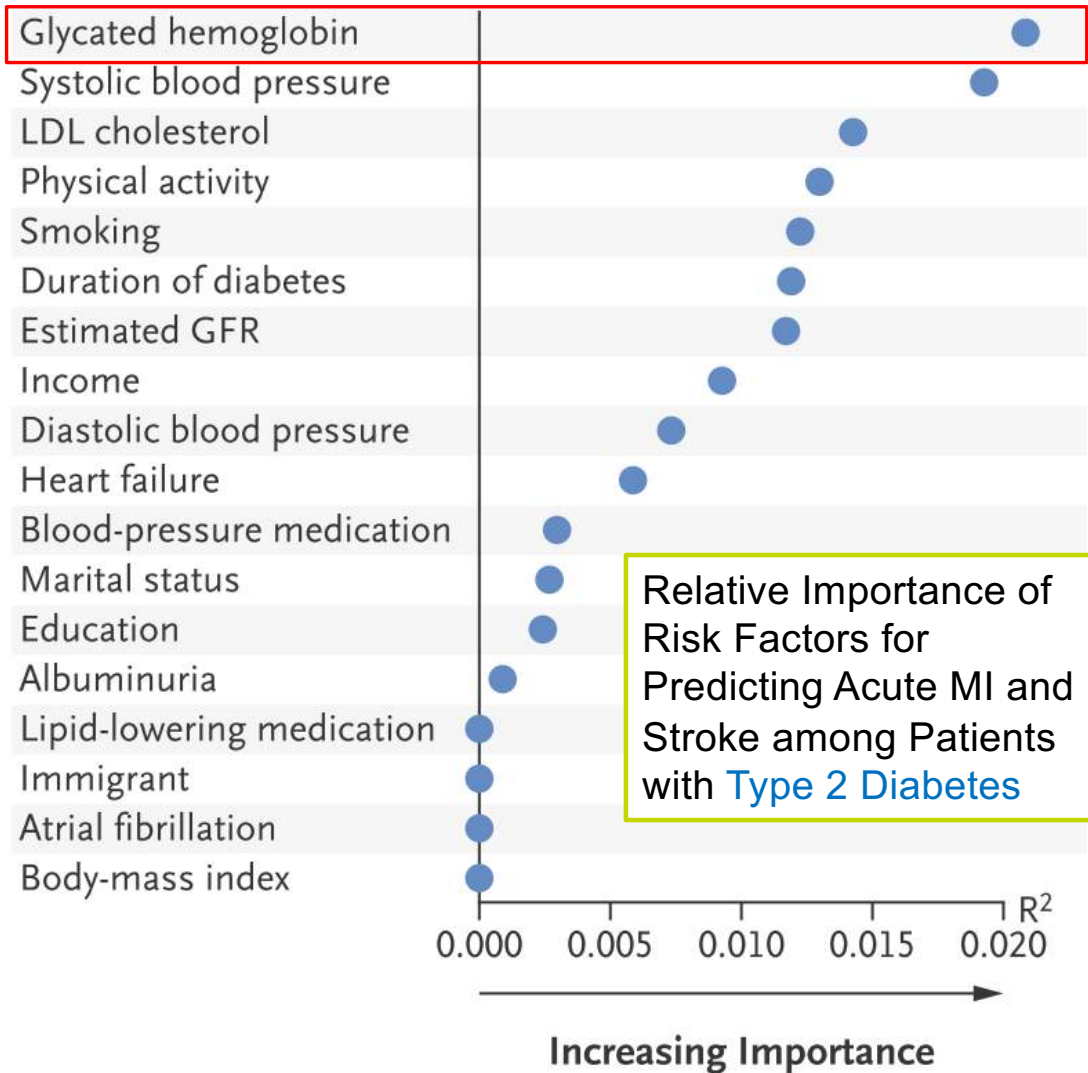


The NEW ENGLAND
JOURNAL of MEDICINE



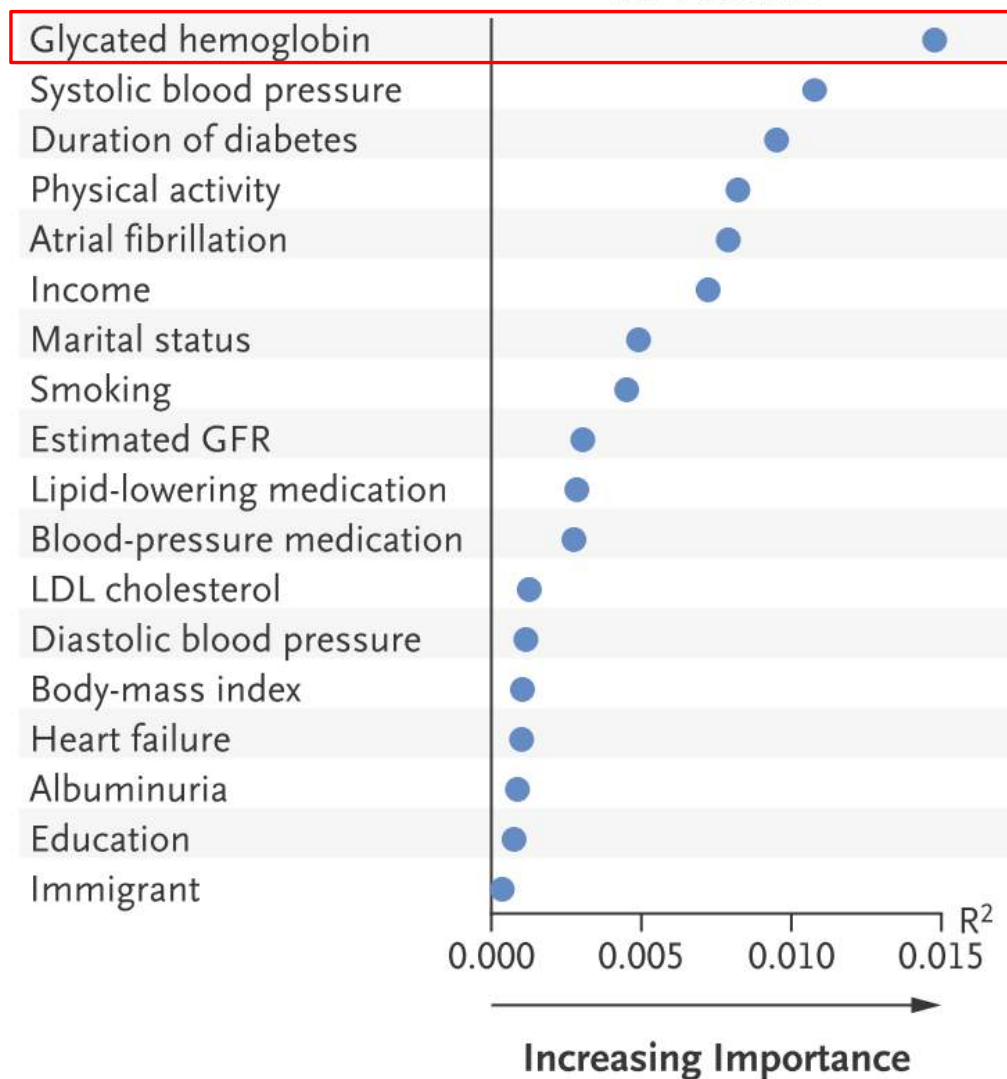
Acute MI

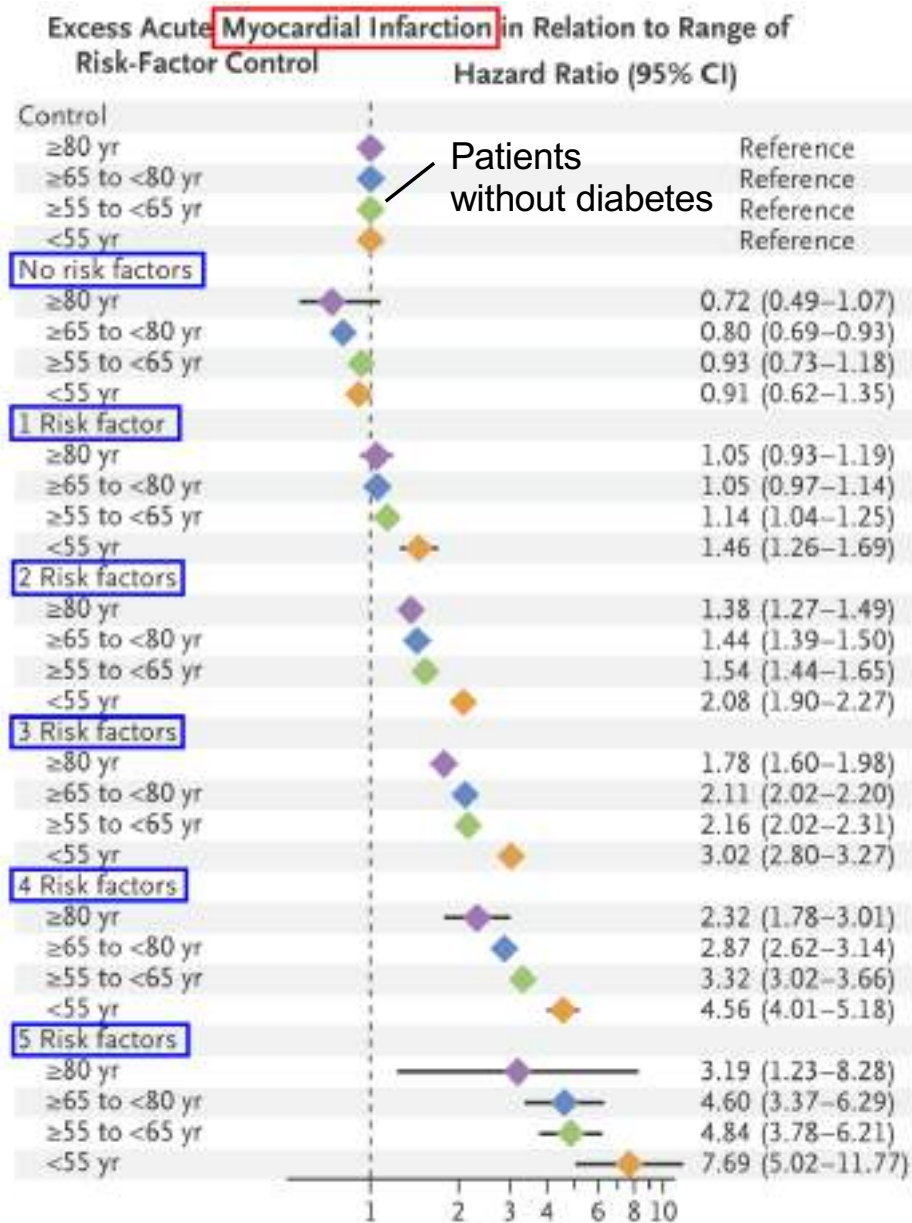
All Patients



Stroke

All Patients





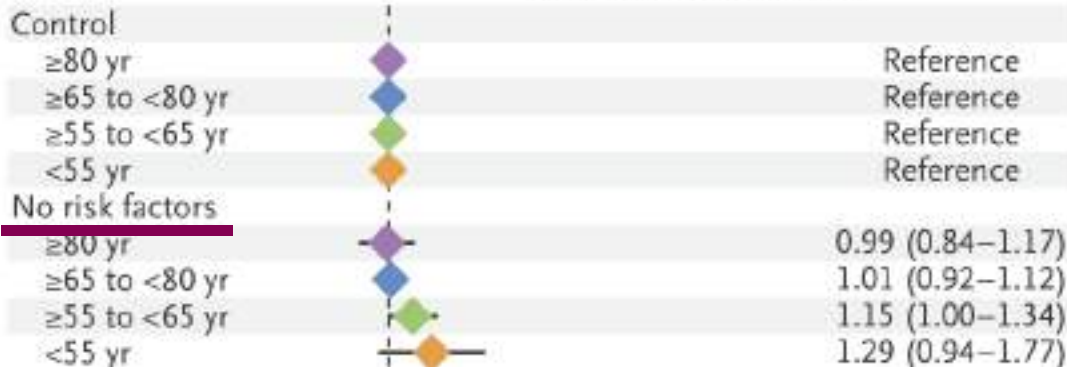
Patients with more risk factors within target ranges are associated with lower risk of mortality

Five risk factors:

1. Elevated A1c ($\geq 7.0\%$)
2. Elevated LDL (≥ 2.5 mmol; 97 mg/dl)
3. Elevated BP ($\geq 140/80$ mm Hg)
4. Albuminuria (presence of microalbuminuria or macroalbuminuria)
5. Smoking (current smoker)

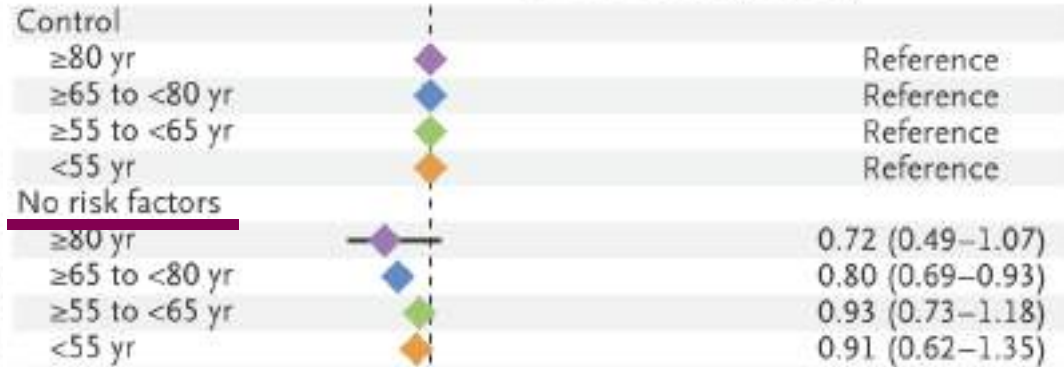
Excess **Mortality** in Relation to Range of Risk-Factor Control

Hazard Ratio (95% CI)



Excess Acute **Myocardial Infarction** in Relation to Range of Risk-Factor Control

Hazard Ratio (95% CI)



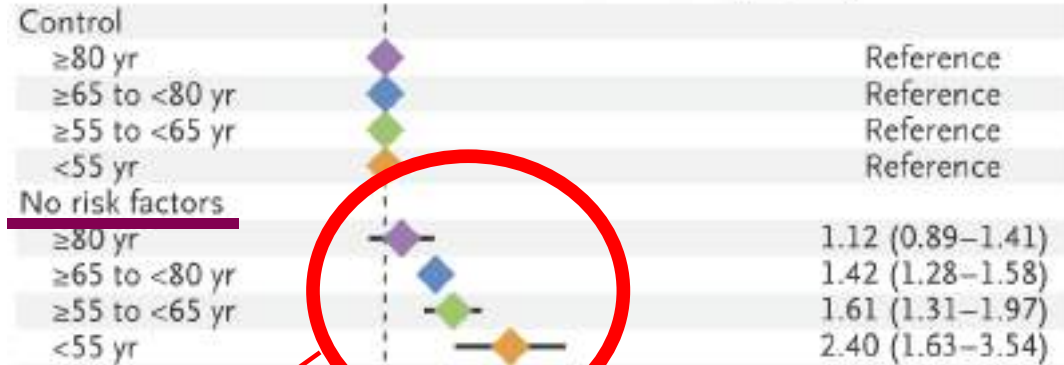
Excess **Stroke** in Relation to Range of Risk-Factor Control

Hazard Ratio (95% CI)



Excess **Heart Failure** in Relation to Range of Risk-Factor Control

Hazard Ratio (95% CI)



Heart Failure is still increased in patients with 5 risk factors within target ranges

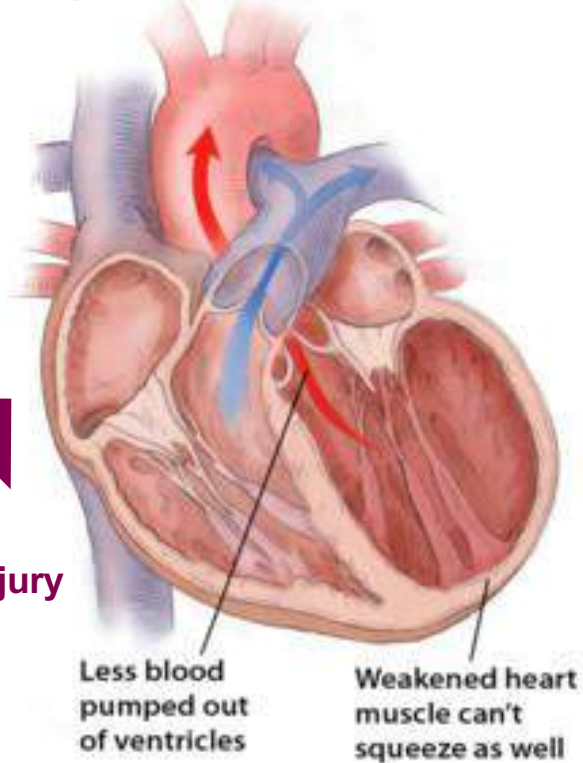
Heart Failure

HFrEF

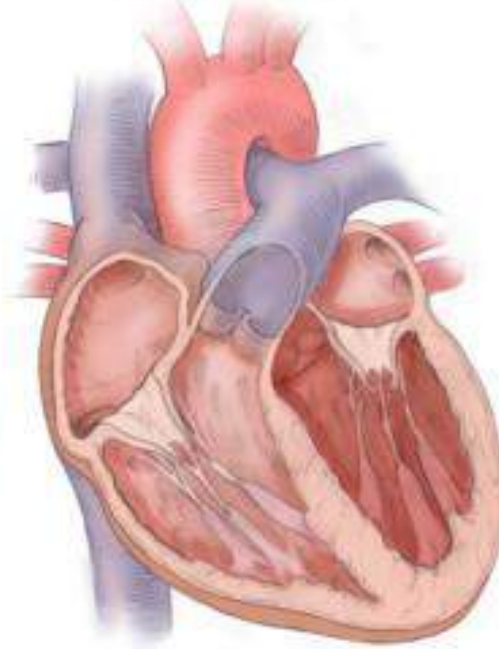
(Heart failure with reduced ejection fraction)

LVEF < 40%

Systolic Heart Failure



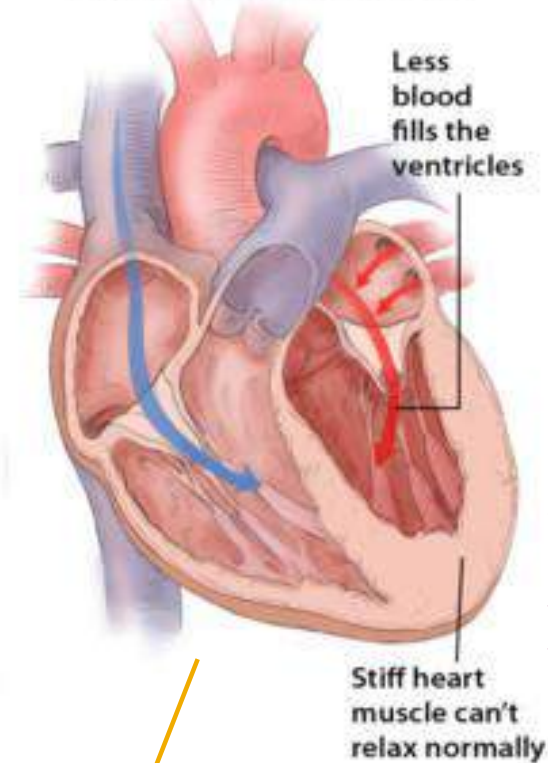
Normal Heart



HFpEF (preserved)

LVEF ≥ 50%

Diastolic Heart Failure



← Endothelial inflammation

↓ Cardiac dysfunction

(ex. Diabetes, hypertension, obesity, metabolic syndrome, smoking)

↗ Myocardial injury (ex. post-MI)

~50% of all patients with heart failure have a normal EF

臨床標準藥物常見的有：

	照字母排序 常見成分名	使用目的
血管張力素轉化抑制劑 (Angiotensin converting enzyme inhibitor, ACEI)	Enalapril, Lisinopril, Perindopril, Ramipril	可擴張血管，降低血壓，減少心臟的負荷
血管張力素受器阻斷 (Angiotensin receptor blocker, ARB)	Candesartan, Valsartan	可擴張血管，降低血壓，減少心臟的負荷
乙型交感神經阻斷劑 (Beta-blocker)	Bisoprolol, Carvedilol, Metoprolol succinate	可減緩心跳，降低血壓，減少心臟的負荷
腎上腺皮質酮拮抗劑 (Mineralocorticoid receptor antagonist, MRA)	Spiro-lactone, Eplerone,	輕度利尿劑、對抗賀爾蒙對心血管之危害、減少心臟纖維化、保留血鉀

Current HFrEF therapeutic classes

血管收縮素受體中性溶酶抑制劑 (Angiotensin receptor neprilysin inhibitor, ARNI)	Sacubitril/valsartan	利鈉尿，擴張血管，降低血壓，減少心臟的負荷
If離子電流選擇性抑制劑 (If inhibitor)	Ivabradine	可減緩心跳，增加心肌血流的作用
利尿劑 (Diuretic)	Thiazide, thiazide-like agent	可排出體內多餘水份，減少水腫及呼吸困難
毛地黃 (Digoxin)	Digoxin	增加心臟收縮的強度，使心臟流出的血量增加

In contrast, current HF classes with proven outcomes in HFrEF **fail** to improve outcomes in patients with HFpEF

Trial	Drug (Class)	Primary Endpoint	Results
PEP-CHF ¹	Perindopril (ACE-I)	Composite of all-cause mortality or unplanned heart failure related hospitalization	HR 0.92; (p=0.545)
CHARM-Preserved ²	Candesartan (ARB)	Composite of CV death or unplanned admission to hospital for the management of worsening HF	HR 0.89 (p=0.12)
I-PRESERVED ³	Irbesartan (ARB)	Composite outcome of death from any cause or hospitalization for a CV cause (HF, MI, unstable angina, arrhythmia, or stroke).	HR 0.95; (p=0.35)
TOPCAT ⁴	Spirolactone (Aldosterone antagonist)	Composite of death from CV causes, aborted cardiac arrest, or hospitalization for the management of heart failure.	HR 0.89 (p=0.14)
DIG-preserved ⁵	Digoxin	Composite of heart failure hospitalization or heart failure mortality	HR 0.82 (p=0.136)

CV, cardiovascular; ACE, angiotensin converting enzyme; ACE-I, ACE inhibitor; ARB angiotensin receptor blocker; HR Hazard ratio

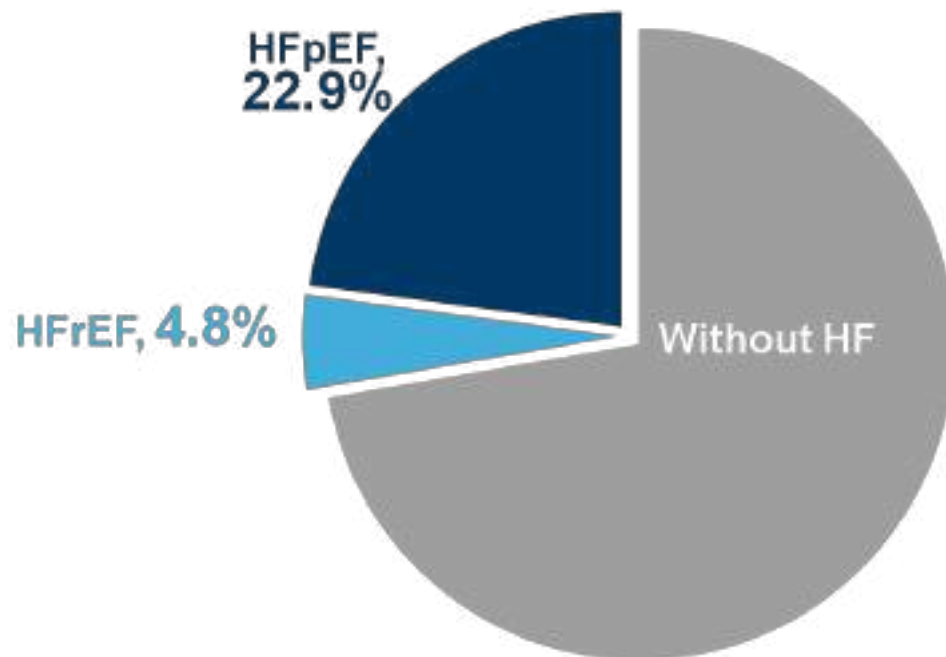
1. Cleland JG, et al. *European Heart Journal* (2006) 27, 2338–2345; 2. Yusuf s et al. *Lancet* 2003; 362: 777–81. 3. Massie BM et al. *N Engl J Med* 2008;359:2456-67. 4. Pitt B, et al *N Engl J Med* 2014;370:1383-92.. 5. Ahmed A et al. *Circulation*. 2006 Aug 1;114(5):397-403.

HF remains under-diagnosed in patients with T2D, suggesting a high index of suspicion is warranted

27.7% of a T2D population had **undiagnosed HF**

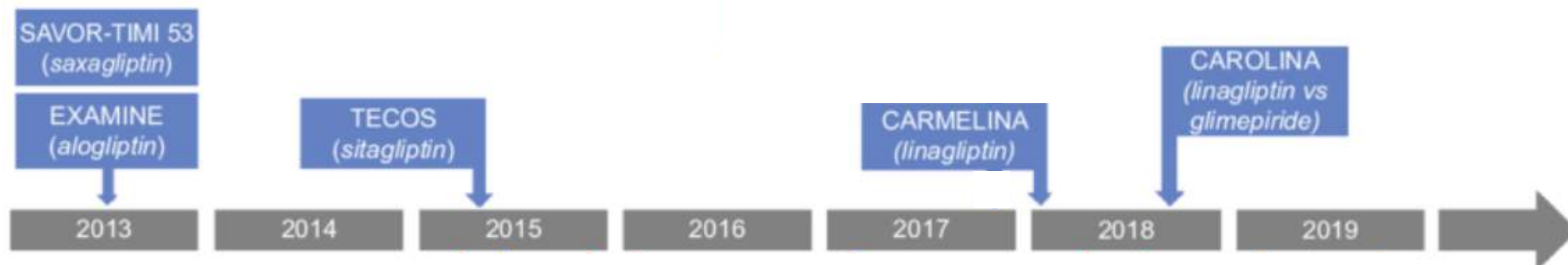
Diabetologia





Journal of the European Association for the Study of Diabetes (EASD)



- 581 patients aged 60 years or over with T2DM without cardiologist-confirmed diagnosis of HF
- An expert panel used the criteria of the **ESC** (European Society of Cardiology) to diagnose HF
- **27.7%** were found to have previously **unknown** HF
- **The majority of newly detected HF had HFpEF**
- **The prevalence of undiagnosed HF was higher:**
 - increasing age, hypertension, females, BMI ≥ 30 kg/m², patients with dyspnea, patients complaining of fatigue
- Screening of patients with T2D should be considered given the high prevalence of previously unknown HF

All 4 CVOT of DPP4i demonstrated cardiovascular safety



	 ¹	 ²	 ³	 ⁴	-
商品名	Onglyza	Nesina	Januvia	Tradjenta	Galvus
學名	Saxagliptin	Alogliptin	Sitagliptin	Linagliptin	Vildagliptin
人數	16,496	5,380	14,671	6,979	因肝指數異常，未獲FDA核准，在美國沒有上市，不用做CVOT
Follow-up (year)	2.1	1.5	3.0	2.2	
MACE	1.00 (0.89-1.12)	0.96	0.98 (0.88-1.09)	1.02 (0.89-1.17)	

Neutral

1. N Engl J Med. 2013 Oct 3;369(14):1317-26.

2. N Engl J Med. 2013 Oct 3;369(14):1327-35.

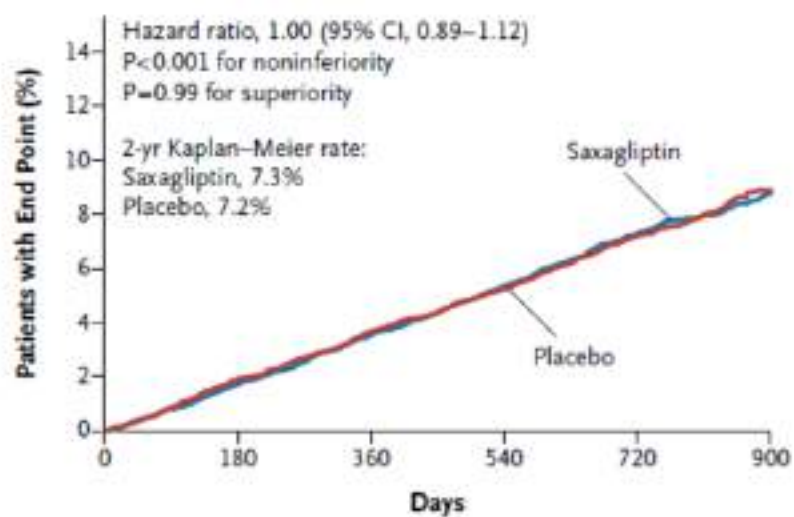
3. N Engl J Med. 2015 Jul 16;373(3):232-42.

42 4. 54th Annual Meeting of European Association for the Study of Diabetes (EASD) 2018: Oral Presentation # S35.
<https://www.easd.org/virtualmeeting/home.html#contentsessions/2873>

3P MACE of CVOTs

2013 SAVOR¹

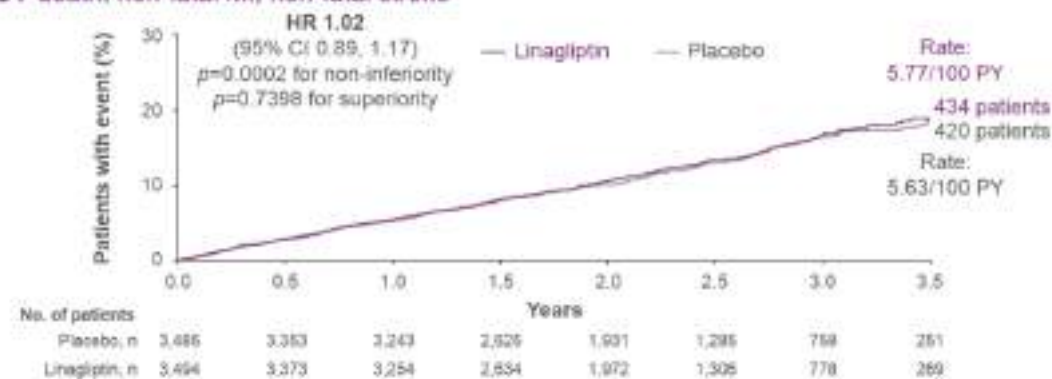
Primary End Point



No. at Risk						
Placebo	8212	7983	7761	7267	4855	851
Saxagliptin	8280	8071	7836	7313	4920	847

2018 CARMELINA²

CV death, non-fatal MI, non-fatal stroke



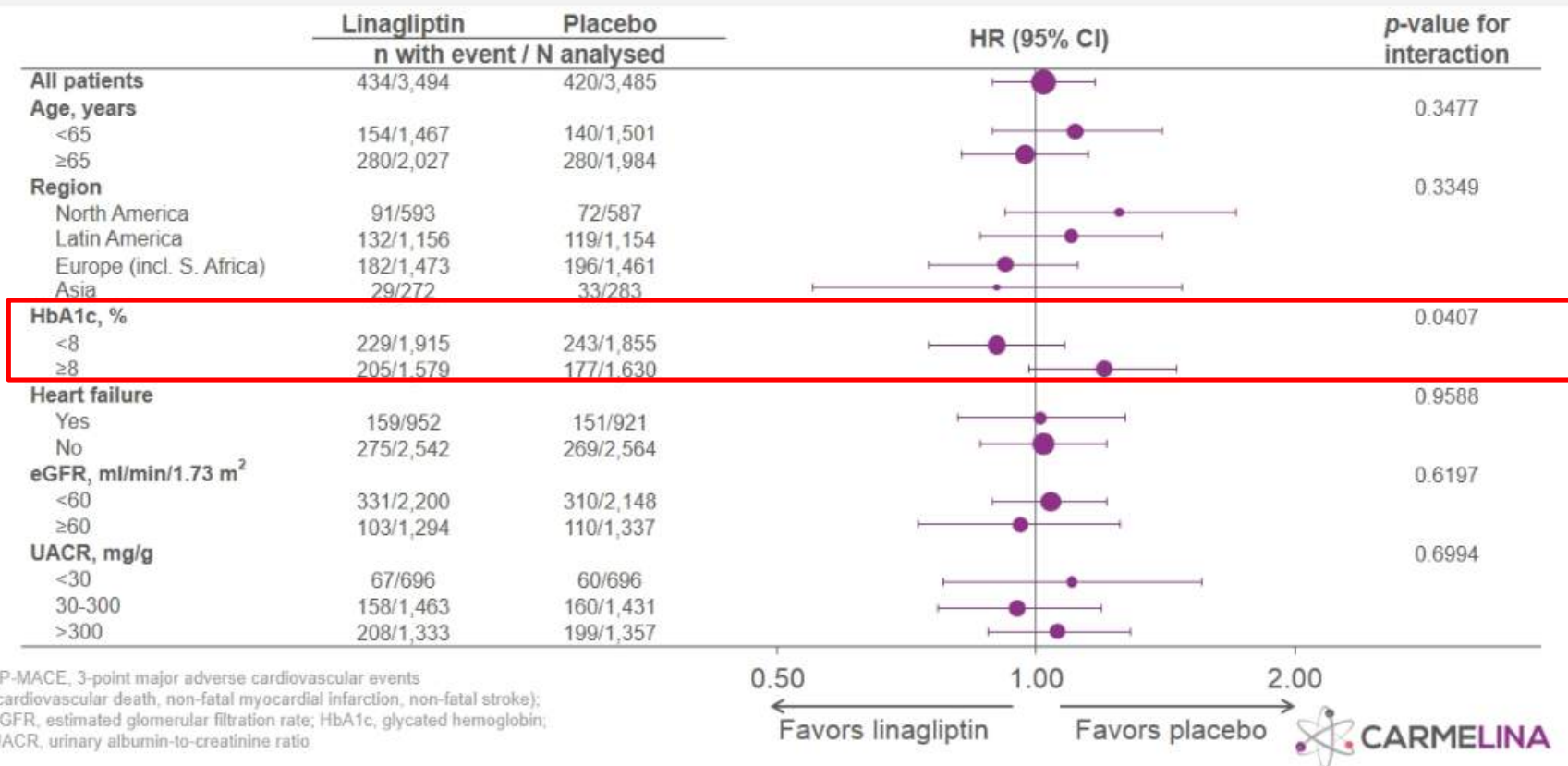
Treated with hazard ratios and 95% CIs based on Cox regression models adjusted for major 3P-MACE. 2-yr Kaplan–Meier estimates cardiovascular events. PY, patient-years.



1. N Engl J Med. 2013 Oct 3;369(14):1317-26. 2. 4. 54th Annual Meeting of European Association for the Study of Diabetes (EASD) 2018: Oral Presentation # S35.

Subgroup analysis

Time to first occurrence of 3P-MACE by select baseline characteristics

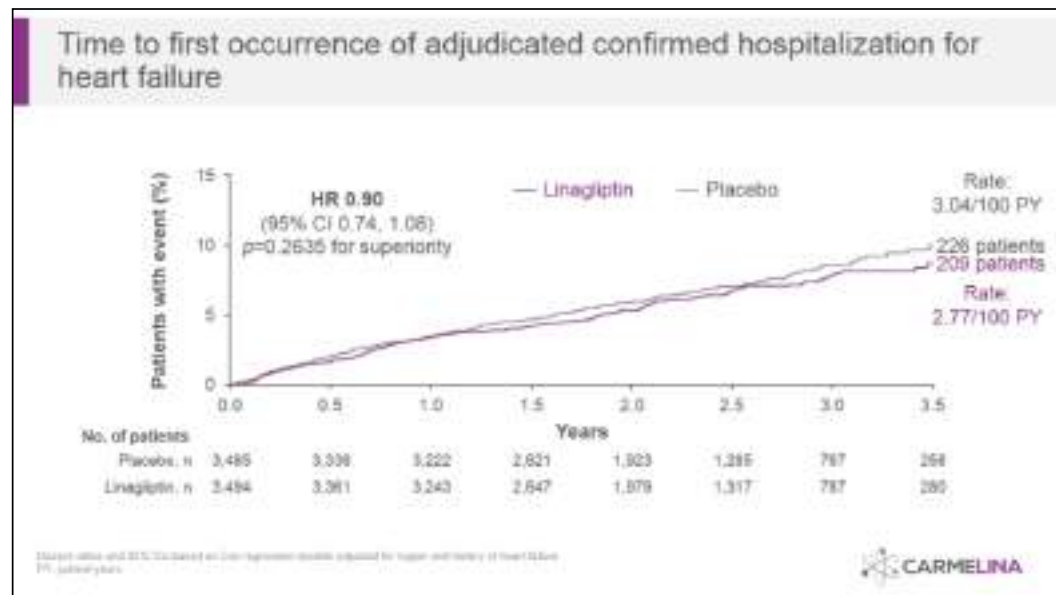


SAVOR

Table 2. Prespecified Clinical End Points.^a

End Point	Saxagliptin (N=8280) no. (%)	Placebo (N=8212) no. (%)	Hazard Ratio (95% CI)	P Value
Cardiovascular death, myocardial infarction, or stroke: primary efficacy end point	613 (7.3)	609 (7.2)	1.00 (0.89–1.12)	0.99
Cardiovascular death, myocardial infarction, stroke, hospitalization for unstable angina, heart failure, or coronary revascularization: secondary efficacy end point	1059 (12.8)	1054 (12.4)	1.02 (0.94–1.11)	0.66
Death from any cause	420 (4.9)	378 (4.2)	1.11 (0.96–1.27)	0.15
Death from cardiovascular causes	269 (3.2)	260 (2.9)	1.03 (0.87–1.22)	0.72
Myocardial infarction	265 (3.2)	278 (3.4)	0.95 (0.80–1.12)	0.52
Ischemic stroke	157 (1.9)	141 (1.7)	1.11 (0.88–1.39)	0.38
Hospitalization for unstable angina	97 (1.2)	81 (1.0)	1.19 (0.89–1.60)	0.24
Hospitalization for heart failure	289 (3.5)	228 (2.8)	1.27 (1.07–1.51)	0.007
Hospitalization for coronary revascularization	423 (5.2)	459 (5.6)	0.91 (0.80–1.04)	0.18
Doubling of creatinine level, initiation of dialysis, renal transplantation, or creatinine >6.0 mg/dl (530 μmol/liter)	194 (2.2)	178 (2.0)	1.08 (0.88–1.32)	0.46
Hospitalization for hypoglycemia	53 (0.6)	43 (0.5)	1.22 (0.82–1.83)	0.33

CARMELINA



	SAVOR ¹	EXAMINE	TECOS ³	CARMELINA ⁴	VIVID Trial
Drug	Saxagliptin	Alogliptin	Sitagliptin	Linagliptin	Vildagliptin
HHF	1.27* (1.07-1.51)	1.07 (0.79-1.46) 無HF病史病患 1.76* (1.07-2.90) ²	1.00 (0.83-1.20)	0.90 (0.74-1.08)	左心室容積增加 ⁵

1. N Engl J Med. 2013 Oct 3;369(14):1317-26
 2. Lancet. 2015 May 23;385(9982):2067-76.
 3. N Engl J Med. 2015 Jul 16;373(3):232-42.
 4. 54th Annual Meeting of European Association for the Study of Diabetes (EASD) 2018: Oral <https://www.easd.org/virtualmeeting/home.html#content/sessions/2873>
 5. JACC Heart Fail. 2018 Jan;6(1):8-17.

2018 ADA-EASD consensus:

Considerations

ASCVD is defined differently across trials

- Established CVD (e.g. MI, stroke, revascularization procedure)
- Very high cardiovascular risk

Each cardiovascular outcomes trial, while large, is a single experiment

It is not always clear whether differences in trial findings within a drug class are related to trial design or to true differences in the individual medications

- Where evidence suggests a hierarchy, this is noted

HF warning by FDA

TRADJENTA® (linagliptin) tablets, for oral use
Initial U.S. Approval: 2011



RECENT MAJOR CHANGES

Warnings and Precautions

Heart Failure (5.2)	8/2017
Bullous Pemphigoid (5.6)	12/2016

WARNINGS AND PRECAUTIONS

- There have been postmarketing reports of acute pancreatitis, including fatal pancreatitis. If pancreatitis is suspected, promptly discontinue TRADJENTA. (5.1)
- Heart failure has been observed with two other members of the DPP-4 inhibitor class. Consider risks and benefits of TRADJENTA in patients who have known risk factors for heart failure. Monitor for signs and symptoms. (5.2)

5.2 Heart Failure

An association between DPP-4 inhibitor treatment and heart failure has been observed in cardiovascular outcomes trials for two other members of the DPP-4 inhibitor class. These trials evaluated patients with type 2 diabetes mellitus and atherosclerotic cardiovascular disease.

Consider the risks and benefits of TRADJENTA prior to initiating treatment in patients at risk for heart failure, such as those with a prior history of heart failure and a history of renal impairment, and observe these patients for signs and symptoms of heart failure during therapy. Advise patients of the characteristic symptoms of heart failure and to immediately report such symptoms. If heart failure develops, evaluate and manage according to current standards of care and consider discontinuation of TRADJENTA.

FDA Turns Down Sitagliptin Heart Data for Drug Label

— TECOS results apparently not good enough to warrant new claim

by Kristen Monaco, Contributing Writer, MedPage Today
April 02, 2011

MEDPAGE TODAY®

JANUVIA® (sitagliptin) Tablets
Initial U.S. Approval: 2006

RECENT MAJOR CHANGES

Dosage and Administration	
Recommendations for Use in Renal Impairment (2.2)	02/2018
Concomitant Use with an Insulin Secretagogue (e.g., Sulfonylurea) or with Insulin (2.3)	Removal 02/2018
Warnings and Precautions	
Heart Failure (5.2)	08/2017
Assessment of Renal Function (5.3)	02/2018
Macrovascular Outcomes (5.8)	02/2018
<ul style="list-style-type: none"> Heart failure has been observed with two other members of the DPP-4 inhibitor class. Consider risks and benefits of JANUVIA in patients who have known risk factors for heart failure. Monitor patients for signs and symptoms. (5.2) 	

HF warning by EMA

Warnings and precautions

Talk to your doctor, pharmacist or nurse before taking Galvus

- if you have type 1 diabetes (i.e. your body does not produce insulin) or if you have a condition called diabetic ketoacidosis.
- if you are taking an anti-diabetic medicine known as a sulphonylurea (your doctor may want to reduce your dose of the sulphonylurea when you take it together with Galvus in order to avoid low blood glucose [hypoglycaemia]).
- if you have moderate or severe kidney disease (you will need to take a lower dose of Galvus).
- if you are on dialysis.
- if you have liver disease.
- if you suffer from **heart failure**.
- if you have or have had a disease of the pancreas.



EUROPEAN MEDICINES AGENCY
SCIENCE MEDICINES HEALTH

Cardiovascular outcomes associated with canagliflozin versus other non-gliflozin antidiabetic drugs: population based cohort study

RESEARCH

 OPEN ACCESS

Cardiovascular outcomes associated with canagliflozin versus other non-gliflozin antidiabetic drugs: population based cohort study

Elisabetta Patorno,¹ Allison B Goldfine,² Sebastian Schneeweiss,¹ Brendan M Everett,³ Robert J Glynn,¹ Jun Liu,¹ Seoyoung C Kim^{1,4}

¹Division of Pharmacoepidemiology and Pharmacoeconomics, Department of Medicine, Brigham and Women's Hospital, Harvard Medical School, 1620 Tremont St, Suite 3030, Boston, MA 02120, USA

²Joslin Diabetes Center, Harvard Medical School, Boston, MA, USA

³Divisions of Cardiovascular and Preventive Medicine, Department of Medicine, Brigham and Women's Hospital, Harvard Medical School, Boston, MA, USA

⁴Division of Rheumatology, Allergy and Immunology, Brigham and Women's Hospital, Harvard Medical School, Boston, MA, USA

Correspondence to: E Patorno epatorno@bwh.harvard.edu

Additional material is published online only. To view please visit the journal online.

ABSTRACT OBJECTIVE

To evaluate the cardiovascular safety of canagliflozin, a sodium-glucose cotransporter 2 inhibitor for the treatment of type 2 diabetes mellitus, in direct comparisons with DPP-4 inhibitors (DPP-4i), GLP-1 receptor agonists (GLP-1RA), or sulfonylureas, as used in routine practice.

DESIGN

Population based retrospective cohort study.

SETTING

Nationwide sample of patients with type 2 diabetes from a large de-identified US commercial healthcare database (Optum Clinformatics Datamart).

PARTICIPANTS

Three pairwise 1:1 propensity score matched cohorts of patients with type 2 diabetes 18 years and older who initiated canagliflozin or a comparator non-gliflozin antidiabetic agent (ie, a DPP-4i, a GLP-1RA, or a sulfonylurea) between April 2013 and September 2015.

myocardial infarction, ischemic stroke, or hemorrhagic stroke). Hazard ratios and 95% confidence intervals were estimated in each propensity score matched cohort controlling for more than 100 baseline characteristics.

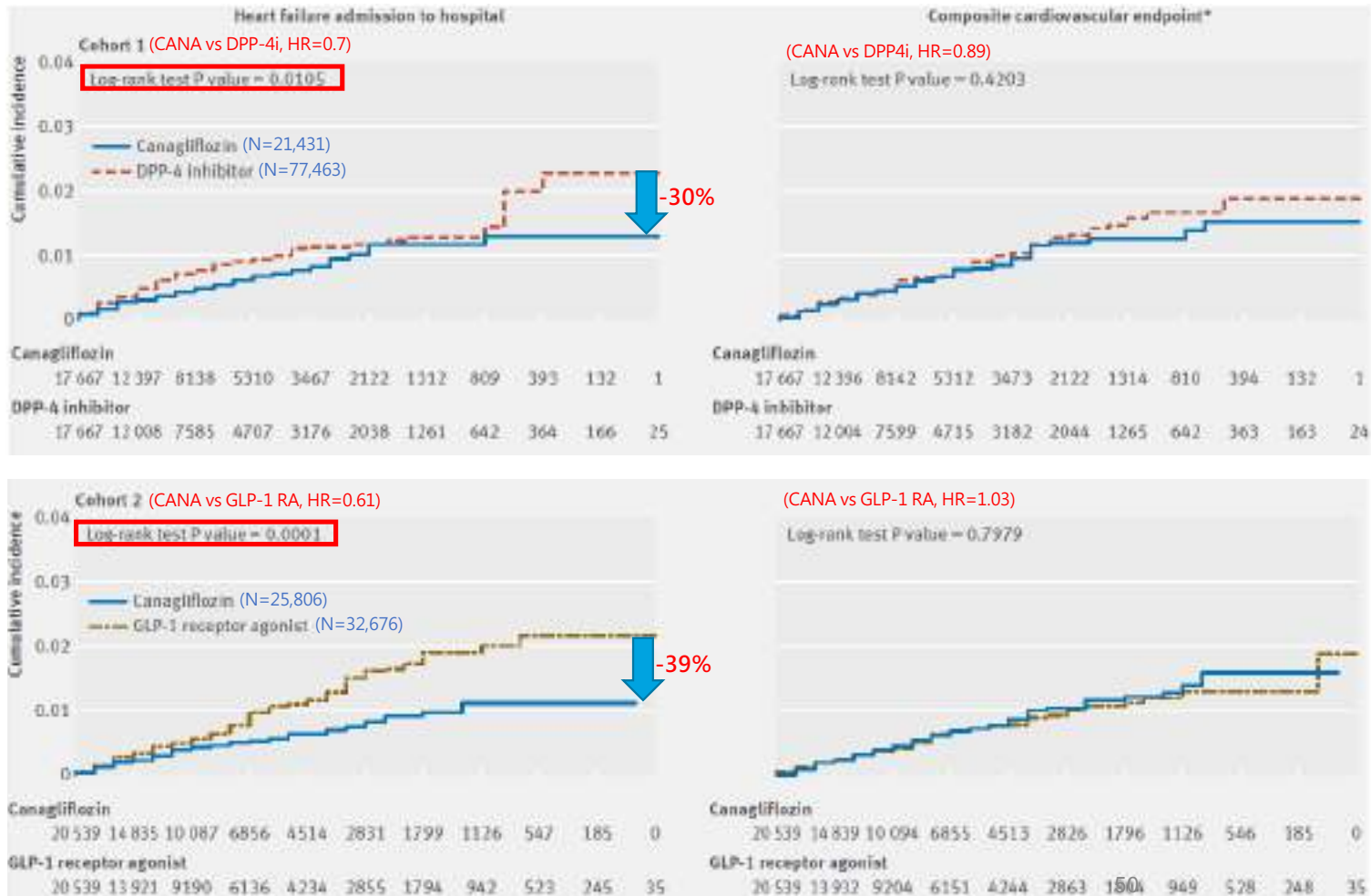
RESULTS

During a 30 month period, the hazard ratio for heart failure admission to hospital associated with canagliflozin was 0.70 (95% confidence interval 0.54 to 0.92) versus a DPP-4i (n=17 667 pairs), 0.61 (0.47 to 0.78) versus a GLP-1RA (20 539), and 0.51 (0.38 to 0.67) versus a sulfonylurea (17 354). The hazard ratio for the composite cardiovascular endpoint associated with canagliflozin was 0.89 (0.68 to 1.17) versus a DPP-4i, 1.03 (0.79 to 1.35) versus a GLP-1RA, and 0.86 (0.65 to 1.13) versus a sulfonylurea. Results were similar in sensitivity analyses further adjusting for baseline hemoglobin A1c levels and in subgroups of patients with and without prior cardiovascular disease or heart failure.

CONCLUSIONS

BMJ 2018;360:k119

Cardiovascular outcomes associated with canagliflozin versus DPP-4i and GLP-1 RA



GLUCOSE LOWERING MEDICATION IN TYPE 2 DIABETES: OVERALL APPROACH



CVD OR CKD



HF OR CKD PREDOMINATES

1. Proven CVD benefit it has label indication of reducing CVD events. For GLP-1 RA strongest evidence for liraglutide > semaglutide > exenatide extended release.

For SGLT2i evidence modestly stronger for empagliflozin > canagliflozin

ASCVD PREDOMINATES

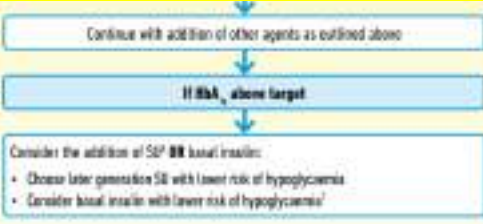
EITHER/
OR

- GLP-1 RA with proven CVD benefit¹
- SGLT2i with proven CVD benefit¹, if eGFR adequate²

If HbA_{1c} above target

- If further intensification is required or patient is now unable to tolerate GLP-1 RA and/or SGLT2i, choose agents demonstrating CV safety:
- Consider adding the other class (GLP-1 RA or SGLT2i) with proven CVD benefit
 - DPP-4i if not on GLP-1 RA**
 - Basal insulin⁴
 - TZD⁵
 - SU⁶

- DPP-4i (not saxagliptin in the setting of HF) if not on GLP-1 RA
- Basal insulin⁴
- SU⁶



- Insulin therapy (basal insulin with lowest acquisition cost)
- OR
- Consider DPP-4i OR SGLT2i with lowest acquisition cost⁸

1. Evidence of reducing CVD events for GLP-1 RA strongest for liraglutide and semaglutide. For SGLT2i evidence strongest for empagliflozin.

2. Most agents with regard to indicated level of eGFR.

3. Weight reduction in HF and reduction in CKD.

4. CVD safety.

5. Evidence of CVD safety.

6. Evidence of CVD safety.

7. Low dose may be better tolerated though less well studied for CVD effects.

8. Choose later generation SGLT2i with lower risk of hypoglycaemia.

9. Exenatide / glargine (QD) - glargine (TID) (detemir) - NPH insulin.

10. Semaglutide - liraglutide - dulaglutide - exenatide - lixisenatide.

11. If no specific contraindications (i.e. no established CKD, low risk of hypoglycaemia and lower priority to avoid weight gain or no weight-related comorbidity).

12. Consider country- and region-specific cost of drugs. In some countries TZDs relatively more expensive and DPP-4i relatively cheaper.

2018 DAROC Clinical Practice Guidelines for Diabetes Care

若單一治療未達控制目標時，加上以下
不同機轉的抗糖尿病藥

SU/Glinide	AGI	TZD	DPP4i	SGLT2i	GLP1-RA	Basal insulin
效 果：佳 低血糖：中 體 重：增加 副作用：低血糖 心血管實證：缺	效 果：中等 低血糖：低 體 重：稍下降 副作用：腸胃道 心血管實證：中立	效 果：佳 低血糖：低 體 重：增加 副作用：水腫 心衰竭、骨折 心血管實證：有	效 果：中等 低血糖：低 體 重：無影響 副作用：少見 心血管實證：中立	效 果：中等 低血糖：低 體 重：下降 副作用：泌尿道 感染、脫水、骨折 心血管實證：有	效 果：佳 低血糖：低 體 重：下降 副作用：腸胃道 心血管實證：部分有	效 果：最佳 低血糖：高 體 重：增加 副作用：低血糖 心血管實證：中立

未達控制目標

再加上另一種不同機轉的抗糖尿病藥
(SU和Glinide不建議合併，DPP4i和GLP1-RA不建議合併)

未達控制目標

建議照會專科或強化注射型藥物治療



中華民國糖尿病學會
The Diabetes Association of the Republic of China (Taiwan)

2018 DAROC Clinical Practice Guidelines for Diabetes Care

除了 linagliptin 外，均需根據腎功能減少劑量。使用 vildagliptin 需注意肝功能的變化。二肽基酶 -4 抑制劑可和雙胍類、磺醯脲類和 thiazolidinedione 等藥物合併使用。對於心血管疾病的影響，目前證據顯示並不會增加發生率 [252-254]，但個別藥物對心臟衰竭風險的影響，例如 saxagliptin，仍待後續研究釐清 [252, 255, 256]。



DAROC Clinical Practice Guidelines for Diabetes Care- 2018, Taiwan, Diabetes Association of the R.O.C., 2018

CHOOSING GLUCOSE-LOWERING MEDICATION IN THOSE WITH ESTABLISHED ATHEROSCLEROTIC CARDIOVASCULAR DISEASE (ASCVD) OR CHRONIC KIDNEY DISEASE (CKD)



Consensus recommendation

- Among patients with ASCVD in whom HF coexists or is of special concern, **SGLT2 inhibitors** are recommended

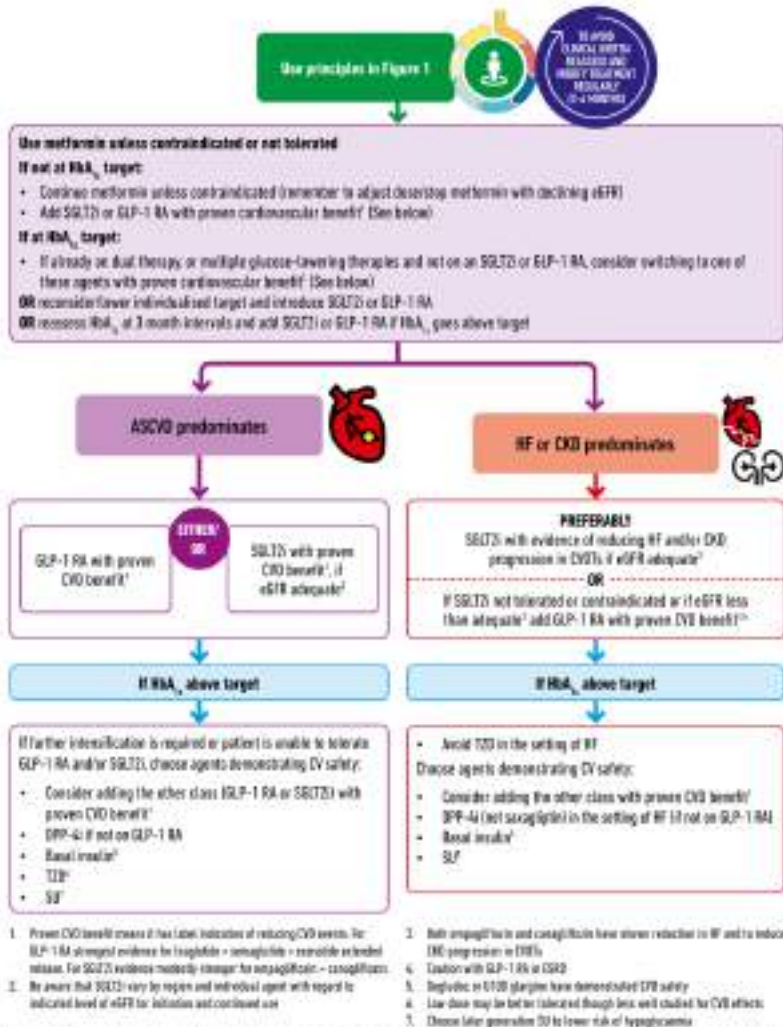
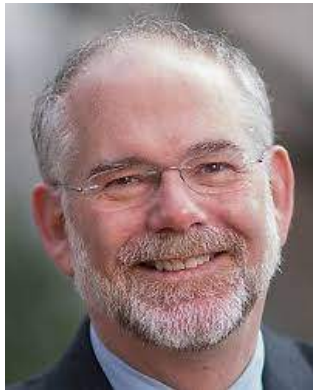


Fig. 3 Choosing glucose-lowering medication in those with established atherosclerotic cardiovascular disease (ASCVD) or chronic kidney disease (CKD)

Real-World Meta-Analysis of 4 Observational Database (Observe-4D)



John Buse, former ADA President

Comparative effectiveness of canagliflozin, SGLT2 inhibitors and non-SGLT2 inhibitors on the risk of hospitalization for heart failure and amputation in patients with type 2 diabetes mellitus: A real-world meta-analysis of 4 observational databases (OBSERVE-4D)

Patrick B. Ryan PhD¹ | John B. Buse MD² | Martijn J. Schuemie PhD¹ |
Frank DeFalco BA³ | Zhong Yuan MD, PhD¹ | Paul E. Stang PhD¹ | Jesse A. Berlin ScD⁴ |
Norman Rosenthal MD³

¹Janssen Research & Development, LLC, Titusville, New Jersey

²University of North Carolina School of Medicine, Department of Medicine, Chapel Hill, North Carolina

³Janssen Research & Development, LLC, Raritan, New Jersey

⁴Johnson & Johnson, Titusville, New Jersey

Correspondence

Patrick B. Ryan, PhD, Janssen Research & Development, LLC, 1125 Trenton Harbourton Road, Titusville, NJ 08560.
Email: pryan4@its.jnj.com

Funding information

This study was supported by Janssen Research & Development, LLC.

Aims: Sodium glucose co-transporter 2 inhibitors (SGLT2i) are indicated for treatment of type 2 diabetes mellitus (T2DM); some SGLT2i have reported cardiovascular benefit, and some have reported risk of below-knee lower extremity (BKLE) amputation. This study examined the real-world comparative effectiveness within the SGLT2i class and compared with non-SGLT2i anti-hyperglycaemic agents.

Materials and methods: Data from 4 large US administrative claims databases were used to characterize risk and provide population-level estimates of canagliflozin's effects on hospitalization for heart failure (HHF) and BKLE amputation vs other SGLT2i and non-SGLT2i in T2DM patients. Comparative analyses using a propensity score-adjusted new-user cohort design examined relative hazards of outcomes across all new users and a subpopulation with established cardiovascular disease.

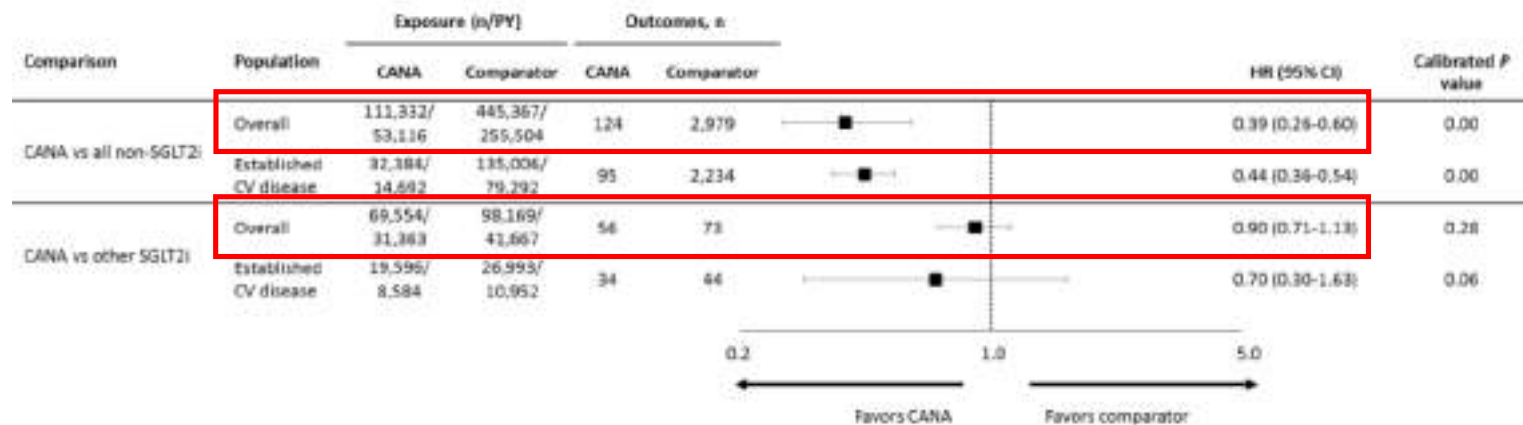
Results: Across the 4 databases (142 800 new users of canagliflozin, 110 897 new users of other SGLT2i, 460 885 new users of non-SGLT2i), the meta-analytic hazard ratio estimate for

Real-World Meta-Analysis of >700,000 US T2DM Patients in 4 Observational Databases (OBSERVE-4D)

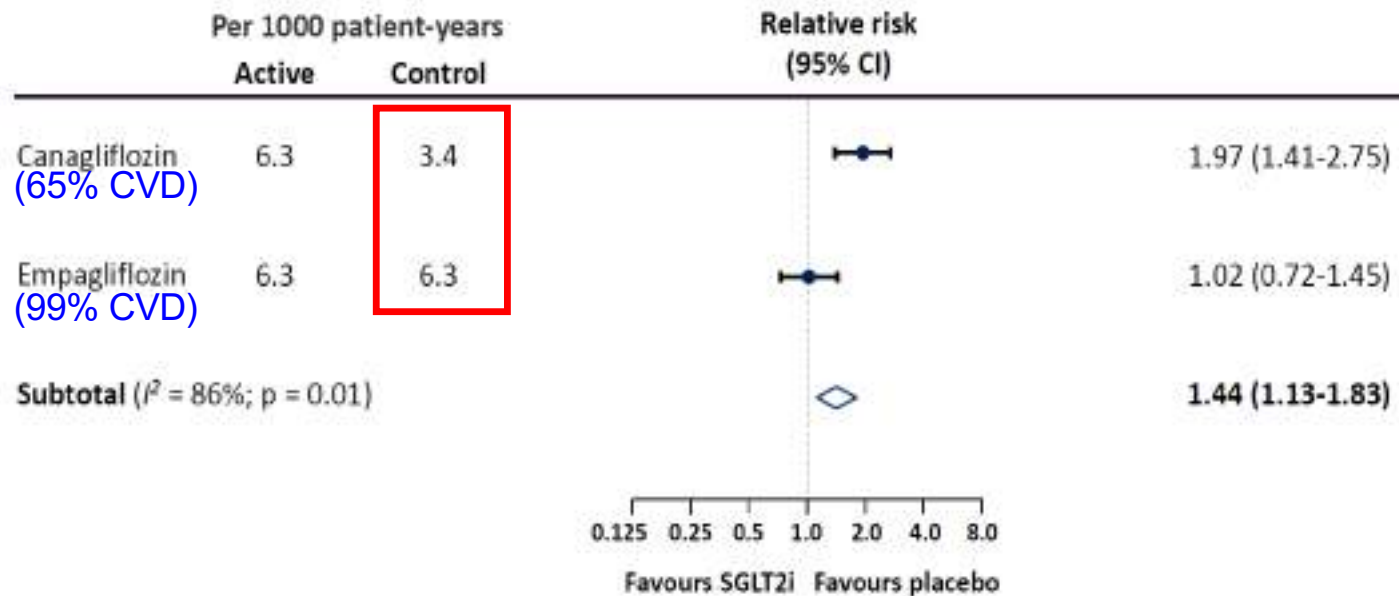
- HHF(Hospitalization of Heart Failure)

CANA vs Non-SGLT2i ; HR = 0.39 (P<0.01)

CANA vs Other-SGLT2i ; HR = 0.90 (P=0.28)



Amputation : CANVAS vs EMPA-REG



(20% CVD)

Country	Year of Registration	Number of Patients	Annual Incidence (%/yr)	
			Foot Ulcer	Amputation
America ¹⁾	1993–95	8,905	1.9	0.3(3/1000p-yr)

N Engl J Med 2017; 377:644-657 (Ref. 9) N Engl J Med 2015; 373:2117-28 (Ref. 12)

Truven MarketScan Database for Amputation Risk with AHAs



Received: 17 July 2017 | Revised: 28 August 2017 | Accepted: 1 September 2017

DOI: 10.1111/dom.13115

WILEY

ORIGINAL ARTICLE

Risk of lower extremity amputations in people with type 2 diabetes mellitus treated with sodium-glucose co-transporter-2 inhibitors in the USA: A retrospective cohort study

Zhong Yuan MD, PhD¹  | Frank J. DeFalco BA² | Patrick B. Ryan PhD¹ |
Martijn J. Schuemie PhD¹ | Paul E. Stang PhD¹ | Jesse A. Berlin ScD³ | Mehul Desai MD²  |
Norm Rosenthal MD²

¹Janssen Research & Development, LLC, Titusville, New Jersey

²Janssen Research & Development, LLC, Raritan, New Jersey

³Johnson & Johnson, Titusville, New Jersey

Correspondence

Zhong Yuan, MD, PhD, Janssen Research & Development, LLC, 1115 State Street, Titusville, NJ 08854, USA

Aims: To examine the incidence of amputation in patients with type 2 diabetes mellitus (T2DM) treated with sodium glucose co-transporter 2 (SGLT2) inhibitors overall, and canagliflozin specifically, compared with non-SGLT2 inhibitor antihyperglycaemic agents (AHAs).

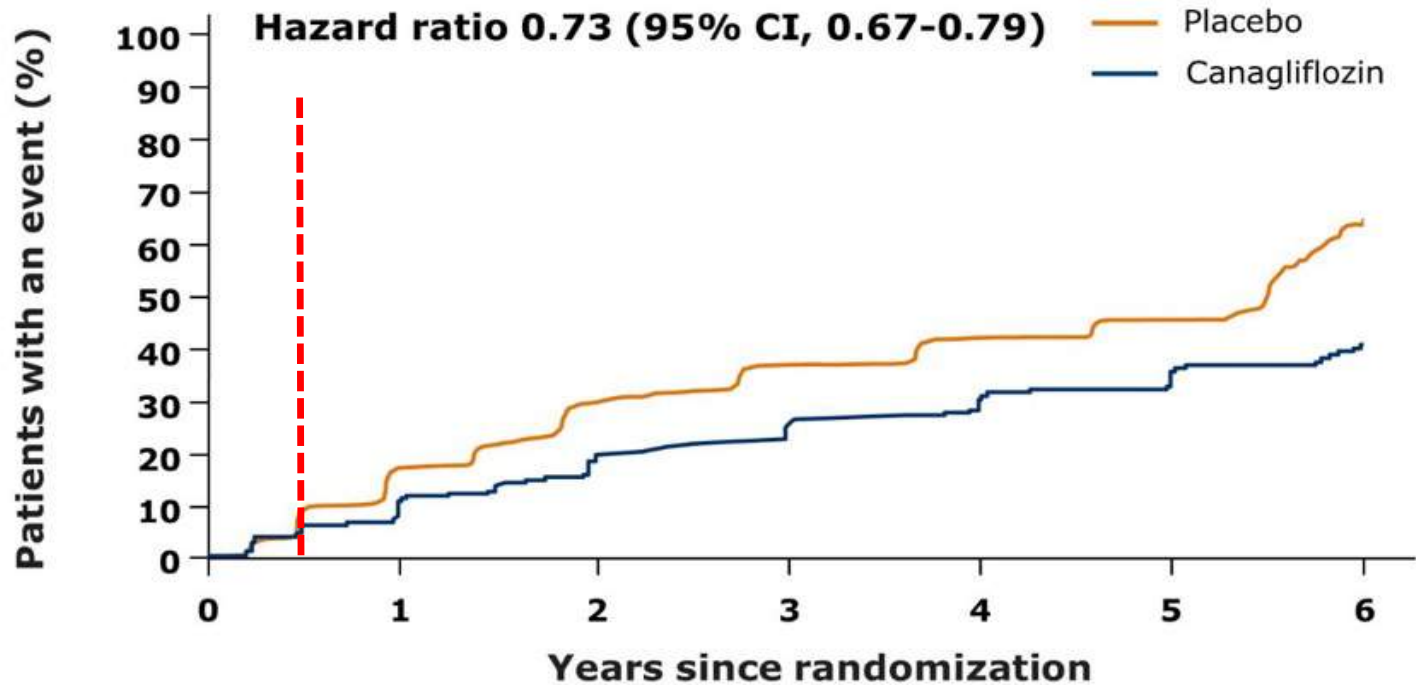
Materials and Methods: Patients with T2DM newly exposed to SGLT2 inhibitors or non-SGLT2 inhibitor AHAs were identified using the Truven MarketScan database. The incidence of below-knee lower extremity (BKLE) amputation was calculated for patients treated with SGLT2

Risk of lower extremity amputations in people with T2DM treated with SGLT2i in the USA

TABLE 1 Crude incidence rate of BKLE amputation from the Truven MarketScan CCAE database

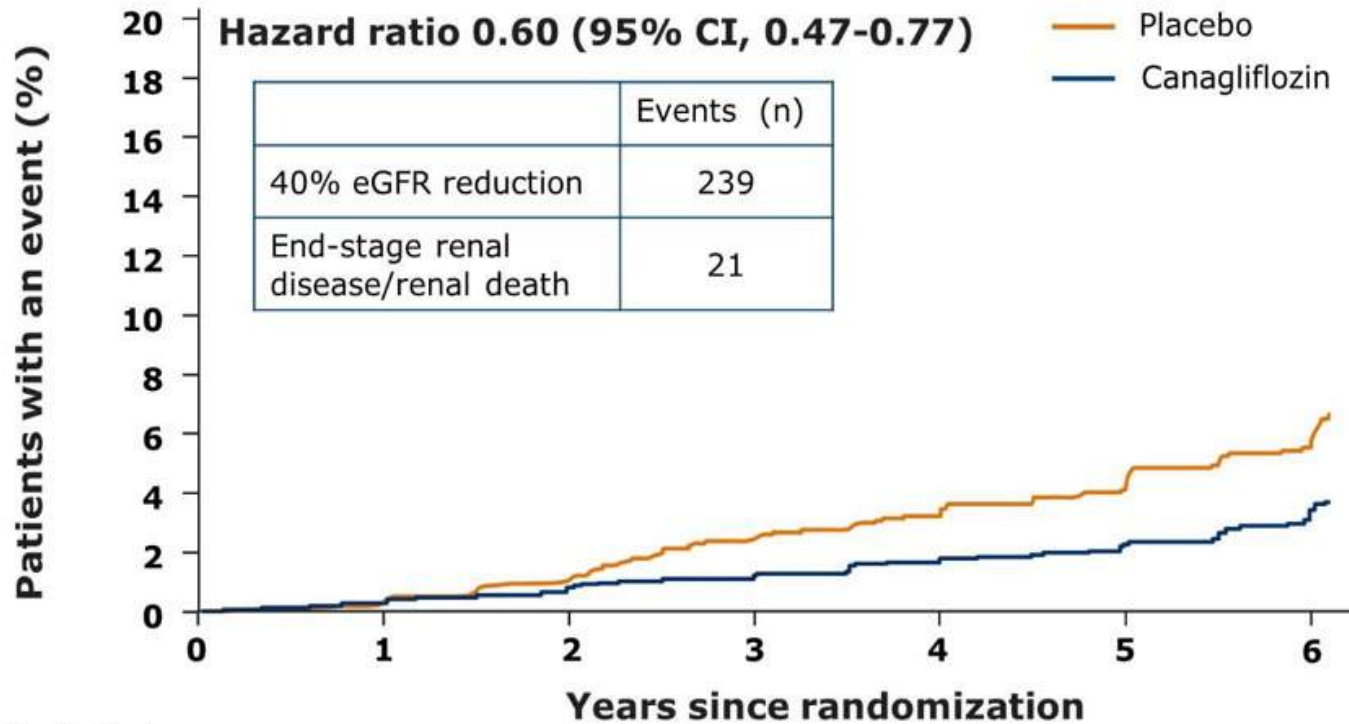
New users cohort	Number of exposed persons	Persons with amputation before exposure	Person-years at risk	Persons with BKLE amputation post-exposure	Incidence rate, per 1000 person-years
Overall					
SGLT2 inhibitors	119 567	225	140 145	171	1.22
Canagliflozin	73 024	139	95 422	120	1.26
Dapagliflozin	39 117	76	38 541	37	0.96
Empagliflozin	24 433	55	17 930	25	1.39
Non-SGLT2 inhibitor AHA	226 623	722	283 406	530	1.87
High CV risk					
SGLT2 inhibitors	25 781	120	30 050	61	2.03
Canagliflozin	15 850	75	20 594	41	1.99
Dapagliflozin	8045	46	7829	10	1.28
Empagliflozin	5568	22	4098	14	3.42
Non-SGLT2 inhibitor AHA	48 483	357	58 903	194	3.29
Non-high CV risk					
SGLT2 inhibitors	93 786	105	110 095	110	1.00
Canagliflozin	57 174	64	74 827	79	1.06
Dapagliflozin	31 072	30	30 712	27	0.88
Empagliflozin	18 865	33	13 831	11	0.80
Non-SGLT2 inhibitor AHA	178 140	365	224 503	336	1.50

Progression of Albuminuria



No. of patients								
Placebo	3819	3096	1690	724	626	548	303	
Canagliflozin	5196	4475	2968	1730	1528	1354	775	
Intent-to-treat analysis								

Composite of 40% Reduction in eGFR, End-stage Renal Disease, or Renal Death



No. of patients

Placebo	4347	4227	3029	1274	1229	1173	819
Canagliflozin	5795	5664	4454	2654	2576	2495	1781

Intent-to-treat analysis

Primary & Secondary Prevention : Result of CANVAS

ORIGINAL RESEARCH ARTICLE



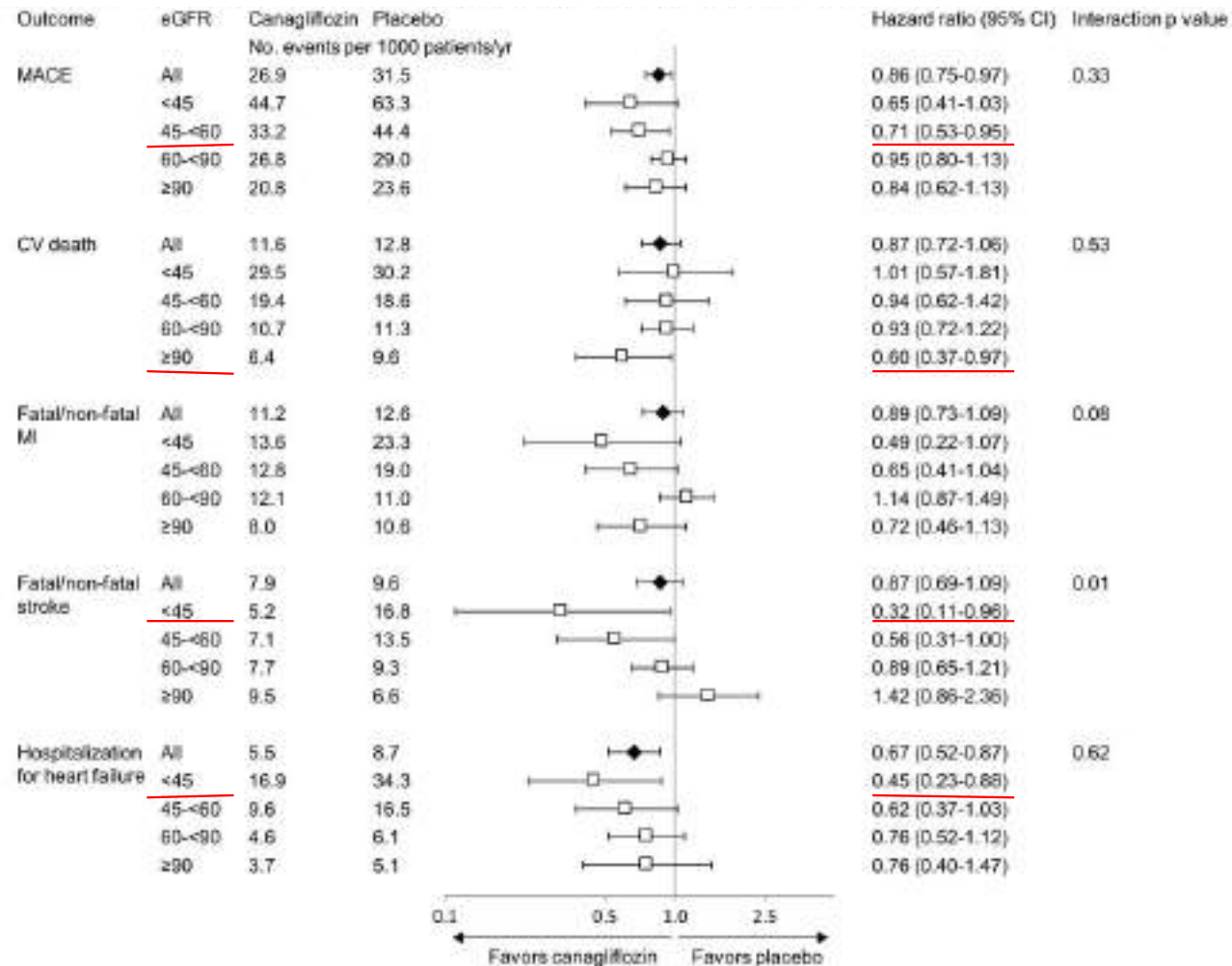
ORIGINAL RESEARCH
ARTICLE

Canagliflozin for Primary and Secondary Prevention of Cardiovascular Events

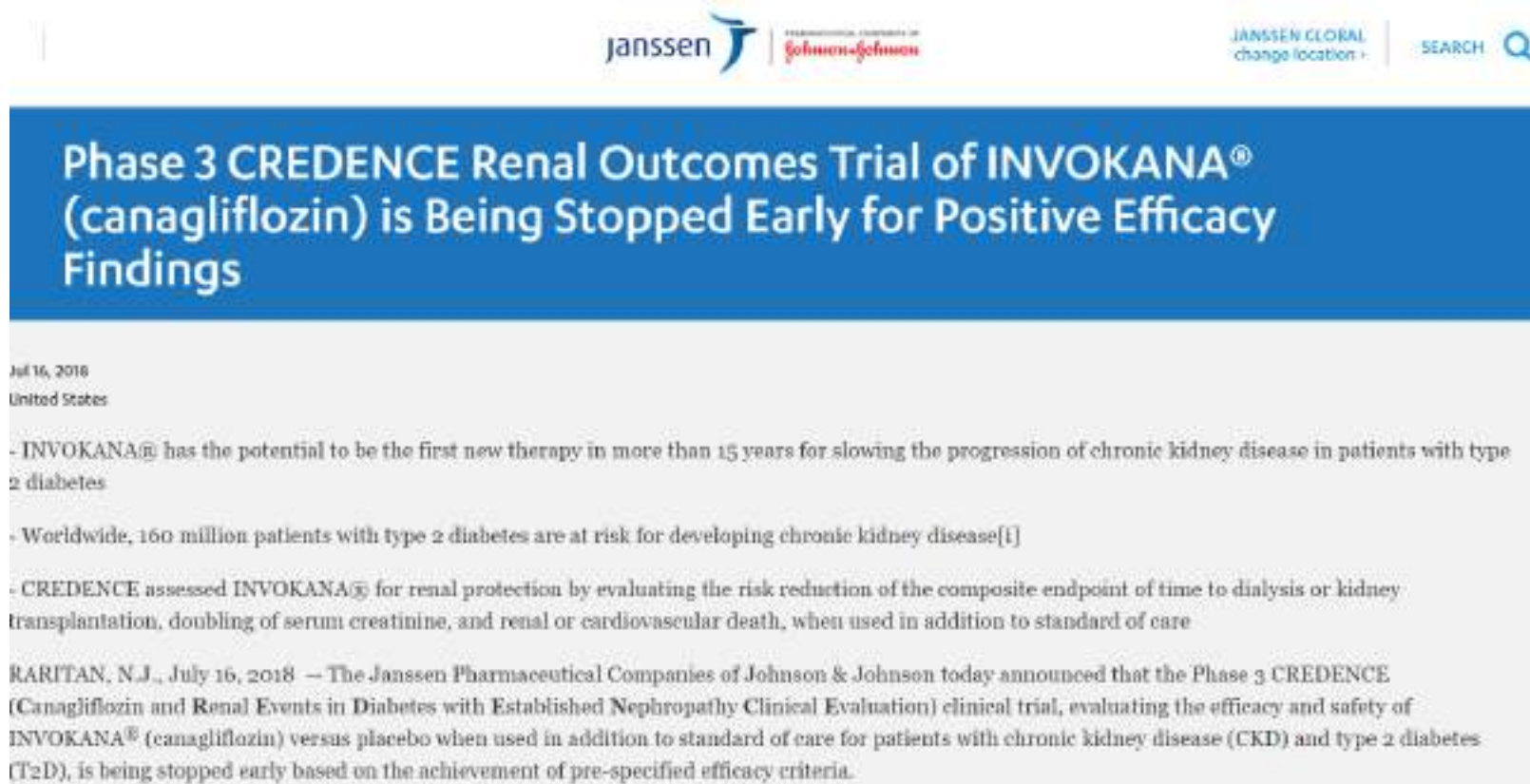
Results From the CANVAS Program (Canagliflozin Cardiovascular Assessment Study)

CONCLUSIONS: Patients with type 2 diabetes mellitus and prior cardiovascular events had higher rates of cardiovascular outcomes compared with the primary prevention patients. Canagliflozin reduced cardiovascular and renal outcomes with no statistical evidence of heterogeneity of the treatment effect across the primary and secondary prevention groups. Additional studies will provide further insights into the effects of canagliflozin in these patient populations.

CV Outcome by baseline eGFR Result of CANVAS



6 5 CREDESCENCE Study Early Termination for Positive Findings



The image is a screenshot of a press release from Janssen. At the top, there are logos for Janssen and Johnson & Johnson, along with a search bar and a 'change location' link. The main heading is 'Phase 3 CREDESCENCE Renal Outcomes Trial of INVOKANA® (canagliflozin) is Being Stopped Early for Positive Efficacy Findings'. Below the heading, the date 'Jul 16, 2018' and location 'United States' are listed. The body of the text contains three bullet points: 1) INVOKANA® has the potential to be the first new therapy in more than 15 years for slowing the progression of chronic kidney disease in patients with type 2 diabetes; 2) Worldwide, 160 million patients with type 2 diabetes are at risk for developing chronic kidney disease; 3) CREDESCENCE assessed INVOKANA® for renal protection by evaluating the risk reduction of the composite endpoint of time to dialysis or kidney transplantation, doubling of serum creatinine, and renal or cardiovascular death, when used in addition to standard of care. A paragraph at the bottom states that the trial is being stopped early based on the achievement of pre-specified efficacy criteria.

janssen | JOHNSON & JOHNSON

JANSSEN GLOBAL
change location | SEARCH

Phase 3 CREDESCENCE Renal Outcomes Trial of INVOKANA® (canagliflozin) is Being Stopped Early for Positive Efficacy Findings

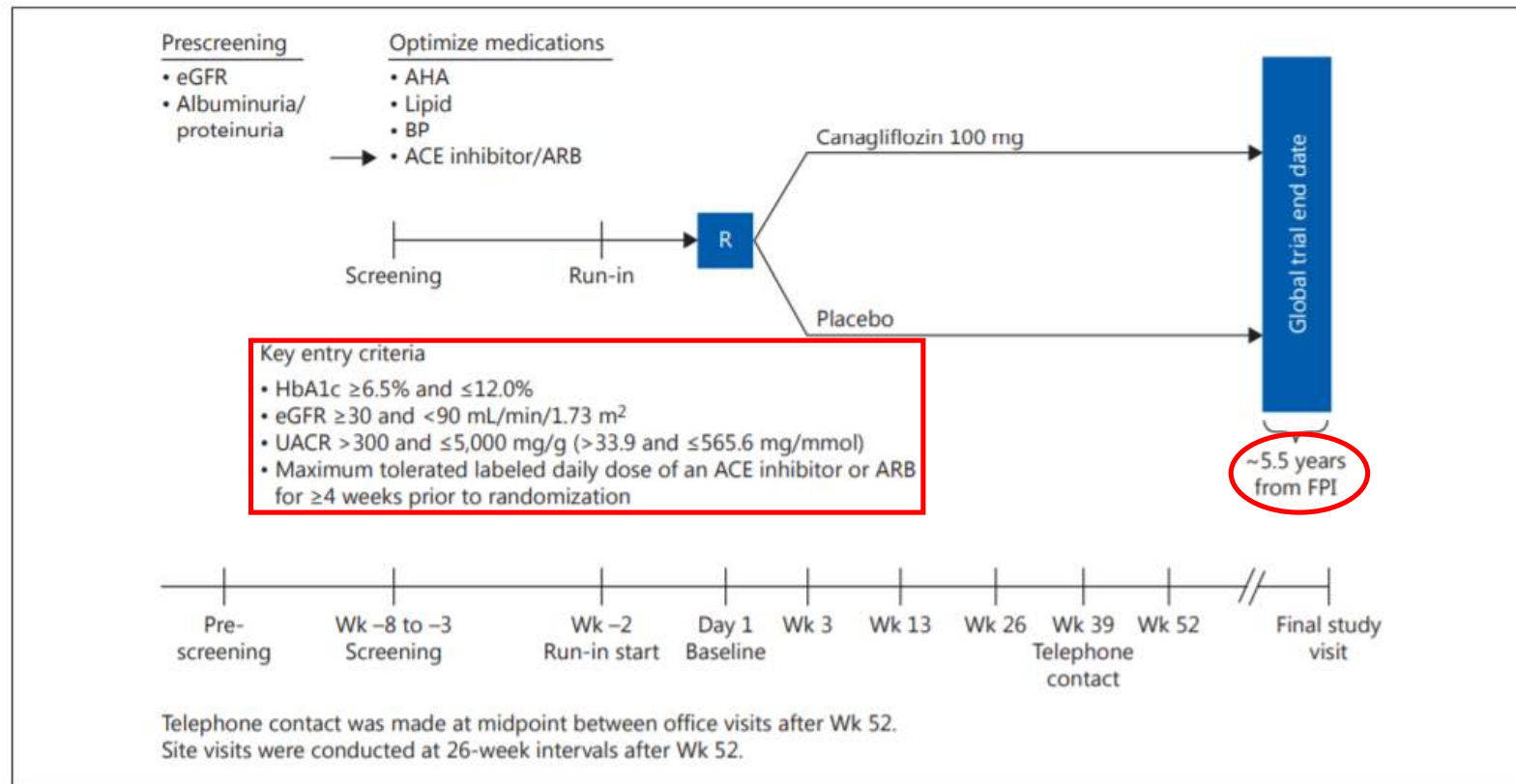
Jul 16, 2018
United States

- INVOKANA® has the potential to be the first new therapy in more than 15 years for slowing the progression of chronic kidney disease in patients with type 2 diabetes
- Worldwide, 160 million patients with type 2 diabetes are at risk for developing chronic kidney disease[1]
- CREDESCENCE assessed INVOKANA® for renal protection by evaluating the risk reduction of the composite endpoint of time to dialysis or kidney transplantation, doubling of serum creatinine, and renal or cardiovascular death, when used in addition to standard of care

RARITAN, N.J., July 16, 2018 — The Janssen Pharmaceutical Companies of Johnson & Johnson today announced that the Phase 3 CREDESCENCE (Canagliflozin and Renal Events in Diabetes with Established Nephropathy Clinical Evaluation) clinical trial, evaluating the efficacy and safety of INVOKANA® (canagliflozin) versus placebo when used in addition to standard of care for patients with chronic kidney disease (CKD) and type 2 diabetes (T2D), is being stopped early based on the achievement of pre-specified efficacy criteria.

<https://www.janssen.com/phase-3-credence-renal-outcomes-trial-invokana-canagliflozin-being-stopped-early-positive-efficacy>

6 6 CREDESCENCE Study Design



Patient Enrollment and End Points

CREDENCE

Evaluation of Canagliflozin on Renal and CV Outcomes in Participants With Diabetic Nephropathy

The Canagliflozin and Renal Endpoints in Diabetes with Established Nephropathy Clinical Evaluation (CREDENCE) trial

Randomized, double-blind, placebo-controlled, event-driven trial
Estimated enrollment: 4401

Inclusion Criteria:

- Adults ≥ 30 years of age on stable maximum tolerated daily dose of an ACE inhibitor or ARB for at least 4 weeks prior to randomization
- $HbA_{1c} = \geq 6.5\%$ to $\leq 12.0\%$; $eGFR: \geq 30$ to < 90 mL/min/1.73 m²; urine albumin/creatinine: > 300 to ≤ 5000 mg/g

Placebo

Canagliflozin 100 mg/d

Primary composite end point: time to 1st occurrence of ESKD, doubling of serum creatinine, renal or CV death

Secondary CV composite end point: time to 1st occurrence of CV death, nonfatal MI, nonfatal stroke, hospitalized CHF and hospitalized UA

Secondary renal composite end point: to 1st occurrence of ESKD, doubling of serum creatinine, and renal death

Rationale, Design, and Expected Results

● Background

-The effects of canagliflozin on kidney and CV events have not been studied in T2DM patients with established kidney disease.

● Objective

-CREDESCENCE trial aims to compare the efficacy and safety of canagliflozin vs placebo at preventing kidney and CV outcomes in T2DM patients with kidney disease.

● Methods

- CREDESCENCE is a randomized, double-blind, event-driven, placebo-controlled trial set in in 34 countries with a projected duration of ~5.5 years and enrolling 4,401 patients.
- **Primary outcome: the composite of end-stage kidney disease, doubling of serum creatinine, and renal or cardiovascular death.**

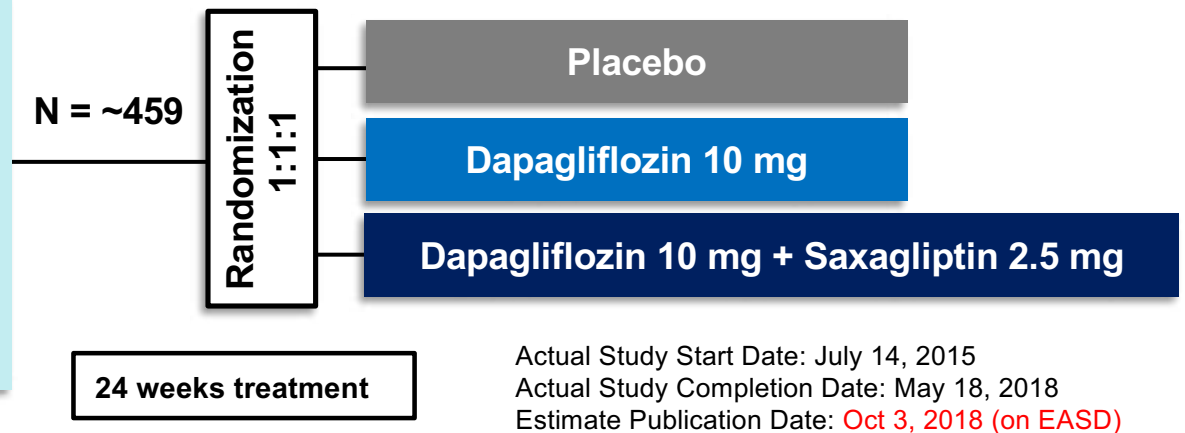
● Conclusion

- CREDESCENCE will provide definitive evidence about the effects of canagliflozin on renal (and cardiovascular) outcomes in patients with T2DM and established kidney disease.

DELIGHT: Study to Evaluate the Effect of Dapagliflozin With and Without Saxagliptin on Albuminuria, and to Investigate the Effect of Dapagliflozin and Saxagliptin on HbA1c in Patients With Type 2 Diabetes and CKD

Population:

- ≥18 years of age
- History of T2DM for more than 12 months
- HbA1c ≥7.0% and ≤11.0%
- eGFR 25–75 mL/min/1.73m²
- Micro or macroalbuminuria (UACR 30 - 3500 mg/g)
- Treatment with ACE inhibitor or an ARB for at least 3 months prior to screening



Primary endpoint:

- Change in HbA1c (dapagliflozin 10 mg + saxagliptin 2.5 mg) [Time Frame: From baseline up to 24 weeks of treatment]
- Percent change in Urine albumin to creatinine ratio (UACR) (dapagliflozin 10 mg + saxagliptin 2.5 mg) [Time Frame: From baseline up to 24 weeks of treatment] (dapagliflozin 10 mg) [Time Frame: From baseline up to 24 weeks of treatment]

Secondary endpoints:

- Percent change in total body weight, FPG
- Proportion of patients that achieve 30% reduction in UACR, HbA1c <7%
- Change in seated SBP, HbA1c

原本預計發表的DELIGHT，因為還在進一步分析，EASD上沒有發表。

CANVAS 試驗結論

CANVAS 試驗結論



14

降低**14%**的**整體**風險 (3-Point MACE) · 包含因心血管疾病死亡(13%)、非致死性心肌梗塞(15%)、或非致死性中風(10%)

33

降低**33%** 因心臟衰竭
住院風險

27

延緩**27%**蛋白尿
惡化情形

CHOOSING GLUCOSE-LOWERING MEDICATION IN THOSE WITH ESTABLISHED ATHEROSCLEROTIC CARDIOVASCULAR DISEASE (ASCVD) OR CHRONIC KIDNEY DISEASE (CKD)



Consensus recommendation

- For patients with type 2 diabetes and CKD, with or without CVD, consider the use of an **SGLT2 inhibitor** shown to reduce CKD progression or, if contraindicated or not preferred, a **GLP-1 receptor agonist** shown to reduce CKD progression

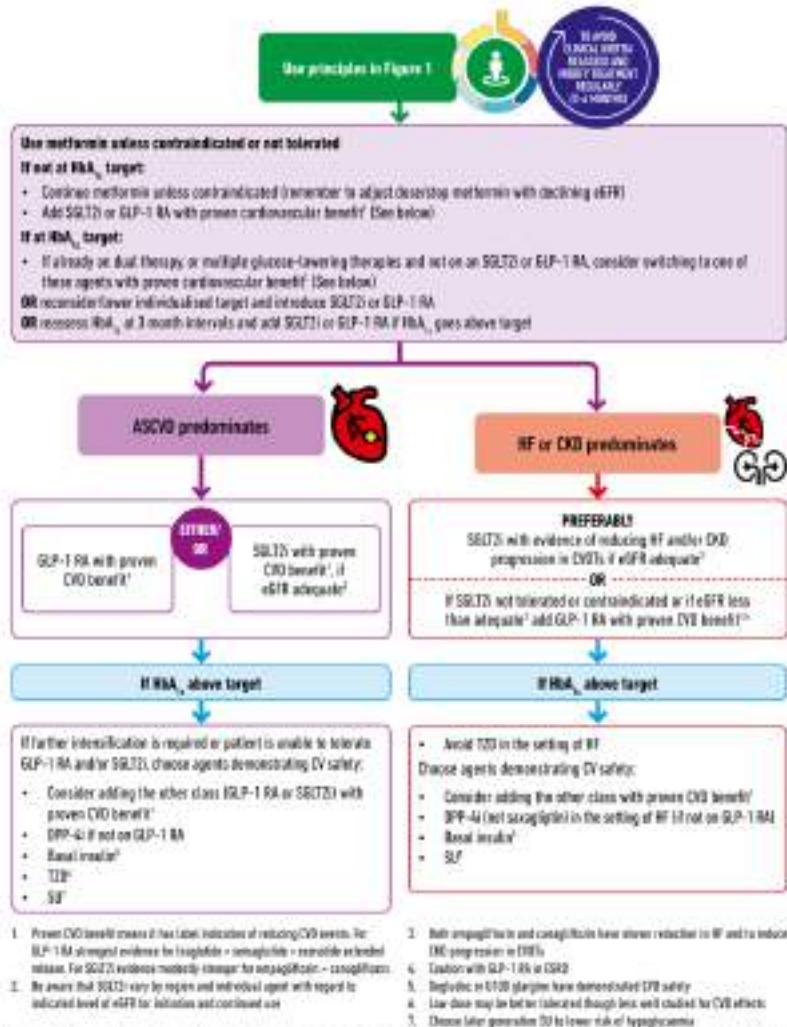


Fig. 3 Choosing glucose-lowering medication in those with established atherosclerotic cardiovascular disease (ASCVD) or chronic kidney disease (CKD)

Energy Balance after SGLT2 inhibition

RESULTS

At week 90, weight loss averaged -3.2 ± 4.2 kg (corresponding to a median calorie deficit of 51 kcal/day [interquartile range (IQR) 112]). However, the observed calorie loss through glycosuria (206 kcal/day [IQR 90]) was predicted to result in a weight loss of -11.3 ± 3.1 kg, assuming no compensatory changes in energy intake. Thus, patients lost only $29 \pm 41\%$ of the weight loss predicted by their glycosuria; the model indicated that this difference was accounted for by a



Body weight was stable after 24 weeks

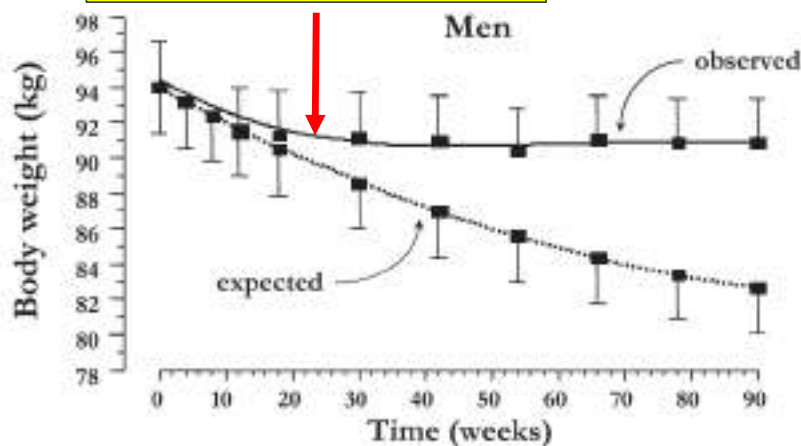


Figure 2—Time course of observed and predicted (by glycosuria) weight loss in men and women with T2DM treated with empagliflozin (25 mg/day) for 90 weeks. Plots are mean \pm SEM.

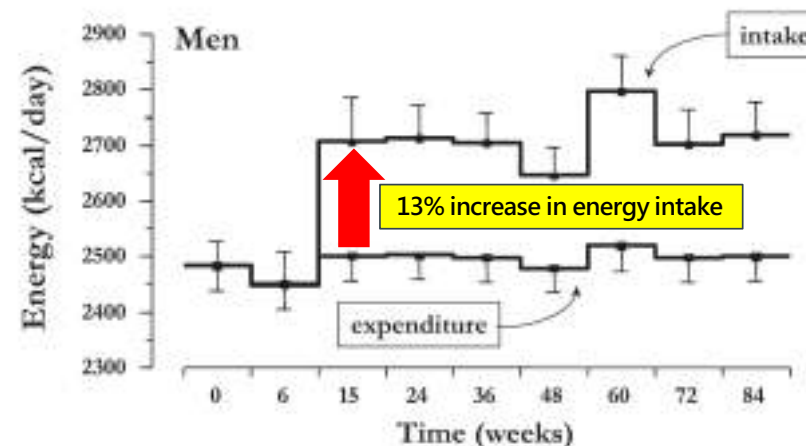
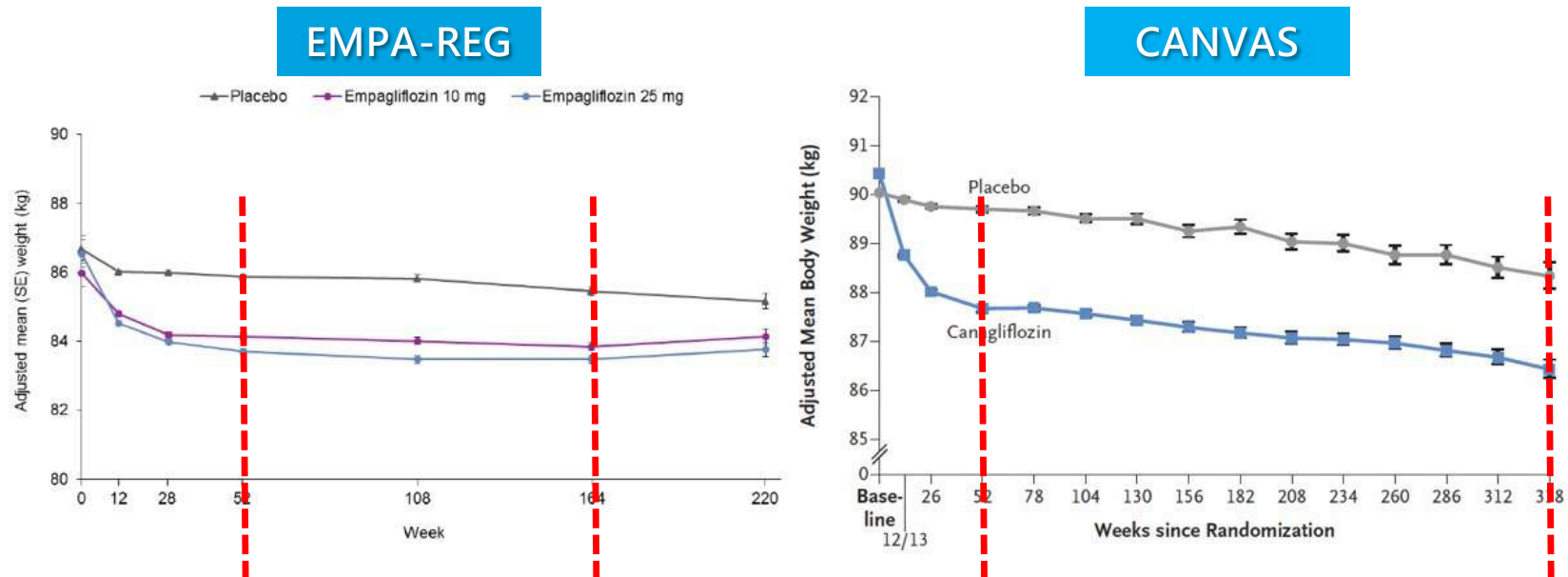


Figure 3—Calculated rates of energy intake and TDEE in men and women with T2DM treated with empagliflozin (25 mg/day) for 90 weeks. Plots are mean \pm SEM averaged over the indicated time intervals.

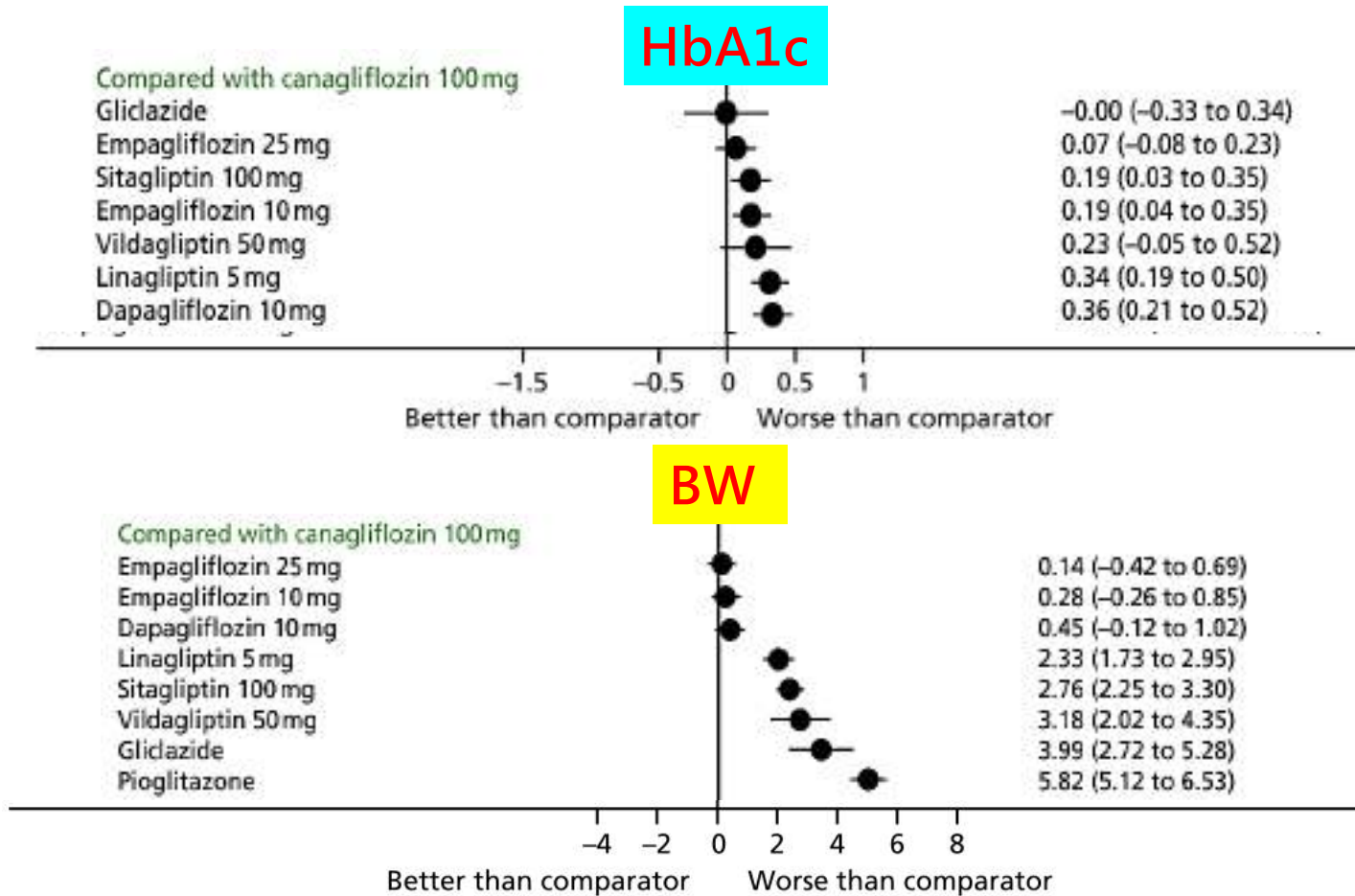
EMPA-REG vs CANVAS : Body Weight

Body weight



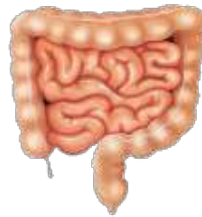
N Engl J Med 2017; 377:644-657 (Ref. 9)
N Engl J Med 2015; 373:2117-28 (Ref. 12)

Canagliflozin, dapagliflozin and empagliflozin for treating type 2 diabetes: Network Meta-analysis



Effect of SGLT1 / SGLT2

Intestine SGLT1



- Main uptake mechanism for glucose and galactose in the intestine
- S2 and S3 segments of the proximal renal tubule are responsible for ~10% of the renal glucose re-absorption
- **High-affinity** ($K_m = \sim 0.5$ mM), low-capacity transporter which transfers glucose and sodium with a Na^+ :glucose coupling ratio of 2

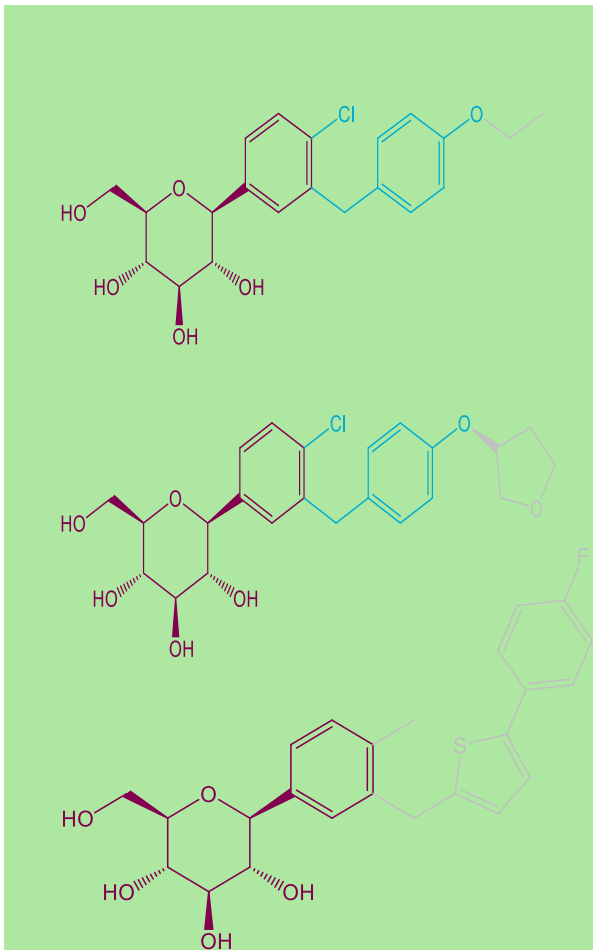
Kidney SGLT2



- Almost completely expressed in the brush-border membrane of proximal renal tubular cells in the S1 + S2 segment
- Responsible for ~90% of the total renal glucose re-absorption
- **Low-affinity** ($K_m = \sim 2$ mM), high-capacity transporter which transfers glucose and sodium with a Na^+ :glucose coupling ratio of 1

1. Chao EC and Henry RR. *Nat Rev Drug Discov.* 2010;9:551–559;
2. Mather A and Pollock C. *Kidney Int Suppl.* 2011;(120):S1–6;
3. Wright EM, et al. *J Intern Med.* 2007;261:32–43.

Structure and selectivity profiles for SGLT2 over SGLT1



Dapagliflozin

Selectivity
SGLT-1 : SGLT-2

1:1,200

Empagliflozin

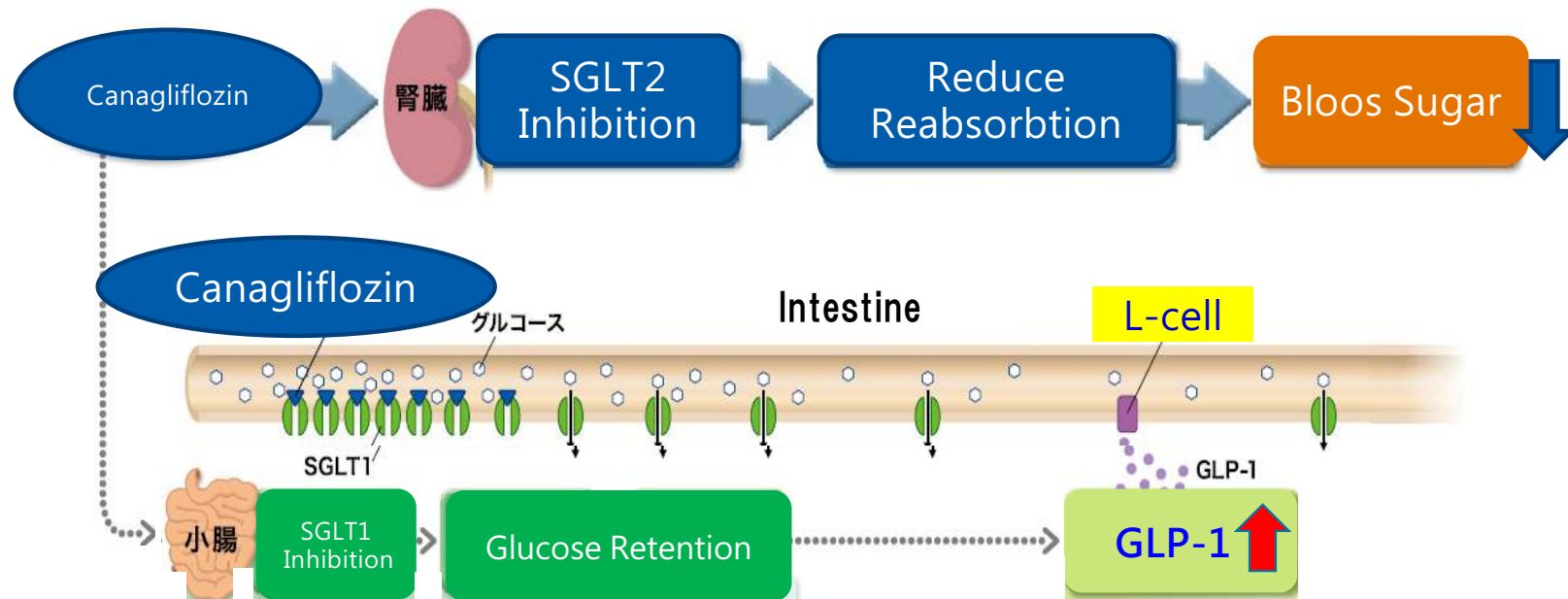
1:2,500

Canagliflozin

1:414

Singh AK et al. Indian J Endocrinol Metab. 2015 Nov-Dec;19(6):722-30 (Ref. 16)

Canagliflozin increase aGLP-1 through SGLT1 inhibition



Canagliflozin Lowers Postprandial Glucose and Insulin by Delaying Intestinal Glucose Absorption in Addition to Increasing Urinary Glucose Excretion

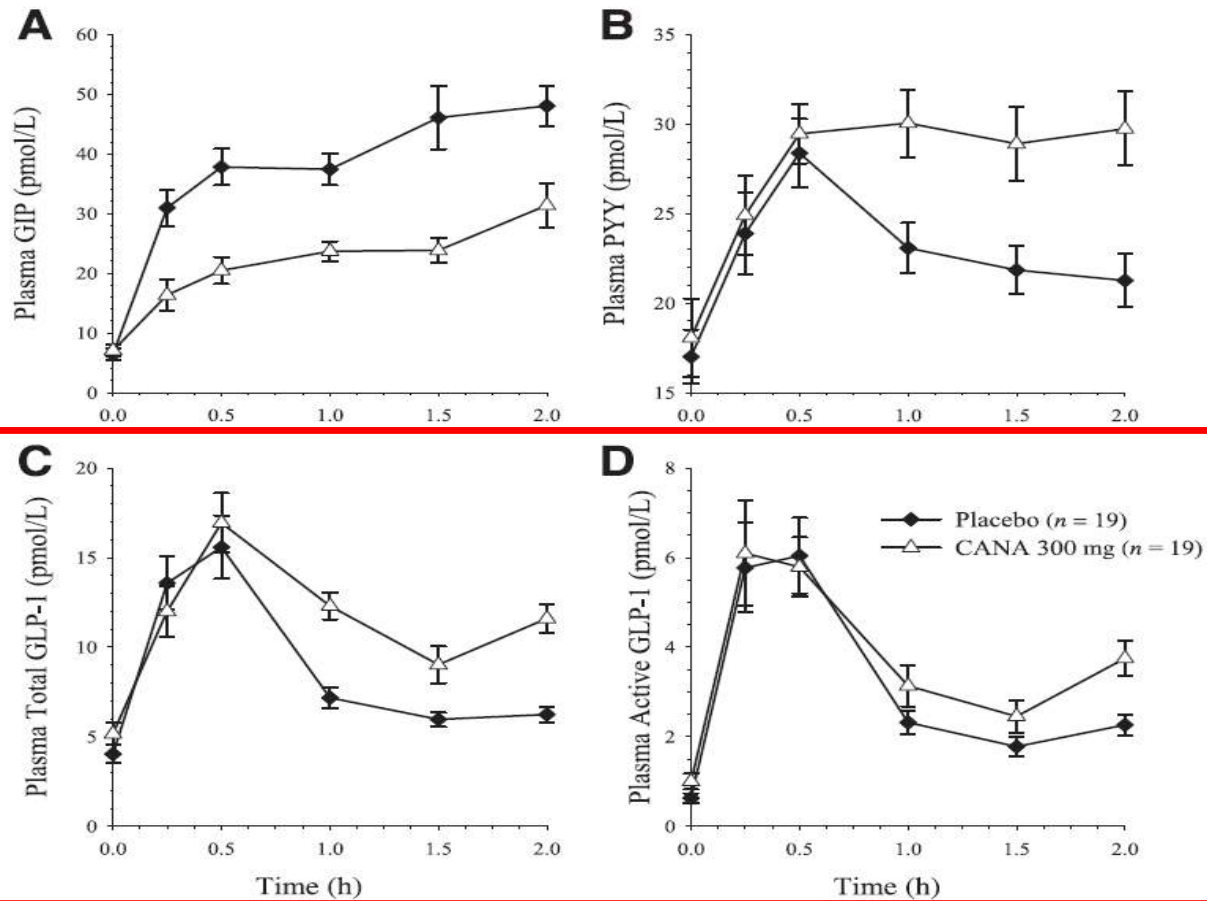
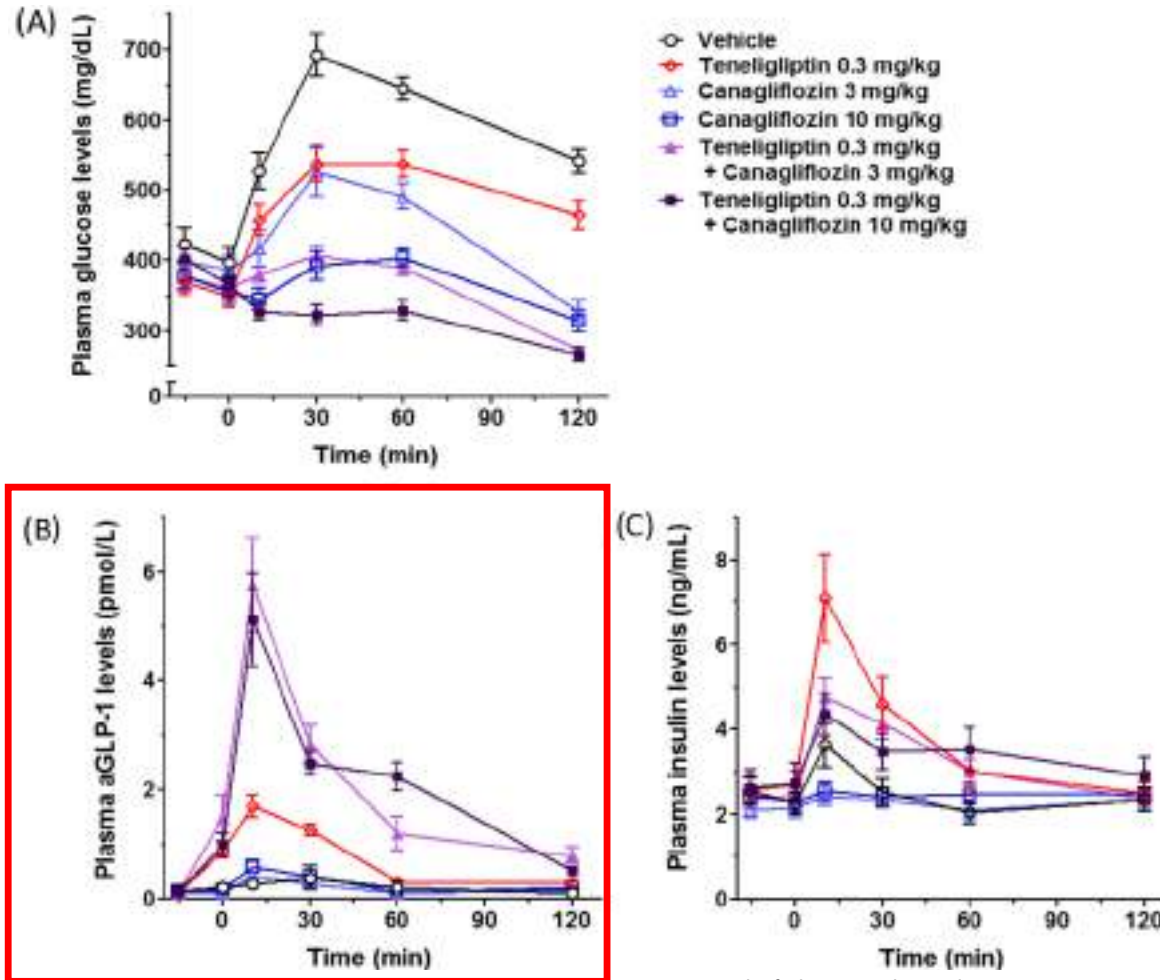
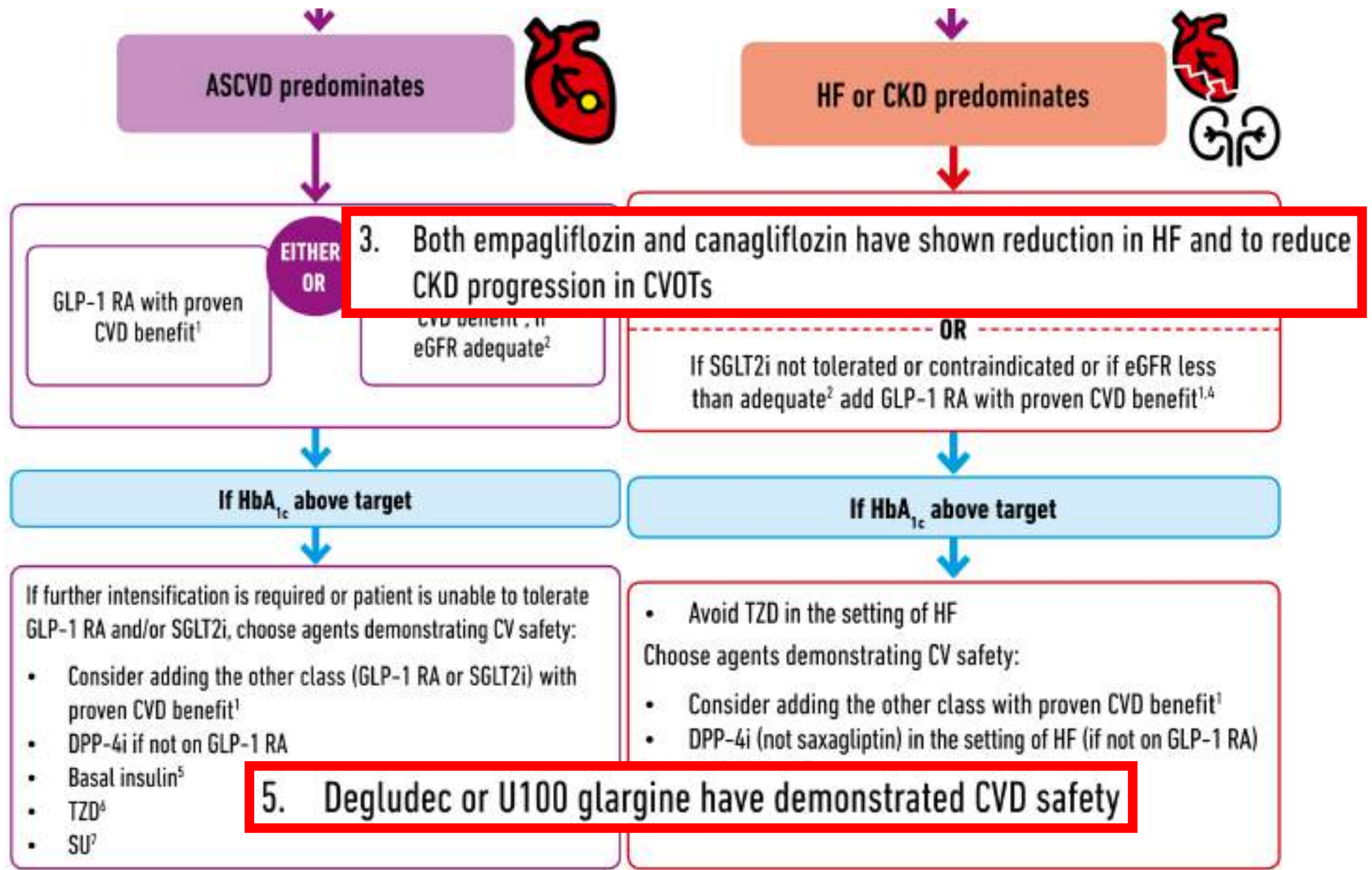


Figure 3—Mean \pm SEM plasma concentration-time profiles of GIP (A), PYY (B), total GLP-1 (C), and active GLP-1 (D). CANA, canagliflozin.

Diabetes Care 36:2154–2161, 2013 (Ref. 17)

Effects of treatment with a combination of canagliflozin and teneligliptin during OGTT in ZDF rats





ASCVD predominates



HF or CKD predominates



EITHER OR

3. Both empagliflozin and canagliflozin have shown reduction in HF and to reduce CKD progression in CVOTs

GLP-1 RA with proven CVD benefit¹

CVD benefit, if eGFR adequate²

OR

If SGLT2i not tolerated or contraindicated or if eGFR less than adequate² add GLP-1 RA with proven CVD benefit^{1,4}

If HbA_{1c} above target

If HbA_{1c} above target

If further intensification is required or patient is unable to tolerate GLP-1 RA and/or SGLT2i, choose agents demonstrating CV safety:

- Consider adding the other class (GLP-1 RA or SGLT2i) with proven CVD benefit¹
- DPP-4i if not on GLP-1 RA
- Basal insulin⁵
- TZD⁶
- SU⁷

- Avoid TZD in the setting of HF

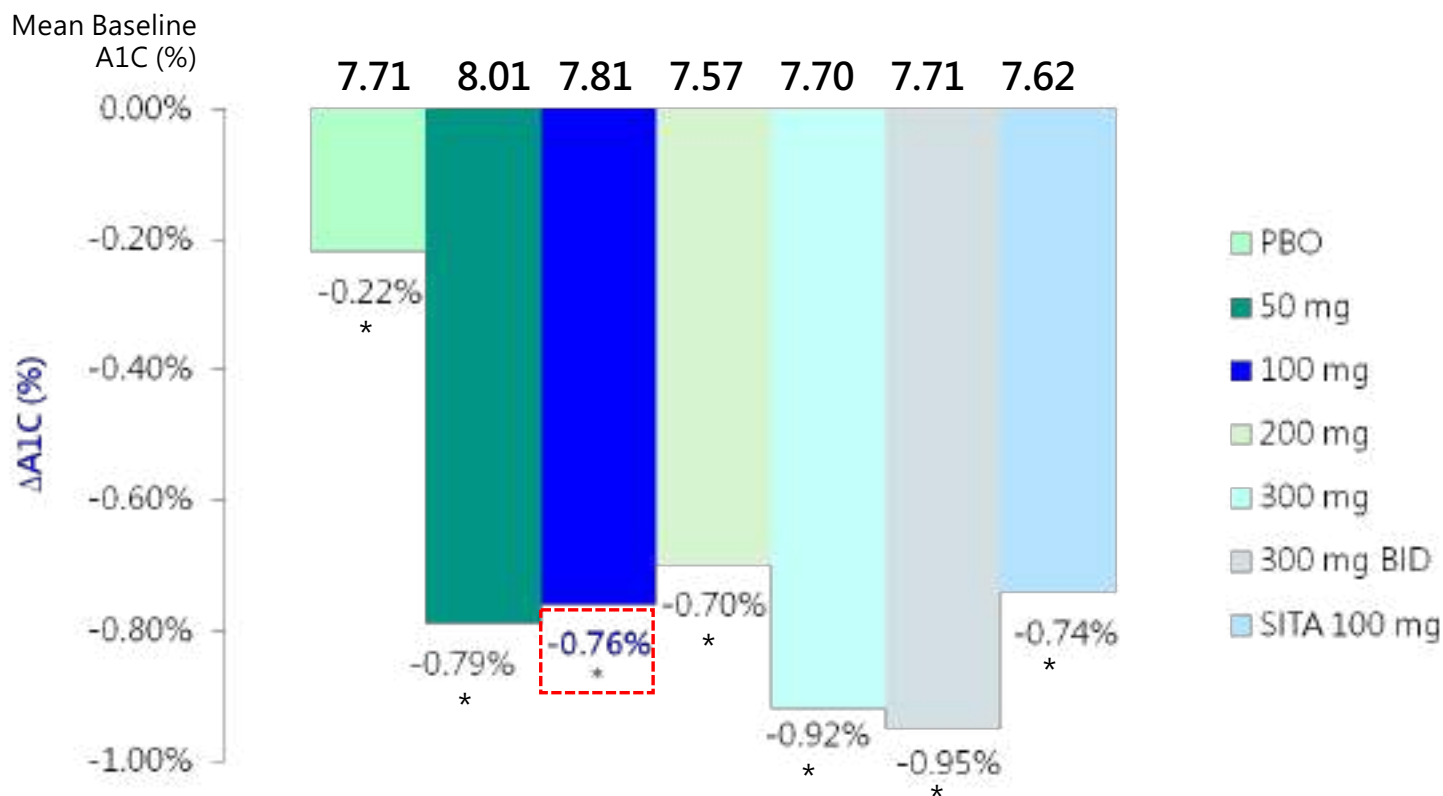
Choose agents demonstrating CV safety:

- Consider adding the other class with proven CVD benefit¹
- DPP-4i (not saxagliptin) in the setting of HF (if not on GLP-1 RA)

5. Degludec or U100 glargine have demonstrated CVD safety

Efficacy of Canagliflozin

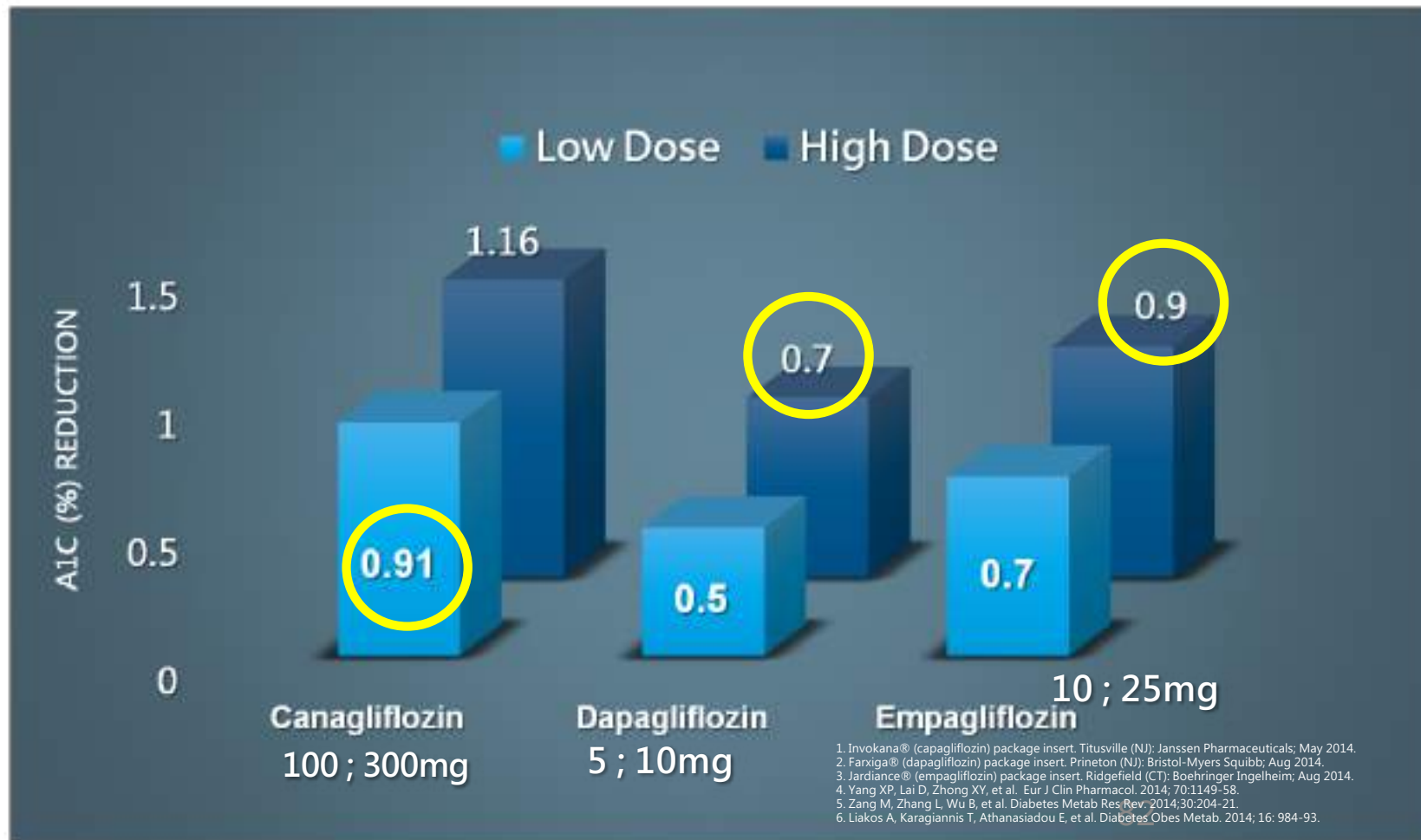
Metformin + Canagliflozin Dose-Ranging Study



*P<.001 vs. placebo calculated using LS means

Diabetes Care 35:1232–1238, 2012 (Ref. 4)

Monotherapy : A1c Reductions



Intensifying To Injectable Therapy



GLP-1 receptor agonists

basal insulin

prandial insulin

insulin

GLP-1 receptor agonists/basal insulin (fixed ratio combination)

premixed insulin

DSMES

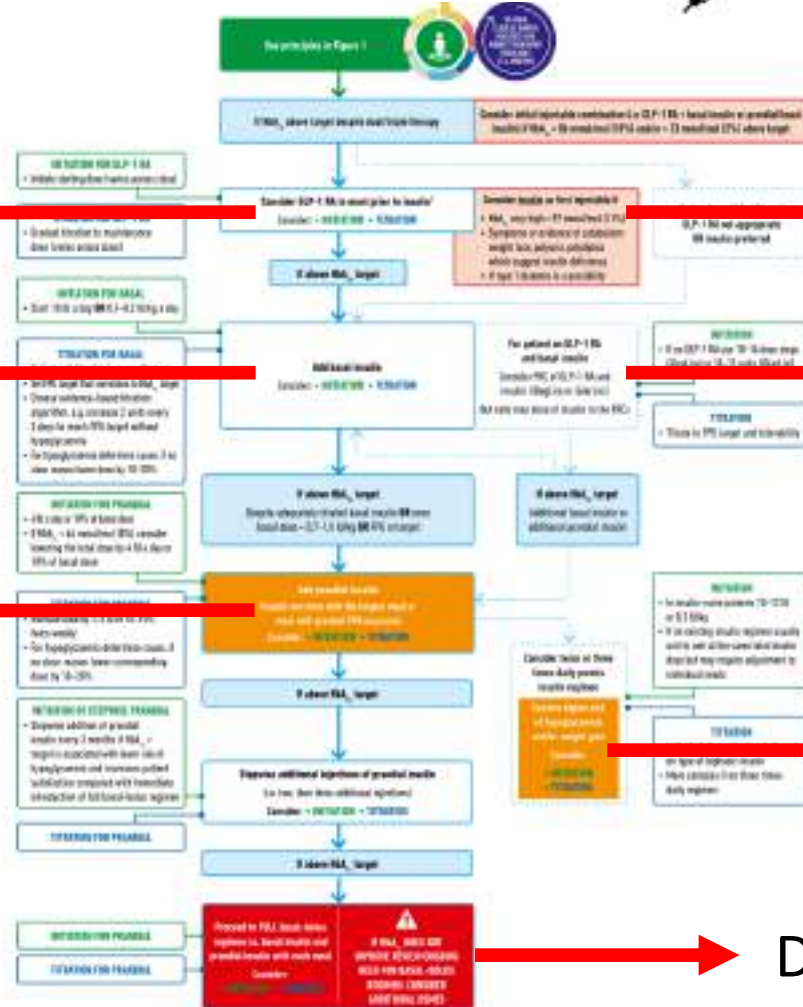


Fig. 7 Intensifying to injectable therapy

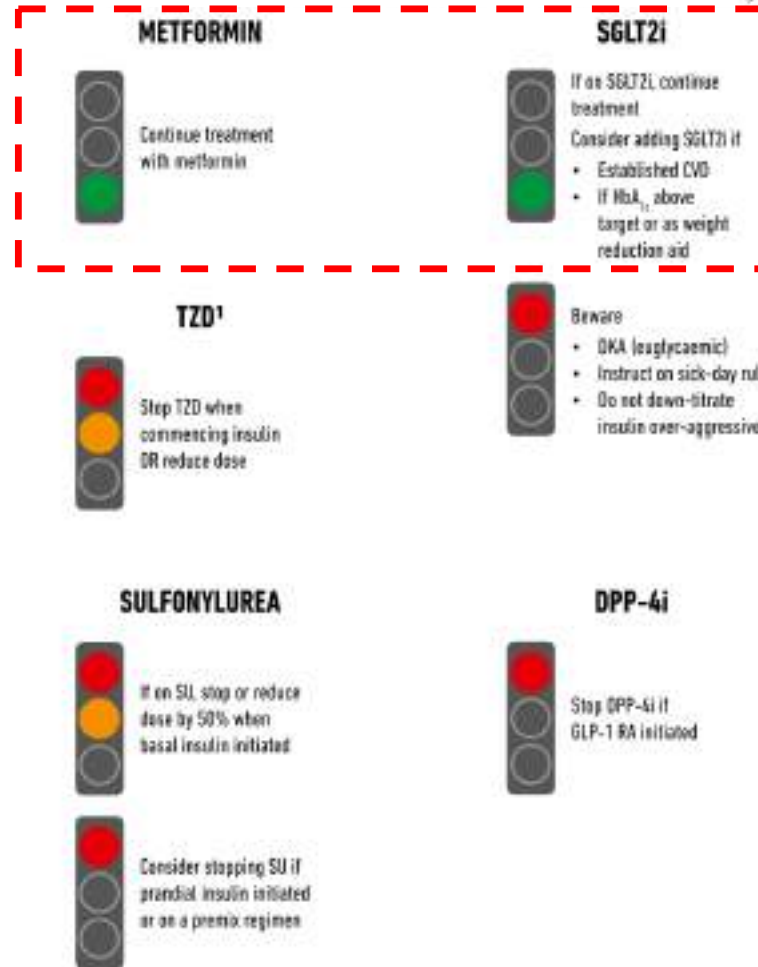
Considering Oral Therapy In Combination With Injectable Therapies



METFORMIN



Continue treatment
with metformin



SGLT2i



If on SGLT2i, continue treatment

Consider adding SGLT2i if

- Established CVD
- If HbA_{1c} above target or as weight reduction aid

¹ - Zoledronic acid in some countries, zomepirone in others. This combination has a high risk of fluid retention and weight gain.

Fig. 8 Considering oral therapy in combination with injectable therapies

Overall Summary

*The management of hyperglycaemia in type 2 diabetes has become complex with the number of glucose-lowering medications now available.

*Patient-centered decision-making and support and consistent efforts at improving diet and exercise remain the foundation of all glycaemic management.

*Initial use of metformin, follow by addition of glucose-lowering medications based on patient co-morbidities and concerns is recommended as we await answers to the many questions that remain.

Thank you